



District Bulletin 18-D

We Serve



MONTHLY BULLETIN FOR LIONS OF NORTHEAST GEORGIA

December 2009



District Governor
Grace Clower

Dear Lions of 18-D,

Our Lions year is flying by. We are five months into this Lions year, and I have visited every club in District 18-D. It was great to be able to meet so many of you, and I enjoyed visiting with you. I hope to get back to see many of you in the days to come. I was constantly amazed at all the good work being done in our district.

The highlight of our year has been the District 18-D Rally in Gainesville in November. Twelve of our Lions were inducted into the Hall of Fame. There was a great celebration at the Hall of Fame Dinner. It was great to honor so many of our Lions. The District Rally was outstanding also. We enjoyed the visit of International Director Art Marson and his wife, Lion Jo. The Director presented Presidential Certificates of Appreciation to PDG Mike Higgins, Forsyth County Lions Club, Lion Richard Chambers, Commerce Lions Club, and Lion Roy Rice, Winder Lions Club. These were all well-deserved awards.

Our second Cabinet Meeting was held immediately following the Rally. We had a great crowd for the meeting. We recognized all the new Lions, since July 1st, and their sponsoring Lions. We also had a resolution presented that the Dawsonville Lions Club is endorsing Lion Zone Chair Chip Sweatte as a candidate for 2nd Vice District Governor. He joins Lion Bill Holley as candidates for election at our District Convention in March. I would encourage all of you to attend the District Convention for this important election.

District 18-D has a new Lions Club. The Dacula Lions Club was chartered on November 16th. Lion President Scot Addis and several of his members attended our District Rally even before their club had been officially chartered. Their club is busy planning their Charter Night, which will be held in January. We look forward to celebrating this great occasion with the Dacula Lions Club. This club was formed after much hard work by Guiding Lions PDG Al Stalker and PCC Dan Stuart. PDG Dick Smith started the process for this new club several months ago and has continued working on it.

We all have another opportunity to help form a new club in January. I have submitted an application for an LCI Extension Workshop in mid January in Helen. As soon as the date is confirmed, it will be publicized. We will be forming a new club in Cleveland. We need Guiding Lions and those interested in helping recruit new members into this club. I look forward to adding another club to District 18-D soon!

Thanks to the clubs who submitted entries in our Peace Poster Contest. We had some great entries. The winner was Nabila Islam, sponsored by the Norcross Lions Club. This was our District winner. The entry was submitted along with others from the other districts in the State of Georgia. I was notified that our 18-D winner is also the winner of the multi-district 18 competition. We are very proud of our winner, and the entry will be submitted to LCI for international judging. This is a great competition for young people, and I hope next year more of our clubs will have entries.

I hope all of you had a wonderful Thanksgiving. We have so much for which to be thankful. As Lions, we share what we have with others. I hope all Lions and your families have a Happy and Blessed Christmas Season.

Yours in Service,
Grace





“Christmas Day is Children’s Day”

During the Christmas season the minds of parents are especially occupied with their children. Everything that will make them happy is planned. What lovelier sight can be imagined than the family gathered 'round the Christmas tree, the children's faces aglow with eager interest, their hands full of glittering treasures, their voices, like bells, filling the house with joyous music! In a very real sense Christmas Day is Children's Day.

On this day when man becomes as a child, and so prepared to enter into the Kingdom of God, examine your thoughts, from which your heart speaketh, and give your children only the thoughts that shall keep their lives sweet, sane and strong.

Helen Keller

Congratulations =

Presidential Certificate of Appreciation to:



Lion Mike Higgins – Forsyth Lions Club



Congratulations to the new

Hall of Fame recipients:



Congratulations =

Presidential Certificate of Appreciation to:



Lion Roy Rice at age 101

Most active Lion with Winder Lions Club

PDG Richard (Dick) Smith
PDG Ken Thurmond
Roscoe Hartley Posthumous
Glyndon Beard Posthumous
Steve Helwig
Jerry Dupree
Larry Whitfield
Rhoda Seabolt
Gene Little
Betty Gurr
Gary Vaughters
Brad Tyson

Oconee Lions Club
Cornelia Lions Club
Buford Lions Club
Buford Lions Club
Athens Lions Club
Forsyth Cty Lions Club
Cornelia Lions Club
Clarksville Lions Club
Union Cty Lions Club
Union Cty Lions Club
Dahlonega Lions Club
Dahlonega Lions Club

UPCOMING EVENTS

You know how time flies when you're having fun -- mark your calendars for:

13 January is Melvin Jones' Birthday



24 January: World Peace Day

January is Glaucoma Awareness Month.



To learn more
check out this
web site:
www.aoa.org

Millions of Americans are at risk of losing their eyesight to glaucoma, a leading cause of blindness in the United States. During Glaucoma Awareness Month in January, community leaders and health professionals are encouraged to provide sight saving information to those who are at higher risk. The National Eye Institute (NEI) offers a variety of resources and materials that Lions clubs can use to plan and conduct successful campaign activities. www.nei.nih.gov

Planning Ahead

What type of Lions In Sight event can your club do in January?

- ☐ Publicize club Peace Poster winners
- ☐ Schedule a community clean-up project
- ☐ Organize a health screening
- ☐ Sponsor an eyeglass collection
- ☐ Other

Check out page 8 for more details

FELLOW LIONS:

I am in the process of submitting an application for an LCI Extension Team to come into Cleveland in January (week of Jan. 11-15 or 18-22). On the application, I have to list at least 10 participants in the workshop.

The entire workshop, including the Guiding Lions training, will take 3 days. If you can participate in any part of this workshop, please let me know right away. Please check with the members of the clubs in your area to recruit some other participants. PDG Beverly Shirley has agreed to be a Guiding Lion for the club, but we need other Lions to help us recruit members for the Cleveland club.

Please think about this opportunity we have, and let me know as soon as possible the names of any Lions willing to help. Thanks!

DG Grace

22-23 January 2010



Atlanta

**Georgia Lions Lighthouse Meeting at
Clairmont Presbyterian Church
Decatur, Georgia**

Check out page 20

6-7 February 2009



**Camp For The Blind
Warner Robins**

**March – Prepare Club Elections and PU-101
forms YOU CAN DO THIS EARLY.**



Where in the World

Have you ever checked the Lions Web site – click on Lions Newswire or check out =

[Lions News Network](#)
• [LQ-Lions Quarterly](#)

Important Lions Dates this Month

View the [Lions Clubs International Calendar of Events](#) to find out about upcoming events and programs that your club can promote locally.

Lions In Sight

Lions have gained worldwide recognition for our work to improve sight. But we are not always “in sight” of the general public. That’s why International President Eberhard J. Wirfs is asking every club, district and multiple districts to organize a major public relations activity during the last two weeks of January 2010. Make yourself visible – while making a difference in your community. Read the Lions in Sight press release, showcase your favorite service project or review a list of suggested activities on the [Lions in Sight Web page](#).

Check out page 8

New Lions In Sight Poster and Materials Order Form

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organize a major public relations activity during the last two weeks of January 2010. Make yourself visible – while making a difference in your community. Check out the new Lions in Sight poster, materials order form and suggested activities on the [Lions in Sight Web page](#).

Create a Free Web Site for Your Lions Club

If you’re looking for a free and easy way to create a Web site for your Lions club, the [e-Clubhouse](#) is for you! LionNET is proud to provide this resource to help Lions Clubs build a useful, professional looking Web site. Designed with fill-in-the blank fields for even the least Internet savvy, the e-Clubhouse allows you to:

- Build and maintain a Web site for your club using a simple set of tools.
- Keep your members – and community – up-to-date on the projects the club is working on.
- Promote your club’s activities – and recruit new members.

If you have comments, questions or suggestions, please contact the District and Club Administration Division at 630-468-6828 or districtadministration@lionsclubs.org.

Add Your Lions Club’s Web Site to the LCI Club Locator

Great news! You can now add you club’s Web Site to the Lions Clubs International Web Site. To have your site added to your club’s Club Locator page, please e-mail the URL of your club’s Web site to our [Club and Officer Record Administration department](#).

Seminar Resources Online

Available [seminar resources](#) and PowerPoints presented during Lions Clubs International Convention in Minneapolis are online. Access these materials from the Online Convention to share with your club members.

Lions Diabetes Partnerships and Resources

Lions Diabetes Partnerships provide valuable resources for Lions as they implement local programs and projects. The mission for the Lions Diabetes Awareness and Action Program is “to conduct and support local and large-scale effort leading to the control and treatment of diabetes and its complications through education, prevention and research.”

- [Diabetes Education and Camping Association](#) (DECA) This partnership will enhance service to children and adults who are living with diabetes. DECA has provided a “Lions Club” section on their Web site for Lions to access diabetes resources, an international database of diabetes camps, newsletters and information about conferences and events.
- [National Diabetes Education Program](#) (NDEP) is a leading public education program that promotes diabetes prevention and control in the USA.
- [The Strides: Lions Walk for Diabetes Awareness program](#) uses attractive, co-branded informational publications for Lions to share with the community.

Lions' Service Recognized by International Diabetes Federation

Lions recently received an [honorable recognition for outstanding service in diabetes](#) from the International Diabetes Federation (IDF). At the 20th World Diabetes Congress in October, the IDF presented an award to Lions Clubs International during the General Council assembly of its more than 200 member associations representing more than 160 countries. The award formally recognizes Lions Clubs International for its consideration of diabetes as a growing global concern.

Lions Again Challenged to be Knights of the Blind

Helen Keller described Braille as "The Magic Wand of the Blind." In keeping with her challenge to be Knights of the Blind, Lions have an important responsibility to support Braille literacy. According to the National Federation of the Blind (NFB), there is a Braille literacy crisis in the United States. Although Braille is vital to all blind individuals, today only 10 percent of blind children in America are learning to read Braille in school. Braille literacy is the key to employment and full participation in society.

The NFB is raising awareness of this issue through a Braille literacy campaign, and the sale of a commemorative 2009 Louis Braille Bicentennial Silver Dollar. This commemorative coin, available from the US Mint through December 11, 2009, would make an ideal gift while supporting Braille literacy. To learn more, visit www.braille.org.

