



We Serve

District 18-D Bulletin



MONTHLY BULLETIN FOR LIONS OF NORTHEAST GEORGIA

April 2010



District Governor
Grace Clower

Dear Lions of 18-D,

Spring is here! (I hope) It has been a long, cold, wet winter; but the sun is shining through now. Your service has certainly shown through this Lions year. So much good has been done, and that work continues. I recently read a quote by Ralph Waldo Emerson, "Do not go where the path may lead, go instead where there is no path and leave a trail". Some of you have done that already this year. Things have been done by Lions that have never been done before to help those in your communities. Two new Lions clubs have been formed in our district, and many of the members have never been Lions before. I hope we continue to "leave a trail" in District 18-D and continue to be the best district in the State.

It has been my privilege to serve as your District Governor this year. We now have a new District Governor Elect. Lion Ron Bennetti of the Dawsonville Lions Club will serve as our

next District Governor. Our First Vice District Governor Elect is Lion Ken Fuller of the Towns County Lions Club. The Second Vice District Governor Elect is Chip Sweatte of the Dawsonville Lions Club. At our recent district convention, PDG Mike Higgins, Forsyth County Lions, was elected District Director of the Lighthouse; and Lion Sam Catazano, Dawsonville Lions, was elected District Librarian. I appreciate all these people stepping forward to assume leadership roles in our District. I know this will be a great team to lead us. We must continue to have Lions willing to serve in leadership if we are going to stay strong. If you are interested, please sign up to attend the Southeast Lions Leadership Institute, to be held April 16-18. We have scholarships available in the District budget so 10 of our Lions can attend.

District 18-D continues to lead in the Capital Campaign for the Lighthouse. We have already surpassed the goal that was set for us. We are striving to have every club, all 38 clubs, make a pledge to this campaign. Even if you can only pledge a small amount, every dollar counts. Many of our Lions went to the Camp for the Blind this past weekend for the Workday at the Camp. Please help the Camp by advertising the Tour of Georgia to those you know who ride motorcycles and to motorcycle shops. If you don't have a motorcycle, but you want to participate, you may do so. Remember, the Lighthouse and the Camp are our only two Lions-sponsored projects in Georgia. Let's support them!

Don't forget to mark your calendar for Sunday, April 25th at 1:30 p.m. We will be holding our final Cabinet Meeting of the year. It will be a FUN DAY! We will have a BBQ Lunch, present some awards, and enjoy our first ever District 18-D Sing-Off. I will be sending reservation forms to each Club President, and there is a form included in this bulletin. This will all be held at Trinity Methodist Church, 5622 Clarks Bridge Road, Clermont, GA. I hope you will bring your families, and we will enjoy a great day!

Don't forget to order your hospitality books for our Georgia State Lions Convention to be held in Tifton May 28-30. Let's join with other Lions from all over our State to celebrate Lionism in Georgia. Then, next year, we will bring the State Convention to Gwinnett County. If you are asked to help with next year's convention, please do so. Our next year's International President, Sid Scruggs, will be with us. Plan to be there!

Thank you for what you do, and continue to let your service shine through!

Yours in Service,
DG Grace



UPCOMING EVENTS

*You know how time flies when you're having fun --
mark your calendars for:*

***Sunday, April 25th at 1:30 p.m. at
Trinity Methodist Church,
5622 Clarks Bridge Road,
Clermont, GA.***

***Come one – Come ALL –
bring the whole family –
kids, grandkids,
new members,
prospective members,
etc.....***

***You've done your job
now let's chow down.....***



**We will not have the full agenda.
Pledge and invocation and awards
will be presented for cabinet
members after the meal.**