Lions and DECA – A New Partnership for Diabetes Awareness

Lions Clubs International and the Diabetes Education and Camping Association (DECA) recently entered into a partnership to further lend support and resources to Lions who sponsor, organize or assist with diabetes camps or who want to become more involved. DECA serves as the worldwide voice to advance diabetes camping programs. A "Lions Clubs Only" section of the DECA Web site, which Lions may access free of charge, is coming soon to provide a variety of resources for Lions involved with diabetes camps. Learn more about [DECA](#) and the [Lions Diabetes Awareness and Action Program](#).

'Tis the Season for Giving

The upcoming holiday season is a perfect opportunity to give back to those who need humanitarian aid most around the world with a [donation to LCIF](#). By contributing to LCIF you are making a commitment to better the life of someone, somewhere. [Visit the LCIF Web site](#) to learn how your donation makes a difference.

LION Magazine Headquarters Edition Photo Contest

The Headquarters edition of LION Magazine is holding a photo contest for readers. [Download the contest rules and instructions](#), start taking pictures and send them to the editorial staff for a chance to win a great new Sony digital camera.

Organize a Lions Environmental Photo Contest

Organize a club-level contest to select the best photo in the categories of animal, plant, landscape, weather phenomena or this year's special theme "Lions Move to Grow Green." Submit your winning club and district photos (by January 15, 2009) to the multiple district competition. Winning multiple district photos will appear at the 93rd Lions International Convention in Australia, 2010. [Read contest details](#).

Vision Van

OneSight's Vision Vans, "Seemore and Iris" travel across North America providing free eye exams and new eyewear to thousands of children in need each year. Staffed by local doctors and volunteers, these 40-foot vans are the equivalent of an optical lab on wheels, equipped with everything needed for an eye exam and new pair of eyewear.

Atlanta, GA

Jan 21 - 23

READY GEORGIA

Southeast Lions Leadership Institute PID Beverly Roberts has announced the location of the next SELLI in 2010. It will be at Hickory Knob State Park in South Carolina on April 15-18, 2010. Hickory Knob State Park is located on the South Carolina / Georgia state line, northwest of Augusta. Additional information will be published when available. This is an excellent resource for anyone who wishes to advance to club or district leadership.



Greetings Dear Lion,

As the holiday season quickly approaches, it's a good time to reflect on the past couple of months and celebrate our achievements. LCIF has marked 10 years of sight restoration in China, provided sight to more than 10 million kids throughout Asia and is celebrating 25 years of Lions Quest. In addition, LCIF has received a number of significant contributions totaling more than US\$2 million to help fund our work worldwide. Our accomplishments are truly remarkable, but there is still much to do in service for others. During this season of giving, I challenge every Lion to think about those who are in need and answer their call through contributing to our great Foundation.

Best regards,

Al Brandel
LCIF Chairperson

By the Numbers

6 - On average, the LCIF SightFirst initiative requires a donation of only US\$6 to save a person from blindness – or restore their sight.

9,550 – The number of grants by LCIF since it was founded in 1968. To date, LCIF has awarded grants totaling more than US\$680 million.

131,000,000 – The number of doses of Mectizan distributed by LCIF to people in 15 countries around the world to treat and control river blindness.

53,000,000 – The pounds of newspapers that did not end up in landfills because Lions in Prescott, Arizona rise before dawn to collect, sort and recycle newspapers from local residents. Lions in Prescott have been recycling newspapers for more than 30 years.

10,000,000 – Number of children screened by Sight for Kids – joint initiative of LCIF and Johnson & Johnson Vision Care –

that provides vision screenings, eyeglasses and other treatments.

50 – The number of countries where Lions Quest – a school – based life skills program – is helping young people learn how to tackle tough issues as drug abuse and violence.

1,000,000 – Children screened by Lions and LCIF Preschool Vision Screening Program that prevents blindness through early detection and treatment of lazy eye and other vision disorders.

4,000,000 – The number of from nearly 100 countries who have participated in the Lions International Peace Poster Contest during the last 20 years. Through their art, they have learned to express their feelings about peace in the world.

35 – Number of need-based Lions Eye Care Centers opened with the World Health Organization to deliver eye care services for 100 million children worldwide.

120 – The number of villages in Mali that received access to clean water as a result of a joint project involving Lions in Mali and France, with help from LCIF.

150,800 – Number of athletes the Lions Clubs International – Special Olympics Opening Eyes program has screened at Special Olympics sporting events worldwide.

60,000 – The number of people near Capetown, South Africa who receive food collected and distributed by local Lions. Lions provide food to more than 65 soup kitchens and nearly 400 community organizations 363 days a year.

72 – The number of thriving premature children who attended a 2008 birthday party sponsored by Lions in Elkart, Indiana, who fund4ed equipment for the neonatal unit at the local hospital.

10,000,000 – The number of doses of the sight-saving drug azithromycin dispensed to Ethiopians at risk of trachoma in the first 18 months of a program supported by Lions of Ethiopia, the Ethiopian government, LCIF, Pfizer, Inc., the Carter Center and other organizations.

7,600,000 – The number of cataract surgeries performed as part of the SightFirst program, bringing sight to millions of people.

400,000 - The number of eyeglasses recycled each year as part of a Lions recycling project at the Westville State Correctional Center. To date more than 3 million pairs of eyeglasses recycled at the facility have been distributed by Lions around the world.

New Videos Available

Several new videos are now available about the foundation, including **Jimmy Carter Recognizes Lions, LCIF Partnering for Service, Lions Quarterly: LCIF Highlights, and Lions Quest: Skills for Life**. All videos can be viewed [on-line](#).



Editor's Note



Fellow Lions:

Merry Christmas My Friend

***By James M. Schmidt, a Marine Lance Corporal
stationed in Washington, D.C., in 1986***

**Tw'as the night before Christmas, he lived all alone,
In a one bedroom house made of plaster & stone.**

**I had come down the chimney, with presents to give
and to see just who in this home did live**

**As I looked all about, a strange sight I did see,
no tinsel, no presents, not even a tree.
No stocking by the fire, just boots filled with sand.
On the wall hung pictures of a far distant land.**

**With medals and badges, awards of all kind,
a sobering thought soon came to my mind.
For this house was different, unlike any I'd seen.
This was the home of a U.S. Marine.**

**I'd heard stories about them, I had to see more,
so I walked down the hall and pushed open the door.
And there he lay sleeping, silent, alone,
Curled up on the floor in his one-bedroom home.**

**He seemed so gentle, his face so serene,
Not how I pictured a U.S. Marine.
Was this the hero, of whom I'd just read?
Curled up in his poncho, a floor for his bed?**

**His head was clean-shaven, his weathered face tan.
I soon understood, this was more than a man.
For I realized the families that I saw that night,
owed their lives to these men, who were willing to fight.**

**Soon around the Nation, the children would play,
And grown-ups would celebrate on a bright Christmas
day.**

**They all enjoyed freedom, each month and all year,
because of Marines like this one lying here.**

**I couldn't help wonder how many lay alone,
on a cold Christmas Eve, in a land far from home.
Just the very thought brought a tear to my eye.
I dropped to my knees and I started to cry.**

**He must have awoken, for I heard a rough voice,
"Santa, don't cry, this life is my choice
I fight for freedom, I don't ask for more.
My life is my God, my country, my Corps."**

**With that he rolled over, drifted off into sleep,
I couldn't control it, I continued to weep.
I watched him for hours, so silent and still.
I noticed he shivered from the cold night's chill.**

**So I took off my jacket, the one made of red,
and covered this Marine from his toes to his head.
Then I put on his T-shirt of scarlet and gold,
with an eagle, globe and anchor emblazoned so bold.**

**And although it barely fit me, I began to swell with
pride,
and for one shining moment, I was Marine Corps
deep inside.
I didn't want to leave him so quiet in the night,
this guardian of honor so willing to fight.**

**But half asleep he rolled over, and in a voice clean
and pure,
said "Carry on, Santa, its Christmas Day, all
secure."
One look at my watch and I knew he was right,
Merry Christmas my friend, Semper Fi and
goodnight.**



"Opportunity lies within Lions." Unknown

Lions In Sight

Lions have gained worldwide recognition for our work to improve sight. But we are not always “in sight” of the general public. That’s why International President Eberhard J. Wirfs is asking every club, district and multiple district to organize a major public relations activity during the last two weeks of January 2010. Make yourself visible – while making a difference in your community. Read the Lions in Sight press release, showcase your favorite service project or review a list of suggested activities on the [Lions in Sight Web page](#).

Suggested Activities

Make yourself visible – while making a difference in your community! Showcase your favorite service project – or use one of these suggested activities to do a project in your community.

- Display 2009-2010 Peace Poster entries and finalists.
- Host an award program to recognize your local/district/ multiple district Peace Poster winners.
- Plan a [Lions Crew at Work project](#) to paint or repair a community center, camp or seniors home.
- Arrange a [cultural event](#) such as a dance, music program or international food fair.
- Schedule a [Green Team project](#) to clean up a park, plant trees or recycle.
- Organize a [vision screening](#) to promote Glaucoma Awareness Month.
- Sponsor a hearing aid or [eyeglass collection](#).
- Work with youth groups to organize a community shoveling event or snowman building contest or to help seniors clean up their yards.
-

You can also [add the Lions Clubs International Twibbon to your Twitter](#) or [Facebook](#) profile – and include #Lions-In-Sight in your tweets – to raise the visibility of your club and its activities.

Promoting Lions In Sight Activities

During your Lions In Sight activity, be sure to spotlight your project by using Lions signage and banners. And, invite the public to participate. Districts may use [public relations matching grants](#) to help fund this program. The following resources are also available to help you promote your Lions In Sight activity:

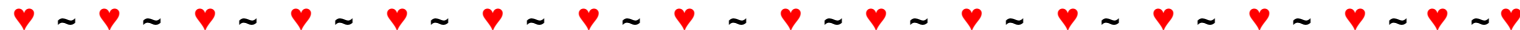
- [Lions In Sight Material Order Form](#)
MATERIAL ITEMS TO REQUEST

Better Communities. Changed Lives.	EX511
Family Membership Brochure	MPFM8
LCI Fact Sheet	PR799
LCI History	PR800
LCI Pocket Card	ME33
Pocket Invitation/Application	ME6B
Lions in Sight Poster	PR806
- [Lions In Sight Poster \(A4 version of poster\)](#)
[We are Lions.](#)

Many of us seek opportunities to pursue our personal growth. Today, we’re finding those opportunities as Lions. We’re meeting new people, learning new skills, and doing the kinds of volunteer work shown by research to promote better health and greater longevity. We’re improving the lives of others and, as a bonus, we’re improving our own. It’s a win-win for all.



- [Lions in Sight News Release](#)
- [Sample News Releases](#)
- [PSAs](#)
- [Ads](#)
- [Billboard Artwork](#)
- [Club Public Relations Chairperson’s Guide](#)



Dear Lion,

We are having an excellent start to our year, with a plus 4,080 membership growth for the first three months, compared to a minus 1,271 for the prior year. But what's even more exciting is that we are bringing Lionism to new areas and reaching out to new target markets.

Whether it's our new Lions club in northern Iraq, the 20 new clubs in China, or the increasing number of family, spouses and women at Lions, we are indeed working to MOVE TO GROW like never before. I am very proud of our early progress, and I owe thanks to you - the Club Leaders of the World - for your contributions to making it happen.

But while we have grown at the global level, the fact remains we are an organization of clubs. And we need to ensure that all our clubs, and all our Lion members, are being cared for, and nurtured, if we are to remain the world's largest and most effective service club organization in the years ahead.

The club is like the ginkgo tree which I adopted as the symbol of my MOVE TO GROW theme. Like the ginkgo, a club needs to be nurtured and cultivated to continue growing, it needs to stretch and move to receive sun light, and it needs to adapt to the environment around it to survive. Yet sometimes change happens slowly enough where we don't even notice it, and then we find ourselves behind.

This can also be true for clubs, especially older ones, where ways of working and meeting may have become routines, where activities and projects may have become a bit out dated, and where membership might have been going slowly down as a result.

But such challenges can be addressed, if you - the Club Leaders - create a plan and commit to action. Sometimes it's as simple as adopting a new project, or recruiting a few younger members to bring a spark of new ideas, or changing the format of your club meetings and activities to liven things up. So during the next three months, I'm humbly asking all clubs to adopt at least one new strategy to make your club even more vibrant.

And please, if you have seen more members leaving than joining in recent years, please get together with your board, or even hold a retreat with your club, to see if the reasons for this can be simply addressed. Please take note of tools outlined below that can help your club MOVE TO GROW.

I look forward to hearing about your success stories about planting a new ginkgo in your club. And I wish you all the best in the meantime.

With cordial regards,

Eberhard J. Wirfs, International President
Lions Clubs International



Global Membership Team Update

Communication, motivation and direction - GMT area leaders continue in their commitment to share information, energy, and focus with Lions leaders around the globe.

The District Governor Quarterly Membership Activity Report and the District Governor Quarterly Tracking Report will arrive in early October. These reports were developed to assist District Governors in assessing current membership status and to help guide decisions on whether to continue with current growth plans or rethink and reorganize for more positive results.

DGs should complete the report response pages and return them to the appropriate GMT leaders. Remember, GMT area leaders are here to help build on membership strengths, and to help identify challenges and areas of opportunity.

Club presidents and membership and retention chairpersons are encouraged to stay in close contact with district membership and retention chairs and district governor teams - sharing membership successes and concerns that can be passed on to the GMT.

Keeping GMT area leaders informed helps to bring your local picture into focus in a global organization and helps your voice to be heard.

Move to Grow

Get ready to come out of your dens and roar! **Lions In Sight** is fast approaching.



What is Lions in Sight?

Most people know Lions very well for our work in sight, but too often we are not 'in sight' of the public. Some Lions even say we are a 'best kept secret'. So to increase our visibility, I have asked all clubs and districts worldwide to organize public awareness events during the last two weeks of January 2010 in a special campaign called Lions In Sight.

The goal is very simple -- to raise public awareness to who we are and what we do.

To help you get ready, a special [Lions In Sight](#) section on our web site has suggested activities, promotional ideas, and helpful tools such as sample press releases, downloadable posters, newspaper ads, a new billboard advertisement, and other materials.



It's easy - 3 steps is all it takes for a successful Lions In Sight event:

1. Tell the public about your club by placing an ad in the newspaper, putting club posters in shop windows or public places, or by issuing a press release to your local newspaper or television station.
2. Hold a community open house or set up a Lions information table at a public place where Lions can greet people and inform them about Lions activities and who we are.
3. Organize a project to which the public can be invited to see Lions in action and experience our kind of fun and service.

Above all, be creative and use your network of Lion friends to generate ideas for interesting events and winning promotions.

Let Us Spotlight Your District's Campaign

I am asking district governors to contact the public relations division manager, Dane LaJoye, during the month of November with an overview of your Lions In Sight activities. The most creative and unique activities will be prominently featured on the association's web site, and some will be selected for special public relations support from LCI. [Contact Dane by email](#) or by phone at 630-468-6764.

As an incentive, district governors who achieve over 50% club participation will receive a specially designed Presidential Certificate and will be recognized on the LCI web site.

By raising our visibility in the 45,000 communities we serve during this special campaign, we can introduce our great organization to thousands and thousands of service-minded people like us.

So again, Lions, let's together come out of our dens and roar... as we "Move to Grow".

"We need you"

We will need our children to become the members of the future but, in fact, we need your family members right now. ["We need you"](#) is the message that must be conveyed to current and prospective members.

We need members to invite their partners and spouses to become Lions Club members and we need these new members to energize our clubs and open-up new avenues of service. The best place to look for qualified members may also be the closest -- right in our own homes.

There are many strategies that can help existing clubs grow, such as:

- Inviting more spouses and women through the We Need You campaign.
- Organizing recruiting campaigns using Lions Clubs International's "Best Practices."
- Forming club branches
- Identifying clubs below 20 members in need of special assistance.

We know there are Lions ready to respond. All we need do is ask.

Move to Grow Special Highlights

Lions Family Cub Program

A frequent question is: How do we keep the children interested and involved? The answer is the Lions Family Cub Program which comes complete with a [30-page activity guide](#). The guide offers complete, step-by-step procedures that will help make Lion Cubs an integral part of your club. The [Lions Family Cub Program](#) will be an important part of making family membership a positive experience for parents as well as children. Please consider it as a part of our responsibility as Lion Leaders to serve our members and put their needs first. Remember that our Lion Cubs are the greatest potential source of Lions Club members in the future.

Global Youth Music Competition

Music is something shared by all the peoples of the world. Never has a culture existed without it in some form. The Lions International [Global Youth Music Competition](#) is a unique cultural event that will bring young people from around the world together around this common interest. We have planted a seed with this new program but we are counting on you to help it move and grow! Please encourage young people in your community to take part in local competitions organized by your district. The first prize for the winner of the international finals to be held at the Sydney convention in 2010 is US\$10,000. Please contact [Dane LaJoye](#) at LCI for more information.

Important Information

E-Clubhouse

All clubs are being encouraged to develop a web site or update their existing site. Now any club can build a web site very easily using LCI's [E-clubhouse](#) platform, a new service of LionNET and Lions Clubs International. E-clubhouse enables your club to establish a sophisticated Web presence at no cost and with very little effort.



RETENTION

WHO IS YOUR LIONS CLUB RETENTION CHAIR?

Let me begin by providing everyone with a brief summary of the Ugly MD-18 Retention Report I provided our Council of Governor's last month. From July through October of this year we have lost 906 Lions in Georgia, which equates to losing 13.6% of the members we had at the start of the year. If this rate of loss continues we will lose over 40% of our members by year's end. Needless to say, the "boos" I heard were loud, but they will be getting louder and louder.

Secondly, I want to remind everyone that the first MD-18 MERL Team retention action I discussed in last month's district bulletins is that clubs need to insure that all new members receive Lions orientation training. Clubs need to quickly make certain that new members understand what Lions and their clubs do if they want to retain them as volunteers. I also stated that I would be providing additional retention actions for clubs to adopt. When you read the State Lions Newspaper this month you will find new member orientation and eight more retention actions listed.

As District 18-D's Retention Chair I presented the nine action items to one of our district zone meetings last month and discussed them with the Lion attendees. The discussion was very good! However, what I pointed out towards the end of the evening discussion is that I'm not certain how I can get clubs to implement these action item changes. Every Lions club is a volunteer club whose members independently decide what they are going to do. Therefore, my question is: Who is your Club Retention Chair?

If you log on to the LCI web site and open our Club Resource Center you will find detailed information covering a Three-Person Membership Committee. What is especially noteworthy about this committee is that all three members are to be elected by club members for three year terms and then their membership actions are to be annually evaluated by the Board of Directors to determine whether the members should be reelected. Personally, I was unaware of LCI's expectation that a club should have a Retention Chair, but my reading of the Club Retention Chairperson's Guide suggests that this leadership position could be very important in getting a club to begin to focus on membership retention and the action items I'm posting in the State Lions Newspaper. Accordingly, I'm going to ask you to please pass on my retention information to your club Retention Chair!

Yours in Lionism, Richard "Dick" Smith



*"We're the New Generation of Lions...
Join Us Today!"*

**The below was written in the Cordele Lions Club weekly Bulletin. What can they do that We can't do? Maybe something called CHALLENGE.....
Hmmm – can you challenge your Club Member?
Read and heed.....:**

HELP US BUILD SOMETHING

Two down and two to go. You can be a part of building something. Not everybody has it in them to be a carpenter, a painter, a mechanic or an engineer, but you can be a part of building something. District 18C is building Lions Clubs. We've recently built a strong Club in Ashburn. Last week we started a new Lions Club in Hawkinsville. That's two down. The two to go will be Cochran and Vienna. You can be a part of this. It's a lot of fun and you meet a lot of nice people. I can't begin to tell you about the number of great people I met in Ashburn and Hawkinsville recruiting people for the new Clubs. It's amazing how many people want to be involved in something that will help their community, but don't know how to do so. Many of them would have already joined a local civic club (Rotary, Kiwanis, or Civitan), but were NEVER ASKED. We've now given them a chance to be a part of something that will grow and become an influence in their community.