**4th Cabinet to start at
approximately 1:30 p.m.**

**Club Secretaries – place year-end awards and gift
presentation order with Club Supplies**

**March – Prepare Club Elections and PU-101 forms
YOU CAN DO THIS EARLY.**

CONGRATULATIONS

**If you missed it – here it is now:
Your new elected officials for 2009-2010**

**District Governor Elect
Ron Bennetti**



**1st Vice
District
Governor
Ken Fuller**

**2nd Vice
District
Governor
Elect
“Chip”
Sweatte**



**Lighthouse
District Director
Mike Higgins**

**District
Librarian
Lion Sam
Catanzano**



President/Secretary/Treasurer Training By Region



Tentative schedule for training

Region I – Sun., 2 May at 2pm
Old Colbert School, Colbert

Region II –Sun., 23 May at 2pm at
Music Hall, Ga. Mtn Fair Ground, Hiawassee

Region III – Sun., 16 May at 2pm
Garden Plaza, Lawrenceville



June – Installation of Club Officers

1 June – Helen Keller Day

From DGE Jack Taylor – 18-C

THE TWELVE COMMANDMENTS FOR AN ENTHUSIASTIC TEAM

- 1) Help each other be right - not wrong.
- 2) Look for ways to make ideas work - not for reasons they will not.
- 3) If in doubt, check it out. Don't make negative assumptions about each other.
- 4) No rumors - do not start, do not listen & do not pass them on.
- 5) Help each other win and take pride in each other's victories.
- 6) Speak positively about each other and about our organization at every opportunity.
- 7) Maintain a positive attitude - no matter what the circumstances.
- 8) Act with initiative and courage as if it all depends on you.
- 9) Do everything with enthusiasm - it's contagious.
- 10) Whatever you want, give it away.
- 11) Don't lose faith and never give up.
- 12) Have fun while working together.

Georgia Lions State Convention



28-30 May 2010

Tifton, Georgia

Friday: Registration and Exhibits;
Organizational Meetings – Lighthouse and
Camp meetings; Opening Ceremony +Two
seminars – one of which would be Lions
working with LEOS. (Friday Night Meal
Tickets \$20.00).

Saturday: District Breakfasts; First
Business Session; Melvin Jones Luncheon
(\$25.00), State Awards; District
Governor's Banquet +

Sunday: District Breakfast; Necrology
Service; Second Business Session

HOSPITALITY BOOK ORDER FORM

Hospitality Books only \$85.00. Reservations are
due no later than May 15, 2010. Books purchased after
this date will increase to \$95.00.

District Hotel:

Dist. D at Country Inn- 901 West 7th St..

Tifton, GA (229 382-8100) \$82/night.

**YOU WILL FIND A LETTER AND
HOSPITALITY BOOK FORM FOR THE 2010
GEORGIA LIONS STATE CONVENTION
SCHEDULED FOR 28-30 May 2010 AT
TIFTON ON THE **STATE WEB SITE**.
PLEASE SHARE THIS INFORMATION
WITH YOUR CLUB MEMBERS. THANKS
AND WE LOOK FORWARD TO SEEING
YOU THERE!**



Where in the World

Have you ever checked the Lions Web site – click on Lions Newswire or check out =

Lions News Network

• **LQ-Lions Quarterly**

HIGHLIGHTS

Calendar of Events

Review upcoming Lions events your club can promote locally.

Lions Clubs iPhone App

Download our iPhone App to stay in touch with us.

Download the Lions Clubs App to Stay Up to Date on Our Latest News and Information

Stay in touch with Lions Clubs International with your iPhone by downloading our new Lions Clubs App. With the Lions Clubs App, you can access the following resources – at the touch of your fingertips:



- Daily news updates from Lions Clubs International on [Twitter](#).

- Videos from Lions Clubs International – and Lions around the world – on [YouTube](#).
- Lions Clubs International [Facebook page](#).
- Photos from clubs around the world on [Flickr](#).
- [LQ – Lions Quarterly Video Magazine](#) podcasts.
- Lions Clubs International Web site, [Club Locator](#) and more!

Stay up to date on Lions Clubs International news and information – [download the Lions Clubs App from iTunes now](#).

The Lions Clubs App is compatible with iPhone and iPod touch (2nd generation). Requires iPhone OS 3.0 or later.

LCIF Halting River Blindness

Learn how LCIF helped halt river blindness in Ecuador.