Your Editor learned a lot recruiting for those two Clubs. We can put this to use building up the Cordele Lions Club. You can't tell me that there aren't a lot of people in Cordele who would like to join our Club. We were told that the Kiwanis and Rotary Club had Ashburn tied up. We found 45 people who wanted to join the Lions Club. We were told the same thing in Hawkinsville, yet we already have 26 new Lions Members signed up and are going back to get more. I'm sure that if we visit the local businesses in Cordele we can gain 20 to 30 new members for our Club. Before I started working with (*Global Membership Team*) and DG Clinton Holloway and Lion Jack Taylor, my goal was to see our Lions Club reach a membership of 100. That's no longer a goal. There's no reason we can't have a club that's 130 strong. It's something that we should strive to achieve. You can be a big help. You don't have to go door to door to help us achieve that goal. All you have to do is sit down and think of those in our area that you do business with that aren't a part of any civic club. Write their name and business down and give it to our Secretary. If you aren't sure if this person is a member of another Club, write their name down anyway. We'll make that determination. This will give us a great starting point, but that's what it is – a starting point. We need to visit every business in our local area and talk with them about becoming a member of the Lions Club. There's no reason why any business shouldn't have a member in the largest civic club in Cordele. It's good for our Club and good for the business. Make it a goal to have at least three names to turn in when you come back to next week's meeting. It's the least you can do for your Club.

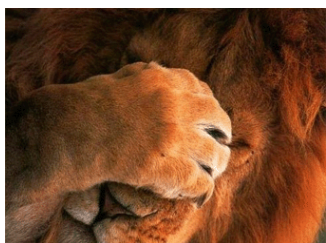
Editor, Cordele Lions Club



CLUB REPORTS



This is another way of getting Lions in your club, new members and prospective members interested in doing something new and different. Getting involved is another word for **WE SERVE**.



Certain things can happen when your Lions Club gets involved. If we have to find something new – go for it – because the more we raise – the more we can give. Also, the more members who get involved also create a bundle of fun and more money raised. The information that appears may benefit another club – for here is where we get ideas and we might be able to use those ideas within your own club.

Pictures taken in Carnesville on Monday night at the zone meeting.

Group picture, l-r, Al Goldsmith, Lavonia; Joe Strickland, Carnesville; Bryan Gordon, Toccoa; Margret Ayers, PDG & Zone Chair from Lavonia; Herman Mooney, Martin; Virginia Viers, Royston-Franklin Springs; Judy Stamsen, Canine Companions from Lawrenceville; Fred Radford, Hartwell.

Head Table Picture, l-r, Pete Stamsen, Judy Stamsen, Margret Ayers, Sid Ginn and Joe Strickland.





Clermont/North Hall Lions Club =

Can anyone tell me what kind of bird Sid Ginn just swallowed? Canary?

Elberton Lions Club =



Held "Ham and Egg Supper" fund raiser on 14 November and had as their HONORED GUEST Mrs. Mae Bell Cryder to start the celebration of her 100th birthday which will be 4 December. Lion Anri Konfino who is the Clubs oldest (91 yrs) and longest serving (48 yrs) presented a birthday card and cake to Mrs. Cryder from the Club. Mrs. Cryder is a very special lady who is still driving and working three days a week at Ward's Pharmacy.

Dahlonega Lions Club - USED GLASSES, HEARING AIDS AND CELL PHONES: For Lion year 2009-2010, 797 items have been contributed as of November 11, 2009. **EYE EXAMS AND GLASSES:** Lion year 2009 -2010: **20 PEANUT BUTTER & JELLY:** Lions don't forget to bring peanut butter and jelly or other food items to each club meeting. These items are collected and provided to the Food Pantry of the Community Helping Place. Do your part to insure no one goes to bed hungry. There are a lot of needs in our county. Food donations is only one of many ways that help can be provided.

Gainesville Lions Club =

Turned into Lighthouse:
Glasses 352, Lenses 185,
Frames 61, Hearing Aids
10, and Cell Phones 9

Lawrenceville Lions Club = We had 4 members attend the District Rally. Two members attended the 2nd Cabinet Meeting. We had 2 members attend the Breakfast Open House at the Georgia Lions Lighthouse. We are having a great Annual Pecan Sale as a fundraiser. We have dropped 3 members as they are transferring to the new Dacula Club. We are in the process of reorganizing the club and striving to bring in new members. Collected 134 used eyeglasses, 47 lenses.

Forsyth County Lions Club = FUNDRAISING GALORE!! Final fundraiser for this year - Friday, Dec. 4th at Vickery Village on Post Road. The neighborhood has a special Christmas Lights street and allow us to collect donations. We will serve hot chocolate. 5 - 7 and 7 - 9 are the time slots. Bring a chair.

Jefferson Lions Club = EYEGLASSES COLLECTED: 70 eyeglasses, 54 contact lenses, 8 cell phone and 11 chargers. **New Eyeglasses purchased this month: 7** **CALENDARS:** \$2700 net profit to date. **Community Service Project:** An Athens-based mobile food pantry has begun making the rounds in northeast Georgia and made its second stop recently in Jackson County. Pour, Inc. stopped in Jackson County where founder Deby Sorensen says they doled out boxes of food to the families of more than 300 students who qualify for free or reduced-priced meals in their schools. Sorensen says a typical event involves a tractor-trailer load of food...28,000 to 30,000 pounds. Four Jackson County schools were invited to participate in the most recent event: South Jackson, North Jackson, Benton and Maysville. Eight Jefferson Lions volunteered and helped with a Jackson County food distribution November 12th at South Jackson Elementary School. 311 boxes of food were packed; 160 boxes were given out November 12th. The following day Lion Bill Rosenberg transported the remaining boxes to alternate Jackson County locations to be distributed. Total man hours by club members: 28 **Donations:** \$100 was donated to the above-mentioned food distribution. Those in the picture are Jo Longo, Edna Briggs, and Katie Myers. Also, there is a picture of Alice and Bill Rosenberg (with some other lady) but they don't have their vests on--I do not know how to tell you to find that picture.



Jay and Katie Myers together with Bob and Sandra Friedlander. Zone Chair Dot Hunt installed the new members.



Ed and Sue Swinson sponsored by John and Jo Longo, and Lyle Robins sponsored by Dwayne Ansley. President Jimmy Mock presented the Doubler Pins.

Lavonia Lions Club = Lavonia Lions processed 2 applications for glasses and 1 application for exam and glasses. Eye glasses collected this month: 45 glasses, 6 cases, 5 lenses, and 1 frame. A check was presented to Police Chief Lion Bruce Carlisle to help with the annual Night Out which stresses community safety. The event, sponsored by the Lions and the Police Dept. includes games, food, dancing, and demonstrations by the Canine force. The Blood Mobile was also present. The winners of the playhouse drawing were Eli and Samuel Roach. Their winning ticket was drawn at the Halloween Festival by Marina Ramey. Plans for next year's playhouse are already under way. Our Peace Poster Contest entry winner was Star Ramsey of Royston. Lion Ruth Ann Giles pie was the chair.

Loganville Lions Club = The Loganville Lions participated in the Annual "Trick or Treat on Main Street" celebration for area children to have a safe time trick or treating on Halloween on October 31. Estimates range as high as 2 thousand children in attendance with various groups participating in the event. The Lions handed out 50 pounds of candy to the throng of masqueraded children. Pictured are Lions Richard Woodall (handing out to a child) and Lamar Dalton. In all 10 Loganville Lions participated and took turns manning the table.

District Governor Grace Clower made her official visit to the Loganville Lions Club recently and made an inspiring presentation to the club, emphasizing the Lions official charities. In particular these included; Leader Dog for the Blind in Rochester, MI, The Georgia Lions Camp for the Blind, the Georgia Lions Lighthouse and Camp Kudzu, the camp for diabetics, all of which she has personally visited. Lion Clower has 36 clubs in her jurisdiction of which Loganville is one. She emphasized membership, which is an international initiative, and said her goal for the District was a growth of 5% in membership. Pictured are Clower and Lion President Ben Johnson.

Also, District Governor Clower inducted two new members in the Loganville Club. Pictured are inductee Josh Byrd and his sponsor Neal Byrd behind him, Clower, and Lion Wayne White with his sponsored inductee, Randy Broner.

The Loganville Lions participated in the Loganville Heritage Festival on November 9, 2009 selling brooms and collecting donations for Lions Charities. Pictured are Lions Neal Byrd, Jerry Gower, Ben Johnson and Wayne White.



Oconee Lions Club =



Lions Lyndol Cain and Don Truluck, President, Oconee Lions Club with Jacqueline Truluck, Contest Winner Tracy Tate, Art Teacher and Martha Brodrick, Principal, Malcom Bridge Middle School



Lions Lyndol Cain and Don Truluck, President, Oconee Lions Club with Joseph Maxwell, Contest Winner and Chad Willingham, Art Teacher and Philip Brown, Principal, Oconee County Middle School

Norcross Lions Club =



I'm pleased to announce that our young artist; Nabila Islam of Chamblee, GA created the poster sponsored by the Norcross Lions Club and submitted by District 18D Governor Grace, that was selected by the judges to be submitted to LCI as the MD-18 Peace Poster. The judges' comments were as follows - "All the entries were very well presented! We liked the first place entry because it best incorporated the three criteria of (1) the theme "The Power of Peace", (2) was original and (3) had artistic merits of design, color and drawing. Also, it had very good graphic impact for its use as a poster." Congratulations Gov. Grace and all of the artists, the sponsoring Lions Clubs and our DGs for your participation in this very worthwhile Lions youth activity. I will be forwarding the winning poster to LCI and returning the others to you shortly.



Student of the Month for October Maggie Johnson and November Sara Snider received Student of the Month Certificate and a \$100

Sara Snider

We lost a valued member of our club Lion John Adams and now have 22 members in our club. We continue to work to add members, but have been unsuccessful so far. We continue to sell raffle tickets for the Camp for the Blind raffle. We honored two Norcross High School Students of the Month at one of our meetings, presenting them with \$100 gift cards and a framable certificate. Their names were listed on the high school marquee. Their parents were also in attendance at the meeting. Mark Stosure, son of Lion Joyce Anderson and a missionary in Albania, visited a club meeting and shared how the recycled glasses which he received last year were given to needy people in southwest Albania. We agreed to arrange for more glasses from the GA Lions Lighthouse to send with him when he visits in December. Mark also shared his vision of a camp for the blind in Albania. We gave him information about the Ga Lions Camp for the Blind and how to get in touch with the camp director there. We also urged him to contact the Lions of Albania and Greece for help with his project. We were pleased to get one outstanding Peace Poster contest entry. Nabila Islam, the artist, is a student at the school where Lion Trudy Rudert teaches. Nabila has won other poster contests. Her poster was chosen to represent District 18-D at the state level and was then selected to represent GA in the international competition. The club has budgeted the funds earned at the Norcross Art Festival for charities and is awaiting the final check from the festival treasurer before sending out the funds. We have begun work on next year's festival. We provided 2 eye exams and glasses in October and have two pending. PDG John Rudert attended the GA Lions Lighthouse Coffee and Bagels Open House and delivered 60 pairs of glasses and 15 cell phones.

Snellville Lions Club = Collecting food items at every meeting for the local food banks in Snellville and Lilburn.

Toccoa Lions Club = Sight Conservation: Lion N Lions Kid's Day = January 30th 2010 - Puppet Show - 10:00a.m. & 11:30a.m. Schafer Center In Toccoa



"Five Past District Governors gathered in Toccoa to hear current District Governor Grace Clower of Snellville thank Toccoa Lions for their service on October 22nd at Toccoa Falls College. Seated is Willard Kimsey, who is past president of the Past District Governors association. Willard also received a plaque of appreciated from The Luminary Society of the Georgia Lions Lighthouse Foundation. Standing left to right are: Bryan Gordon, President of the Toccoa Lions, PDG Ruth Payton, PDG M.C. Stowe, PDG Loyd Prewett, PDG Margret Ayers of Livonia and District Governor Grace Clower."

Fall Pancake Breakfast another great Success!



Ruth, Ken and Bryan having a great time!



Wayne Carpenter busy
busy at work serving others.



Art, Steve and Larry
cooking those delicious pancakes!



Our satisfied customers!!!!

Lucille Fisher and Brenda Gordon spoke to the Toccoa Lions on October 8th about Braille literacy and records for the blind. Lucille, a 1941 graduate of the Michigan School for the Blind. She gave the club a demonstration on the use of Braille. She also talked about the joy she has had receiving recordings for the blind since 1962. Lucille estimates she has read in excess of 11,000 books and magazines via recorded media in her lifetime. Lucille and Brenda passed out Braille identification cards to each Lion Member. The trick was to figure out which card was yours! After the presentation, Lucille and Brenda entertained a question and answer session. During this session, one Lion Member suggested that the Toccoa Lions Club maintain a garden in one of the local parks which would feature Braille identification plaques for each plant.

Winder Noon Lions Club = Six members assisted in the Blood Drive conducted on November 6, 2009. The county wide Peace Poster Contest was conducted and 1st, 2nd, and 3rd place winners were selected. \$200 was donated to Benevolent Ministries. Our pecan sale fund raiser is underway.

Union County Lions Club = Sight Conservation: 2 applications for eye glasses & exams approved. Also turned in 251 pairs used eye glasses; 101 sets [that's 202 singles] of used eye glass lens; 140 eye glass cases; 54 pair shade glasses; 20 cell phones; & 8 used hearing aids. **Lion Mints:** 222 rolls of Lion Mints placed. **Social Concerns:** 11 cards sent, this includes 3 B'day, 3 get well & 4 Anniversary and 1 sympathy. **Lion and friends and family volunteer hours:** 177 hours. **Membership:** Two previously approved, will most likely be inducted at the Lions Christmas Party on Dec. 10th as regular members. **Donations:** Made all Governor's goals. P.D.G Don Enzmann arrived just before the Rally concluded and was presented his 55 year Chevron of being a Lion by ID Art Marson from LaCrosse, Wisconsin.

Lion D.G. Grace Clower makes official visit



D.G. Grace Clower and UC Lions President Lisa Little



Lion Jeff Neal receives lapel pin from D.G. Grace Clower



L to r: Lion Gene Little, Past President of UC Lions; Lion Betty Gurr, Secretary of UC Lions;



Lion Marty Woods receives lapel pin from D.G. Grace Clower

Woody Gap School will participate in Lions' poster contest



Woody Gap Middle School students participating in peace poster contest

Woody Gap School in Suches, GA, will be participating in the Union County Lions Club peace poster contest. The contest is open to students ages 11, 12 and 13 years of age. Teachers Mor-

gan, Friesen and Martin will be helping the students with the rules, conditions and deadlines of the contest. The theme of the contest is "The Power of Peace". Chairperson Lion Louise Little will be looking

forward to receiving lots of beautiful artistic pictures. This contest is not only local but international. We will know the winner by February 1, 2010. We'll keep you posted. Good luck to all the students.



New member Lion Gerry Bailey



Bob Garrison of Kiwanis Club speaks to Union County Lions

Did you submit yours?

E-mail = edmcionh@bellsouth.net or
Go on-line = www.edmcion.com/ or

LCI Legal Division

The USA/Canada Forum had many terrific sessions, but the most informative was the one presented by LCI Legal Division. The presentation and discussion items were related to the most frequently asked questions that LCI Legal receives from clubs and Lions.

First, what Information does the legal division provide to Lions? Legal provides information on the LCI Program of Insurance, Constitution & By-Laws, Board Policy, Parliamentary Rules, Trademarks, Dispute Resolution, and Corporate Governance.

The majority of questions to the Legal Division concern forming a corporation, the use of funds, insurance, and trademarks. All of these are covered in depth on the LCI website/Member Resources/Legal Division. From the questions asked by the participants, I would say that funds are the No. 1 issue with most clubs. Here are some of the points covered:

1. Clubs are 501(c)4 according to tax laws. They are not charities. Any checks made payable to a club cannot be used as a charity deduction for tax purposes. If a club wishes to incorporate as a foundation or a 501(c) 3, then the checks would be payable to the foundation and would be a charity deduction. Of course, all funds collected by the foundation must be used for public projects/activities and cannot be used for the administrative purposes of the club.

2. Clubs must keep their funds separate. Clubs are to maintain an administrative account and a public projects/ activities account. The administrative account receives all dues, rental fees of buildings, fines, advertisements in Lions newsletters etc. These funds may be used for the administrative expenses of the club or public projects/activities. The Activities Account receives any funds collected from the public, public contributions, and fundraising events open to the public. These funds must be used for public projects only. They cannot be used for conventions, trips, expenses of the club, or dues.

The other area of discussion was insurance. LCI provides a general liability policy to all Lions Clubs. It contains \$1 million liability coverage for bodily injury and/or property damage per occurrence; \$2 million aggregate liability coverage; and \$1,000 limited medical expense. This policy pays to a third party providing the Lions Club is negligent. The policy excludes employment related liability, automobiles owned by a named insured, watercraft and aircraft, pollution and asbestos, and liquor liability. LCI also recommends that clubs do not engage in hazardous activities such as dunk tanks, carnivals, circuses, rodeos, amusement rides, races, rock concerts, fireworks displays, tractor pulls, demolition projects, and swimming pools. Would you believe that the No. 1 claim reason occurs at bingo games? Seems people get excited when they win and have accidents. If you contract to have a company do an event in the name of your club, you should ensure that your club is included on their general liability policy.

For more information on the use of the Lions logo and name, creating your own foundation, or detailed information on funds and insurance, check out the LCI website.

* * * * *

General Electric

General Electric has a policy of matching some donations to non-profit organizations for most of their employees and retirees. The camp has been approved by General Electric and I have the information on how to handle this.

If you will mention this in your programs and district newsletters, I will get it into the state magazine. If someone that is qualified is a member of the century club, they can get an additional donation to the camp and it is all done online.

I am the point person right now so have them contact me and I will explain it to them. Best bet is my cell phone, 404-444-2064 or e-mail ron_zeppieri@juno.com

* * * * *



Lions on YouTube, MySpace, Twitter and More

Did you know Lions are all over the Web? Social networking is a great way to contact and keep in touch with Lions around the globe and to share what Lions are doing to make the world a better place. [Visit the online community](#) to connect with other Lions on MySpace, Facebook, Twitter, LinkedIn, YouTube and Flickr.



GA. Lions Lighthouse
VP Lion Mike Higgins, PDG
mhpdg@windstream.net

Check out the new **Lighthouse Video**
Click here to view the Lighthouse Video!

<http://www.eventstreams.com/lighthouse/010fst/>

The Lighthouse has thirteen clinics throughout Georgia where patients can come to get an eye exam and pick out a pair of glasses. If you would like to help by taking patient histories or assisting patients in choosing their glasses, we would love to have you! In order to help at a clinic, you will need to fill out a volunteer form. To request the form, please contact Tiffany Ellerbee at 404-325-3630 or at tellerbee@lionslighthouse.org. Don't worry if you are not familiar with our clinics, you will receive training on anything that needs to be done.



Save the Date!

The winter Lighthouse meeting will be held on
Saturday, January 23rd at
Clairmont Presbyterian Church in Decatur.

Open House at our Present Home = 8:30 - 11:30 a.m.

Continental breakfast will be provided.

Breakout Meetings = Clairmont Presbyterian Church = 10:00 a.m.