Transmission of River Blindness Halted in Ecuador

Atlanta, Georgia, USA, March 3, 2010 — Ecuador has become the second nation in the Americas to halt the transmission of onchocerciasis, according to a press release from the Carter Center, the Atlanta-based sponsoring agency for the Onchocerciasis Elimination Program in the Americas.

Read more about it – go to: <http://www.lionsclubs.org/EN/news-and-events/newsroom/release-103.php>

EVENTS

Leo Club Awareness Month

See projects you can do during April to promote Leo Clubs.

April is Leo Club Awareness Month

Spread the word about the Leo Club Program – work with your Leo clubs, advisors, districts, or multiple districts to organize a joint Leo-Lion community service project.

- **Start a tree planning project**
- **Repair a playground**
- **Organize a recycling program**

Lions Worldwide Induction Day

Make plans now to celebrate new members on April 24.

LIONS QUARTERLY



LQ

Watch the [April 2010 LQ video magazine](#) to see Lions step up to the plate for the disabled.

New Lions Clubs International Blog Features Frequent Updates from International Headquarters

If you're interested in the latest updates – and "behind the scenes" information – from International Headquarters, here's great news! Our brand new blog features frequent updates about our association, Foundation and clubs around the world.

Lions Clubs International staff members update the blog at least three times a week. To read recent posts, including a look at an LQ – Lions Quarterly Video Magazine shoot and an update from Lions Day at the United Nations in Vienna, [visit our new blog now](#).

Lions, Lions Clubs International Foundation Respond to Earthquake in Chile

Lions Clubs International Foundation (LCIF) is committed to bringing aid to communities impacted by the recent earthquake in Chile. The earthquake is one of the largest ever recorded, resulting in more than 800 deaths and leaving 2 million people displaced. LCIF has already awarded four emergency grants, each for US\$10,000, to districts T-1, T-2, T-3 and T-4 in Chile. District T-3 includes the city of Concepcion, one of the hardest hit areas in the country. Visit the LCIF Web site for the latest news.

Girl from Multiple District 300 Taiwan Wins 2009-2010 Peace Poster Contest



Yu-Min Chen, a 13-year-old girl from Multiple District 300 Taiwan, created this year's grand prize winning poster in the Lions International Peace Poster Contest. Judges chose her poster for its originality, artistic merit and portrayal of this year's theme, "The Power of Peace." Chen said she wanted her poster to "show that children hope to live in a peaceful world." Chen was recognized for her accomplishment at Lions Day with the United Nations on Friday, March 26, 2010. Read news release.

CONTESTS

LION Magazine Photo Contest

Submit your photo for a chance to win a Sony digital camera.

International Contest

Enter your club's newsletter, Web site, trading pin or banner.

Four Stars for LCIF

An updated review on Charity Navigator, an independent charity evaluator, recently awarded LCIF four stars, the highest ranking. On this Web site, which ranks more than 5,400 of America's largest charities, LCIF received higher rankings than the Red Cross and Feeding America. The four star ranking demonstrates LCIF's commitment to using funds as effectively and efficiently as possible, and remaining committed to serving those in need. Donate in confidence at www.lionsclubs.org/donate.

New Podcasts from Lions, LCIF Leaders

Two new podcasts are available in the Leadership Resource Center. These audio messages – from Lions Clubs International President Eberhard J. Wirfs and LCIF Chairperson Al Brandel – focus on current events and resources, including Move to Grow, the new LCIF brand and relief efforts in Haiti. Listen to these podcasts now.

Organize a STRIDES Walk

Help your community learn more about diabetes by holding a fun and enjoyable Strides: Lions Walk for Diabetes Awareness event. Take advantage of pleasant walking weather – or consider holding an

indoor Strides Walk. Contact the Health and Children's Services Department to order your event materials, including the Lion STRIDES Information Packet that provides step-by-step instructions for organizing a community-wide event, "We Stride" pins for participants and informational handouts.

Lions Service through Diabetes Camps

Lions, learn more about getting involved with diabetes camp programs for children or improving your existing Lions camp.