Vision and Hearing Program Q & A:

Ask any questions you have of your Lighthouse's program managers.

Board Meeting: This year's Board Meeting will be open to the public!

Elections and Capital Campaign Kickoff

Clairmont Presbyterian Church = 11:30-1:00 p.m.

Be there for the beginning of a new chapter at your Lighthouse as we kick off our Capital Campaign! Lunch is \$10. Please RSVP if you plan to eat lunch at the church.

Breakout Meeting = 1:30 p.m.

White Cane

Breakout Meetings = 2:30 p.m.

Planned Giving

Luminary Society



Tour the Proposed Office and Clinic 1:30, 2:30, 3:30, and 4:30 p.m. See the proposed future home of the Lighthouse. There is limited space available for the tours, so please RSVP with the time you would like to tour the building.
A complete brochure will be sent out soon!

August Service Numbers



Service Numbers

From July to October 2009:

978 people have better vision after receiving a pair of **glasses**.
54 recipients were from **18-D**

539 Georgians have received a **free eye exam**, **38** were from **18-D**

86 eye surgeries were performed. **13** were from **18-D**

311 Georgians received hearing aids through the dispensation of **564** hearing aids. **29** were from **18-D**

Demand for all services is up **30 percent** over last year.



Ask the Lighthouse

We are working on a fundraiser or press release for the Lighthouse. Where can we get success stories about clients in our area?

If you would like a client success story related to your county, please contact Kim at 404-325-3630 or email kfletcher@lionslighthouse.org. Leave your name, city, contact information, and what kind of story you are looking for (eye surgery, clinic, glasses, or hearing). If you do not live in or near a major city, please allow at least two weeks in case we need to collect the story.

Thank you!

Help Us Use our Recycled Glasses

District D

Judy Stamsen

770-995-9274

eskiemom@bellsouth.net



About the list:

- Visit www.checkittwice.org to get started!
- Nominate someone for our Naughty or Nice list for \$20.
- The nominee will receive an email to inform them of their nomination.
- The nominee's name will be listed on our website.
- All nominees will receive a letter from Santa.
- People on the "Nice" List will automatically get a special pin.
- Send a gift-wrapped lump of coal to your "Naughty" List nominee for an extra \$5.
- "Naughty" nominees can move themselves to the nice list by matching your donation.
- Include a person note to nominee
- Your gift will pay for a pair of eyeglasses for a fellow Georgian this holiday season.



Santa's List

The Lions Lighthouse is looking for elves, industrious ones such as yourselves, to help the great eater of cookies and milk decide who's been naughty, and whose of nice ilk.

We know you have many a fine volunteer more helpful than any of Nick's nine reindeer.

On the Nice List they can be recognized as one of the region's best and most prized.

On the other hand, there are those who deserve a lump of coal to be reserved as their holiday gift from Santa Claus for some great wrong, or "just because."

To add to the list, we request a donation to help another's holiday celebration. A new pair of glasses, they would receive from what you would give, this Christmas Eve.

Your Name: _____

Address: _____

of:

Phone: _____

E-mail: _____

Which list are you nominating to?

Naughty

Nice

If "Naughty," do you want to send a lump of coal? (\$5 more)

Yes

No

Nominee's Name: _____

Address: _____

Phone: _____

E-mail: _____

Detach and return to:
Georgia Lions Lighthouse Foundation
1775 Clairmont Rd.
Decatur, GA 30033
404-325-3630

Don't think "naughty" or "nice" says enough?
Upgrade your nominee to a higher level!
Each \$20 donation takes a person through the levels

Naughty

Naughty (\$20)

Abominable Showman (\$40)

Grinch (\$60)

Mr. Potter (\$80)

Scrooge (\$100)

Nice

Nice (\$20)

Twice as Nice (\$40)

Frosty's Favorites (\$60)

Rudolph's Favorites (\$80)

Santa's Favorites (\$100)

Include a personal message to your nominee:

Payment Information:

Option 1: Attach a check made out to the GA Lions Lighthouse Foundation

Option 2: Credit Card Type: _____

Cardholder Name: _____

Card Number: _____

Expiration Date: _____



GA. Lions Camp for the Blind
Thois Masters, PDG
tstmasters@windstream.net



To Our Fellow Lions:

Why are we the best camp built for the visually impaired?

The Georgia Lions Camp for the Blind is like no other camp in Georgia. Here, disabilities fade into the background. We empower those who are struggling; we encourage the pursuit of dreams. We play like there is no tomorrow while providing a physically and emotionally safe environment at all times. We do it because we are the Georgia Lions Camp for the Blind, and together, that's our mission.



We are looking forward to seeing each of you for this very special weekend! Please call with any questions, or visit our website at www.glcb.org for further information and a schedule of events.

Sincerely,
Kristen Picus
Camp Director

Upcoming events are:

Camp Meeting – February 5-7, 2010

Work Weekend - March 26-28, 2010

Work Weekend - April 16-18, 2010



Georgia Lions Camp for the Blind, Inc.

GATOR GIVEAWAY



John Deere Gator Compact CX Series

Ideal for turf, property tasks and easily fits in tight spaces.

You could win this Gator or \$5,000 Cash

Drawing to be held on February 7, 2010 at Warner Robins, GA

You do not have to be present to win

Funds from this raffle will help send blind children to camp and benefit

The Georgia Lions Camp for the Blind, Inc. in Waycross, GA

The Georgia Lions Camp for the Blind, Inc. is a 501(c)3 corporation

Must be 18 years of age or older to purchase a ticket



Contact any Georgia Lion for tickets

The GA Lions Camp for the Blind

www.gacftb.org



A MAJOR SERVICE PROJECT OF THE LIONS OF GEORGIA. MULTIPLE DISTRICT 18.



Leader Dog Chair Lion Diane Wall

liondianewall@bellsouth.net

Fellow Lions:

I want to thank all my Lions clubs in 18-D for allowing me to receive the 100% District Chair from Leader Dog School. They continue to do great and innovative things to help sight impaired folks gain more independence. Your contributions help make this possible. Thank you, and may I wish you all a safe and blessed Christmas.

Lion Diane

* * * * *

Leader Dogs for the Blind Receives the Alfred P. Sloan Award

Leader Dog is proud to be a 2009 recipient of the Alfred P. Sloan Award for Business Excellence in Workplace Flexibility. This prestigious award recognizes employers across the country that are successfully using flexibility to meet both business and employee goals.

Applicants are measured against national data from the Families and Work Institute's National Study of Employers in the areas of workplace flexibility programs, policies and culture. Those ranking in the top 20% become finalists and an extensive survey on the organizations practices is sent to all employees. Winners are chosen based on a combined score of both employer and employee survey responses.

Some of the practices that lead Leader Dog to receive the award are:

- o Many team members choose their own starting and quitting times and flex their daily work hours and weekly work schedules.
- o Employees can work as few as 32 hours per week while retaining their benefits and opportunity for upward mobility within the organization.
- o Work resources are provided for team members choosing to work from home 1-2 days each week eliminating their commute time and making their kids school and sports events more accessible.
- o Personal/sick days are taken or scheduled with 'no questions asked' so the employee uses them as needed in order to have the flexibility to manage personal and family responsibilities.
- o Team members can bring their pet canine to work which reduces the time spent away from their pet and enhances their workday.

* * * * *

Everyone deserves the opportunity for success...

Rejected. With good intentions etched into every ounce of his puppy body, Finn still managed to start out on the wrong paw. He was dismissed from another assistance dog program due to a dental problem that kept him from doing some essential tasks—like plucking a dropped credit card off the floor.

But Finn's potential wasn't lost on us. Seeing what every parent sees in a kid's crooked smile—which we fixed with canine orthodontia—Finn came to Leader Dog while still wet behind his floppy ears.

As most of our dogs do, Finn spent his first year with a family of devoted puppy raisers who focused on prepping him for his career. The McBride family had only a year to love the furry little puppy, and to be loved unreservedly and enthusiastically in return. A year to socialize Finn with people and animals, to teach basic obedience, to attend after-school games and enjoy weekend trips to the cabin. Always hovering on the horizon was the knowledge that Finn would not be theirs forever. The five McBrides witnessed in Finn the characteristics that would eventually make him good at his job. "He is adventurous and friendly," Finn's human mom Janet remembers. "A quick dash to the grocery store turned into an hour-long event because everyone had to meet him." Finn proved himself to be fearless and sportsmanlike as he learned that soccer balls on the field

weren't for him. "My favorite part," says Finn's human brother Andrew "was coming home. He'd be there wagging that tail like a flag."

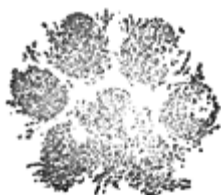
Janet knew that Finn's real potential outweighs how much her family will miss him. "He's going on to bigger and better things," she states confidently. And he is. Finn moved into the training program, and a more disciplined lifestyle. Instructor Linda Fisher trained Finn, and says that guide work is his true calling. "He wants to be out with people, conquering the world," she says.

Over 70 years of respecting people and dogs, these are our values. We believe everyone deserves the opportunity for success, a second chance and the precious gifts of freedom and mobility. Your donation will help ensure that thousands of people, and dogs, get their second chance. Our commitment is made possible by devoted individuals like the McBride's and the consistent support of contributors like you.

Every Leader Dog has his day, and Finn is soon to have his. He'll be paired with a person who is blind, to whom Finn will be more than a companion—He will provide mobility, freedom, access and independence. We will keep you updated on his story in the coming months.

There are many more Finns out there. And many people anxiously waiting for a Finn of their own – for their second chance to come walking through the door on four paws. Today, you can help make this happen by donating on our website at leaderdog.org/finn. Your donation will provide essential funding so we can continue to give dogs like Finn and thousands of people who are blind and visually impaired their opportunity for success.