Lions Can Support Braille Literacy

"The Magic Wand of the Blind" is how Helen Keller described Braille. Braille literacy is vital to all blind individuals, because it is the key to employment and full participation in society. Yet today in America, only 10 percent of blind children are learning to read Braille in school. Lions can help enhance the lives of people who are blind or visually impaired through our partnership with The Hadley School for the Blind.

CONNECT WITH US ONLINE





Greetings Dear Lion,

I am sure you were equally shocked when you learned of the 8.8 magnitude earthquake that struck Chile. As with the Haiti earthquake and other past natural catastrophes, LCIF responds quickly to ensure those impacted get the aid they need, but the Foundation is also committed to long-term relief.



Our efforts continue in Haiti, where Maureen and I visited last week. We were amazed to see what the Lions of Haiti are doing to restore stability to their country and know that the Lions of Chile will bring the same service to their communities.

Together, we are all working to bring hope to the people affected, displaced and suffering.

Best,

Al Brandel
LCIF Chairperson

Providing Support after Disasters

The recent earthquakes in Haiti and Chile have demonstrated the commitment of Lions worldwide to helping those impacted by great devastation. LCIF responds quickly to give those affected the aid they need. The Foundation has awarded four emergency grants, each for US\$10,000, for relief efforts in Chile. In Haiti, more than US\$3 million has been mobilized to support immediate and long-term needs. Housing for 3,000 people has been established in the Port-au-Prince neighborhoods of Delmas, Blanchard and Carrefour-Feuille and an additional 240 tents are being sent to the region. The need will be great for years to come in both countries, and LCIF's long-term involvement guarantees that communities will be rebuilt. For the most current news updates, visit the [LCIF Web site](#).

Tent Cities Give Haitian People Home, Hope

Three tent cities, housing 3,000 people total, have been established in the Port-au-Prince neighborhoods of Delmas, Blanchard and Carrefour-Feuille and an additional 240 tents are being sent to the region. Lions are now working to fully equip these tent cities with sanitation, kitchens and health clinics. Still, the creation of more permanent housing is becoming increasingly important as the rainy season approaches. The need will be great for many more years to come, and LCIF's long-term efforts ensure that communities, lives and families will be rebuilt.



New Year, New Look for LCIF

It's an exciting time for LCIF, as the debut of the [new look for LCIF](#) is unveiled. For more than a year, LCIF has been working with a marketing consulting firm to develop a refined image for the Foundation. The implementation phase is in full swing, which includes the development of new brochures, posters and other materials to reflect an updated image. [View a video](#) about the updated image and logos online.

Complete Your MJF Before the Year's End

Each year, Lions around the world show their support to LCIF by making a donation toward a Melvin Jones Fellowship (MJF). As the end of Lions year 2009-2010 quickly approaches, take the opportunity to complete your MJF. Contact [LCIF Donor Assistance](#) to complete your MJF today.

Your Donation Can Provide

Water, Food and Clothing:

\$25 - \$50

First Aid/Medicines:

\$100 - \$250

Re-build and Establish Community Infrastructure:

\$500 - \$1,000

Help Our Long-term Rebuilding Efforts:

\$5,000+



Editor's Note

Fellow Lions:

Club Secretaries ---- April, as you know, is Club Elections. (This means it is time for each Lions Club to elect its officers—President, Vice Presidents, Secretary, Treasurer (or Secretary-Treasurer), Directors, and Membership Committee—for the 2010-2011 Lions year!).

It is **VERY** important that you submit your PU-101 Form AS SOON AS POSSIBLE - the present Secretary should go online and complete the PU-101 Report of Officers for LCI. Please do it now. Make sure the original goes to Lions Clubs International by snail mail or you can go on-line. Make sure you make a copy and send to District Governor Grace Clower. Now, a small change – please make an extra copy of the PU-101 and send it to DGE Ron Bennetti. He has the important task of using these copies (PU-101) to make up a portion of the State and District Directory.

Oh, before entering the information on the PU-101, please make sure that the individual Lions information is correct. DG Grace and DGE Ron need **CORRECT names, addresses, phone numbers, and email addresses.**

As President elect – you should be ready to appoint members to specific committees. You will find below a copy of 2009-10 **Lighthouse / Camp / RFB&D appointment form** (just change the year date). You can also find the original as the last page between the Lighthouse and Camp in the State Directory – or you can try to enlarge the one below You should make a copy of and fill out and send to each address indicated with a courtesy copy to the new District Governor.