With deep appreciation,



Finn

* * * * *

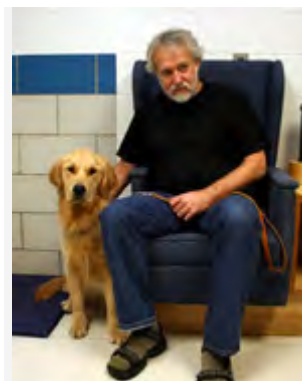
Leader Dog "General" Meets His Match



On Wednesday, November 18th, Leader Dog "General" was issued to his new master, Donald Bowman. General was sponsored by, and named after, General Motors Corporation. Coincidentally, Don retired several years ago from General Motor's Lansing Assembly Plant where his first Leader Dog, Lyle, accompanied him to work for seven years.

During his puppy year, General attended several events representing GM and Leader Dog. Here he poses with a classic Chevy GTO at the Woodward Dream Cruise.

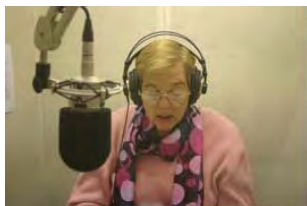
"Between my connection with GM and General's connection with GM, it's kind of like we were meant to be together," says Don.



Don and General several hours after they met for the first time.



On the way out of the kennel, Andrew and Finn take a minute for a picture with the 'famous' German Shepherd statue. Leader Dog still trains German Shepherds, but uses more Labrador Retrievers and Golden Retrievers.



From the desk of State RFB&D Chair Lion Steve Helwig lion.swampthing@gmail.com

Helping Bring Textbooks to Life

Subject-Matter Experts Needed



RFB&D is seeking individuals to become part of our nationwide volunteer community. You can help bring textbooks to life for students with print disabilities, such as visual impairment or dyslexia.

We are currently in need of volunteer readers with expertise in school subjects like Accounting, Mathematics, Medicine, and Spanish. [Read the full list of subject areas](#) and [studio locations here](#).

As the nation's largest audio textbook and literature library,

RFB&D's full collection are all

recorded by volunteers and each year thousands of new titles are added in every subject and grade level.

RFB&D's success in serving people with print disabilities is due largely to our dedicated and talented volunteers. Their knowledge, combined with a steadfast dedication to our mission, have made RFB&D's extensive library the most unique and valued resource of its kind.

Volunteering at RFB&D is a [very fulfilling experience](#). Become a part of our exciting community of volunteers. [Visit our Nationwide Locations page](#) to contact a studio near you. Or, email us at volunteer@rfd.org to have someone contact you.

Subject Areas

RFB&D needs volunteers specializing and proficient in the following areas:

- Accounting/Finance
- Biochemistry
- Chemistry
- Computer-end user
- Computer Programming
- Economics
- Mathematics
- Medical/Alternative Medicine
- Microbiology
- Spanish
- Statistics
- Theology



How many children in America are not taught to read?

The answer is 90 percent if the children are blind.

Most Americans are shocked to hear this statistic. And we should be. The blind read and write using Braille, so why is our educational system failing to teach Braille to so many children? Why are these children being denied the opportunities that come with a proper education? What if you could not read and write? Where would you be today?

There are three primary reasons for this educational crisis: (1) there are not enough Braille teachers; (2) some teachers of blind children have not received enough training; and (3) many educators do not think Braille instruction is even necessary.

To bring critically-needed attention to this educational crisis, the United States Congress authorized the minting of the 2009 Louis Braille Bicentennial Silver Dollar with a portion of the sale of each coin going toward a revolutionary and comprehensive Braille literacy campaign.

Learning to read and write is fundamental to education, which in turn is paramount to full and equal participation in American society. This coin, the first U.S. coin to have proper tactile Braille, symbolizes independence, opportunity, and the potential of blind people to make significant contributions to society when they are taught to read and write using Braille. To learn more, read our report [The Braille Literacy Crisis in America](#), or watch our video [Change With a Dollar](#).

[Please purchase this unique and beautiful coin now](#) and help solve this educational crisis for blind children in America.

The law authorizing this 2009 silver dollar requires that any coins not sold by midnight on December 31, 2009, be melted down. Time is of the essence--a 90 percent illiteracy rate is not acceptable and the opportunity to purchase this coin will soon be gone.

Be part of the solution. Give the gift of literacy. Create new opportunities. [Buy the Louis Braille Bicentennial Silver Dollar today](#).





Robinson, PDG, SE Guide Dog
706-548-8719
bobcat8233@aol.com



Kathy Champion Finds Her Angel

After a Successful, 27-year career in the united states arm y as a civil affairs office R, 44-year-old Kathy Champion is about to retire. The Lieutenant Colonel and PhD of Biological Sciences has served our country as a medical advisor and technician in foreign countries including Iraq, Afghanistan, and Bosnia.

In October 2007, Kathy was diagnosed with optic neuritis as a result of a virus she contracted while serving in Iraq. Her diminished eyesight has rendered her legally blind and impinged on her ability to continue her fiercely independent life.

But Kathy is a fighter, and she recently came to Southeastern Guide Dogs from her home in Gulfport, Florida, with the goal of reclaiming her freedom. Her new journey began the day she met her guide dog, Angel.

Kathy has always referred to her two children as "angels" so when we told her she was being matched with a dog named Angel, she knew it was fate. The bond began to grow before they even met and becomes stronger every day. Today, Kathy and Angel walk side by side with confidence and dignity. We are proud to play a role in their Forward Together journey.



Judy Stamsen CCI Chair
eskiemom@bellsouth.net



Canine
Companions
Service Dog Caspin
helps Wallis live
independently.

"He can retrieve my phone and other dropped items, pull my wheelchair and open doors for me," she continues.

Wallis has a condition known as dystonia, a disease that causes her muscles to spasm spontaneously. She was at the pharmacy when a "dystonic attack" came on and she could not move. Caspin helped her pay the cashier, get the bag from the cashier and gracefully exit the store.

Wallis wanted to learn more about a career in the assistance dog world, and is currently participating in a summer internship at Canine Companions headquarters in Santa Rosa, CA.

Robin knew an assistance dog would help her son Braden, challenged with autism. She contacted several organizations who expected her to do a great deal of fundraising before receiving a dog.

"I had basically given up hope, then I learned that Canine Companions for Independence was training dogs for autistic children," says Robin.

In May 2007 Robin and Braden graduated from Team Training with Skilled Companion Camille, free of charge and free of fundraising. Since then, Camille has changed Braden's life.

"Braden is much more social, calmer in public, and is developing empathy," Robin continues. "Camille gives Braden acceptance and love, without expecting him to be like everyone else."



Lion Kathryn Higgins
Diabetes Awareness Chair
Klhiggins07@windstream.net

Diabetes on the Rise in U.S

A new Gallup-Healthways Well-Being Index survey found that cases of diabetes are rapidly increasing in the United States, with the disease now affecting 11.3 percent of U.S. adults, up from 10.4 percent in the first quarter of 2008.

The survey found that approximately 26 million people in the U.S. have diabetes, and if the trend continues more than 37 million people will be living with the disease by the end of 2015. The survey also found that the U.S. obesity rate is up about 1 percent over last year. People who are obese are almost three times as likely to be diagnosed with diabetes than those who are not obese, according to the survey. "The upward trends in obesity rates almost certainly play a substantive role in the increase in diabetes rates over the same time period," the survey's report says.

Between January and September 2009, the Gallup-Healthways survey also found a significantly higher incidence of diabetes among those who did not exercise at least a half hour on any given day in the previous week. The survey found that 8 percent of people with diabetes exercised at least 30 minutes a day four to six times per week, 9.5 percent exercised at least half an hour daily in the previous week, and 15 percent did not exercise at least 30 minutes in the week before they were surveyed. The 10 states with the highest increases in obesity from 2008 to 2009 also had a related 0.5 percent increase in diabetes incidence.

Diabetes Drug Helps Obese Adults Lose Weight

Obese adults may shed more weight with the diabetes drug liraglutide than with the weight-loss drug orlistat (Xenical, Alli), suggests a study in *The Lancet* this week. The finding that liraglutide was superior to orlistat was "unexpected," Dr. Arne Astrup, from the University of Copenhagen, Denmark, told Reuters Health.

Until now, liraglutide has only been tested for its blood sugar-lowering abilities in people with type 2 diabetes. "This is the first state of the art trial to test its weight loss properties" in obese adults without diabetes, Astrup said.

The biggest findings with liraglutide, Astrup said, were the "clear-cut" dose-response relationship with weight loss (the higher the dose, the greater the weight loss), "the nice reduction in blood pressure, and the "cure" of patients with "pre-diabetes" - that is, poor blood sugar control not yet bad enough to qualify as diabetes.

In the study, 564 obese adults without diabetes were randomly assigned to receive liraglutide at one of four doses (1.2, 1.8, 2.4, or 3.0 milligrams), placebo, or orlistat (120 milligrams). Liraglutide and placebo were given once daily as an injection, while orlistat was given three times a day in pill form.

All participants in the study increased their physical activity throughout the trial and followed a calorie-restricted diet, which contained approximately 500 calories less than they needed each day.

People who took liraglutide lost significantly more weight than people who took placebo or orlistat, Astrup and colleagues found. Liraglutide contains a satiety hormone that helps curb appetite. Average weight loss with the lowest liraglutide dose (1.2 mg) was 4.8 kilograms (10.6 pounds); with 1.8 mg liraglutide, subjects lost an average of 5.5 kg (12.1 pounds); with 2.4 and 3.0 mg liraglutide, subjects lost an average of 6.3 kg (13.9 pounds) and 7.2 kg (15.8 pounds), respectively.

This compares with an average weight loss of only 2.8 kg (6.2 pounds) with placebo and 4.1 kg (9 pounds) with orlistat. Moreover, 76 percent of subjects taking the highest dose of liraglutide lost more than 5 percent of their body weight compared with only 30 percent on placebo and 44 percent on orlistat. Liraglutide also lowered blood pressure at all doses.

At the start of the study, about a third of subjects in each group were considered "pre-diabetic." At the higher doses, liraglutide cut the number of pre-diabetics significantly -- by 84 to 96 percent. Nausea and vomiting were reported more often with liraglutide than with placebo, but side effects were usually transient and seldom led to discontinuation of treatment.