These three things are very important Mail will be forwarded to those you select as Associate Directors. These members will be responsible in regards to informing your club members of any and all affairs going on with the Lighthouse / Camp / and RFB&D. As President elect, I would advise that you begin **NOW** to formulate any and all plans for your upcoming year.

You should be prepared to assign all members to specific committees.

Make note: Try not to overload you Club Secretary.....Also – encourage the Secretary to go on-line to make out MMR reports, A-1 and PU-101 reports. Going on-line can save time and money. For ALL members check out www.lionsclubs.org

I am attaching a copy of a reservation form for our Final Cabinet Meeting on April 25th, 1:30 p.m. at Trinity Methodist Church, 5622 Clarks Bridge Rd., Clermont, GA. All tickets for the BBQ Lunch will be \$5.00 per person. Please give this information to your club and return the reservation form to me, along with a check, payable to Grace Clower, and send to 2929 Sandra Drive, Snellville, GA 30078. The deadline for reservations is APRIL 16th. Family members are also invited, so bring your children, grandchildren, spouses and enjoy an afternoon with District 18-D Lions. I promise it will be fun!

The highlight of the day will be the First Annual District 18-D Sing-Off. Please let me know if your club will have a group participating. I look forward to seeing you on April 25th!

DISTRICT 18-D CABINET MEETING & BBQ
Sunday, April 25th, 1:30 p.m.
Trinity Methodist Church
5622 Clarks Bridge Road
Clermont, GA

Club Name: _____

Number of Tickets _____ @ \$5.00 each Total _____
(Adult & Children's Tickets Are Both \$5.00 each)

Lunch will include BBQ Pork, Baked Beans, Slaw, Chips, Bread, Dessert, and Drink.

Please make checks payable to DG Grace Clower and mail to 2929 Sandra Drive, Snellville, GA 30078. **DEADLINE FOR RESERVATIONS IS FRIDAY, APRIL 16TH.**

DISTRICT 18-D SING-OFF

Club Name: _____

Names of Lions in Group: _____

Name of Song To Be Performed: _____

(The Church has a sound system and a stage. If you require anything else for your group's performance, please let me know.)

**NOTICE FOR APPOINTMENT
OF ASSOCIATE DIRECTOR
TO**

**GEORGIA LIONS
LIGHTHOUSE
FOUNDATION, INC.**

TERM 2004-2005

_____ NEW

_____ REAPPOINTED

(Please print)

Club Name:

Member Name:

Address:

Phone:

Cell:

Please return this form to:

Georgia Lions Lighthouse
Foundation, Inc.
15 Clairmont Road
Salem, GA 30032-4005

**NOTICE FOR APPOINTMENT
OF ASSOCIATE DIRECTOR
TO**

**GEORGIA LIONS CAMP
FOR THE BLIND, INC.**

TERM 2004-2005

_____ NEW

_____ REAPPOINTED

(Please print)

Club Name:

Member Name:

Address:

Phone:

R: _____

B: _____

Fax: _____

Email: _____

Please return this form to:

Georgia Lions Camp for the
Blind, Inc.
5526 Laura Walker Road
Waycross, GA 31503

**NOTICE FOR APPOINTMENT
OF ASSOCIATE DIRECTOR
TO**

**RECORDING FOR THE
BLIND & DYSLEXIC —
GEORGIA UNIT**

TERM 2004-2005

_____ NEW

_____ REAPPOINTED

(Please print)

Club Name:

Member Name:

Address:

Phone:

R: _____

B: _____

Fax: _____

Email: _____

Please return this form to:

RFB&D - Georgia Unit
120 Florida Avenue
Athens, GA 30605



Contact each Chair person for any submissions:

Anne Sullivan Award—District Chair Margaret Johnson – 706-216-1036:

This award is presented each year at the State Convention by the Lions of Georgia to an individual in recognition of outstanding achievement in working with handicapped children. Nominations are made by Lions Clubs in Georgia based on the individuals' service at the local and state levels. Mail copies to the State Chair Jack Claxton, Box 1000 RWSIR 361, Warm Springs, GA 31830. To the Lions State Secretary – Mrs. Linda Selby, 977-A Madison Road, Eatonton, GA 31024, to 18-D District Chair Margaret Johnson, 117 Pirkle Leake Road, Dawsonville, GA 30534 and District Governor Grace Clower. Submit by **15 April**

Outstanding Deaf Award—District Chair Lisa Little – 706-374-3228

lisaannlittle@yahoo.com : This award is presented each year at the State Convention by the Lions of Georgia to a hearing impaired individual whose outstanding achievements, accomplishments, and contributions are an inspiration to others. Nominations are made by Lions Clubs in Georgia based on the individual's service at local and state levels. Mail copies to the State Chair Charles Chapman, 590 Nalley Drive, Jasper, GA. 30143. To the Lions State Secretary – Mrs. Linda Selby, 977-A Madison Road, Eatonton, GA 31024, to 18-D District Chair Lisa Little, P.O. Box 2701, Blairsville, GA 30514 and District Governor Grace Clower. Submit by **15 April**

Outstanding Blind Award—District Chair Don Wagner, PDG –

wagner5853@bellsouth.net : This award is presented each year at the State Convention by the Lions of Georgia to a blind or visually impaired individual for outstanding achievement and service to others and the community. Suggestion: It is best to write a narrative of not over three pages of the individual accomplishments in their community, their church and how they have inspired other sight impaired people adjust to life. DO NOT just list the meeting, courses attended. Spend some time interviewing your nominee. Mail copies to the State Chairman PDG Cheryl Meadows, 4827 Millbrooke Road, Albany, GA 31707, To the Lions State Secretary – Mrs Linda Selby, 977-A Madison Road, Eatonton, GA 31024, to 18-D District Chair PDG E. Don Wagner, 5853 Frank Gailey Road, Clermont, GA 30527-2038 and District Governor Grace Clower. Submit by **15 April**



STATE AWARDS – Applications for the State Awards may be found, along with the individual awards list in the back of pages the 2009-2010 State Directory under the heading of “2008-2009 State Awards Program.” If you do not have access to a directory call me and I will mail you a copy of the awards or you can check out the MD 18 Web site under [Multiple District 18](#) - host of LionNet Georgia. The deadline for submitting is **23 May 2009**. Please read all of the directions. We had only nine clubs that entered last year. We need to do better than that – usually we have from 12 to 14 clubs enter. Our clubs generally do well in winning awards, usually over 75% win. Please sit down and review all of the awards and see which ones that you might enter. No matter how small or how large, please enter – You never know what place you might win. Lion Bryson Tanner, District Awards Chair. Lion Bryson Tanner at jbtanner@ix.netcom.com



Pin Trader Club of Georgia MD-18 "Pin Trading"

What a great way to meet other Lions and share a common interest. Pins can be traded at Lions Clubs, State and International Conventions and the USA/Canada Forum. Pin swaps, by mail and anywhere else you can think of. The Pin Trader Club of Georgia (PTCGA) will have a room where any Georgia Lion can come and Trade, Buy or Sell Lions Trading Pins. The Pin Trader Room will be open on Friday, 28 May in the afternoon until the start of the Flag Ceremony. It will be open on Saturday, 30 May after the District Breakfast and until 5:30 PM. Bring your pins to trade or buy some of the excess pins that will



**Helen Keller (seated) with
Anne Sullivan in 1893.**



Dear Lion,

I'm writing to share good news. Our net membership growth continued through February, reaching +22,879 compared to +14,042 for the same period last year. New club formation is also surging ahead reaching 1,002 new clubs compared to 841 last year, the best results in 12 years. The momentum continues in March since we've now crossed plus 25,000 in the first two weeks.

While our results are impressive, my Move to Grow theme is really about moving in new directions and responding to the evolving needs of both our communities and our members. Because if we respond to our changing world -- and pursue the opportunities it presents -- membership will take care of itself.