Astrup, who is a member of the Liraglutide Obesity Advisory Board of Novo Nordisk, the company developing the drug, noted that "liraglutide has to pass phase III trials before it can reach the market in the coming years. However, the drug is available for the treatment of type 2 diabetes in Europe."

Dr. George A. Bray, from Louisiana State University, Baton Rouge, comments in a related editorial: "Whether long-term use of an injectable drug is palatable as a treatment for obesity is yet to be established."

SOURCE: *Lancet*, online October 23, 2009.

GET INVOLVED!
FIND OUT HOW ►

About ADA/Diabetes Camp/Family Link/Planet D/Schools

The American Diabetes Association's Family Link is your connection to expert information about living with diabetes, managing diabetes at school and to other families who understand.



CHECK OUT PLANET D

A WEB SITE JUST FOR KIDS AND TEENS WITH DIABETES.



Ask the Expert go to <http://www.diabetes.org/home.jsp>



"Peace Begins
With Me"
2008-09 Grand
Prize Winner



Lions Family Cub Program — A frequent question is: How do we keep the children interested and involved? The answer is the Lions Family Cub Program which comes complete with a [30-page activity guide](#). The guide offers complete, step-by-step procedures that will help make Lion Cubs an integral part of your club. The [Lions Family Cub Program](#) will be an important part of making family membership a positive experience for parents as well as children. Please consider it as a part of our responsibility as Lion Leaders to serve our members and put their needs first. Remember that our Lion Cubs are the greatest potential source of Lions Club members in the future.

New LeoMMR Membership Web Site Is Live

[LeoMMR](#) is a new monthly membership Web site just for Leos. This site gives Leo clubs, Leo districts and multiple districts the ability to maintain Leo membership data and run monthly reports. It also allows International Headquarters to communicate directly with all Leo members. Leo officers received passwords on November 3. For more information about the LeoMMR [contact the Youth Programs Department](#).

Leo Club Program Debuts on Facebook

The Leo Club Program announces its new Facebook Fan Page. Become a fan of [the official Leo Club Program Fan page](#) to get updates from LCI – and network with other Leos from around the world.

LEO STATE GATHERING @ CAMP FOR THE BLIND

29-31 January 2010

“THE LEOLYMPICS”

THIS YEAR'S STATEWIDE LEO GATHERING IS SCHEDULED FOR JANUARY 29-31, 2010 AT OUR CAMP FOR THE BLIND IN WAYCROSS. THE THEME IS “THE LEOLYMPICS” SO WE WILL HAVE ACTIVITIES THROUGHOUT THE WEEKEND AROUND THIS (WITH SOME SPECIAL SURPRISES!). AS WE HAVE DONE EACH TIME THE GATHERING HAS BEEN HELD AT THE CAMP WE ARE ALSO PLANNING TO TACKLE WORK PROJECTS ASSIGNED BY THE CAMP STAFF.

WE ARE EXPECTING 75-100 LEOS, LIONS, AND OTHER ADULTS THIS YEAR (AND, OF COURSE, HOPING FOR MORE!) FROM FRIDAY EVENING THROUGH SUNDAY MORNING. THE LEO GATHERING COMMITTEE IS PROVIDING FOUR MEALS (3 SATURDAY AND BREAKFAST SUNDAY), DRINKS, AND OTHER RELATED ITEMS. THERE ARE NUMEROUS OTHER EXPENSES ASSOCIATED WITH PUTTING ON AN EVENT OF THIS SCOPE AND THE TOTAL COST USUALLY EXCEEDS \$1,000.00.

I AM WRITING TO ASK EACH CLUB AND/OR INDIVIDUAL LION TO CONSIDER MAKING A DONATION TO HELP FUND THIS YEAR'S LEO GATHERING. ALL MONIES WILL BE PUT IN A SPECIAL LEO GATHERING CHECKING ACCOUNT AND A DETAILED REPORT SHOWING ALL EXPENDITURES WILL BE PROVIDED TO THE COUNCIL AFTER THE GATHERING. IF THERE IS A BALANCE AFTER EXPENSES IT WILL BE CARRIED OVER FOR NEXT YEAR'S EVENT.

THERE WILL ALSO BE A LIST OF ITEMS NEEDED POSTED ON THE MD18 LEO WEBSITE (www.georgialeos.com) BY NOVEMBER 20TH. ANY HELP WITH THIS LIST WILL BE GREATLY APPRECIATED! IF YOU HAVE NOT BEEN TO A LEO GATHERING PLEASE CONSIDER COMING – WE'D LOVE TO HAVE YOU AND YOU'LL HAVE A GREAT TIME WITH OUR LEOS AND LIONS! LET ME KNOW AND I'LL GET THE INFORMATION AND FORMS TO YOU.

THANK YOU VERY MUCH FOR HELPING TO PROVIDE OUR LEOS WITH A GREAT EXPERIENCE!

IN SERVICE,
STEVE HELWIG
MD18 LEO CLUBS PROGRAM CHAIR
MD18 LEO GATHERING CHAIR



100 WAYS WE AS LIONS CAN HELP CHILDREN (AND OURSELVES FOR THAT MATTER):

- _ Volunteer on weekends at a child-oriented Service organization.
- _ Help with a local food drive or pantry.
- _ Be a volunteer tutor.
- _ Become a mentor to a child and stay in touch as he or she grows up.
- _ Start a pet program to help children learn how to care for another and show love.
- _ Take advantaged children to disadvantaged areas to help so they may learn from experience.
- _ Teach a child how to put together a kite, and then go fly it with them.

* * * * *

Lions Services for Children Projects

The problems children face vary in degree from country to country, but the need for health and education services is constant and universal. Lions clubs help address these needs by developing projects with specific, attainable goals, including:

- **Collecting food, clothes or books**
- **Organizing a vision or hearing screening**
- **Providing immunizations through a vaccination drive**
- **Starting a literacy program with a local school, library, community center or [Leo club](#)**
- **Supporting a nutritional program for undernourished children**
- **Securing wheelchairs for disabled children**
- **Sending a child with diabetes or physical challenges to a specialized camp**

Lions have also constructed hospitals, schools, orphanages and children's centers throughout the world to serve youth in need.

* * * * *

Leo Facebook Fan Page

The Leo Club Program announces its new Facebook Fan Page. Become a fan of the official [Leo Club Program Fan page](#) and get updates from LCI and talk with other Leos from around the world!

Life Lessons Across Cultures and Around the World

Each year, the Lions International Youth Camp and Exchange Program introduces young people to life in other cultures by helping them travel abroad. Each Youth Camp and Exchange includes an extended stay hosted by one of our many international clubs.

As a participant, you will:

- **Live with a family in another country**
- **Meet people your age from around the world**
- **Learn about the bonds we all share – and the differences we respect in each other no matter where we live**

* * * * *

Youth Camp and Exchange Types

An **Exchange** can be arranged in hundreds of countries and geographic locations where there are Lions clubs. Most exchanges last between four and six weeks during which the participants (ages 15-21) stay with one or more host families in another country.

Camps are one or two weeks long and bring together young people (ages 16-22) from around the world. Camps usually include a family stay that lasts between one and four weeks. More than 100 Lions camps are held each year in about 39 countries. Activities include visits to places of cultural or natural interest, sporting events and country presentations by the camp participants.

* * * * *

101 Ways to Teach Youth How to Cope with Stress (and these will help adults as well)

- ** Get up 15 minutes earlier.
- ** Prepare for the morning the night before.
- ** Never rely on chemical aids.
- ** Set appointments ahead.
- ** Don't rely on your memory. Write it down.
- ** Practice preventive maintenance.
- ** Say "no" more often when you don't really have the time to take on
more...



Welcome to Liberty Day!

Liberty Day is a program for our youth. It is a way to strength citizenship in our youth through a program based on the Constitution of the United States.

This is a program started by the Lions Clubs of Denver. Georgia adopted this program in the late 1990s. There are several ways a Lions Club can sponsor a Liberty Day program.

The first way is through a school program. Lions Clubs should arrange a speaker who would be interesting to the students. This speaker could be an elected official or someone who could speak on the rights and responsibilities of citizens as granted by the Constitution. Once you have your speaker, you can receive permission of the school system to sponsor a Liberty Day event to a class or a group of students. I have found that 8th grade and up is ideal. Then order the number of Liberty Day booklets you need from me. The cost is \$.60 each and includes shipping. Also work with the teacher(s) so that they reinforce what the speaker has said through an essay or other classroom work. The students could even write a letter of thanks to the speaker/Lions Club on the subject.

Another project is with a Boy Scout troop. Boy Scouts must earn the Citizenship in the Nation merit badge as a requirement for rank promotion. Again, use the speaker and the booklets. The Liberty Day project has been endorsed by the National Council of the Boy Scouts of America.

A third project is when a group of youth work a project in a public place to promote the Constitution. There are a series of questions that they can use. They would ask an adult the question--whether it is right or wrong, the adult receives either a flag pin or flag sticker. The booklets are used to coach the youth on the Constitution so that they are more confident in asking the questions as they know the answers themselves. They should work under the guidance of adults and in a place that has given permission for them to be there.

If your Lions Club is interested in sponsoring a Liberty Day project with a Scout group, please contact your District Liberty Day Chair or Lil Shurtleff, MD Liberty Day Chair.



**LIBERTY DAY GEORGIA
DECLARATION OF INDEPENDENCE/U.S.
CONSTITUTION**



GLASB Mission

The Georgia Lions All State Band is a Georgia Lions supported youth activity with the goal of providing a great opportunity for middle and high school musicians from across the state of Georgia to enjoy a rewarding musical experience with some of the best directors in Georgia.



Participation allows the student the opportunity to showcase their musical talents with other gifted musicians from across the state. The band each year performs before the Lions of Georgia each year at its State Convention and travels to the Lions International Convention (US Convention).



**Georgia Lions All-State Band 2010
Application for membership
Go to www.edmclion.com**

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***Have All Lions
Received the
Word?***

***Make A Copy of
This Bulletin***

***So We Can All Be
Heard.***