So let me highlight some important new ways in which we are moving.

Eberhard J. Wirfs
International President



Global Membership Team Update

Communication, motivation and direction - GMT area leaders continue in their commitment to share information, energy, and focus with Lions leaders around the globe.

The District Governor Quarterly Membership Activity Report and the District Governor Quarterly Tracking Report will arrive in early October. These reports were developed to assist District Governors in assessing current membership status and to help guide decisions on whether to continue with current growth plans or rethink and reorganize for more positive results.

Move to Grow

Get ready to come out of your dens and roar! **Lions In Sight** is fast approaching.



So, as you hopefully see, my Move to Grow theme is not only about growing physically but about growing in new ways as an organization, to set new sites and goals to achieve, and to move in new directions to ensure we remain the world's largest, most active and attractive service club.

I am convinced that we are moving in the right direction. The results so far speak for themselves. But again, let's continue to move even faster so we can make this the greatest year in our history, one that puts LCI on the path to an even brighter future as we stretch ourselves in new ways and MOVE TO GROW.

- Find out more about the [Leadership Ginkgo Award](#)
- View my [video on "dual strategy"](#)

So again, Lions, let's together come out of our dens and roar... as we "Move to Grow".

Move to Grow Special Highlights

Global Youth Music Competition

The Global Music Youth Contest is gaining great momentum. Finalists for Europe and ISAAME have been selected and the USA and Canada are planning an online contest to select their finalists in February with submissions growing each day. Latin America and OSEAL areas will be selecting their finalists soon. So get ready and get excited for LCI's first ever Global Youth Music Contest in Sydney against the backdrop of the world famous Sydney Opera House. View the [latest information](#) on this year's contest or contact Dane.Lajoye@lionsclubs.org for more information.

Important Information

- See my [Lions in Sight video](#)
- Captain Sullenberger, famed "Hudson River airplane pilot," invited to speak at Sydney
- Watch the [Sydney convention video](#)
- Sign up now for [Lions Day at UN](#)
- View the [New Club Rebuilding Award Info](#)
- Read about [Official Lions Licensees](#)

Important Information

E-Clubhouse

All clubs are being encouraged to develop a web site or update their existing site. Now any club can build a web site very easily using LCI's [E-clubhouse](#) platform, a new service of LionNET and Lions Clubs International. E-clubhouse enables your club to establish a sophisticated Web presence at no cost and with very little effort.

Technology

Even older people like me, or shall I say 'mature' people, can take advantage of new technologies to communicate. In January, I participated in several online webinars - seminars done over the internet - with more than 300 DG Team members in North America, Japan, and South Asia and Africa.

In the course of three hours, over three sessions, I was able to travel across many time zones, from California to Tokyo and back, to interact with our DG Teams without even leaving my office.

I'm now hearing about Lions clubs and districts all over the world that are using webinars, and even online video conferencing, to get more work done and to connect with more Lions. And even LCIF, our foundation, has made more use of technology by raising \$140,000 online for Haiti in a few days and in posting daily updates on our relief work in Haiti.

Family & Women Membership

First, our noteworthy membership results are being fueled by more clubs inviting more qualified women and family members. Women now account for 22% of our membership, surging to over 290,000. And it's happening in every part of the world. For example, I was in Japan last week - where historically women's membership lagged other areas - and was pleased to learn that four multiple districts there are up in membership substantially, and 90% of that is due to women and family members joining our ranks.

And with regard to family membership, we know that in many parts of the world more and more people want to volunteer and serve alongside their family members. It might not be a viable option for every club, but certainly every district should have room for family-based clubs — clubs that might need to meet at different times and pursue different types of service projects that can involve the whole family. It appears that many clubs are responding to this opportunity, since we now have more than 164,701 members, or 12.5% overall, as part of a family unit. [Read more](#) about how family membership works, and its benefits.

Leo Clubs

We've also worked to Move to Grow our Leo clubs, rebranding all the Leo club materials and creating the LeoZone section on our web site. The new materials are certainly more appealing, but more importantly, we are now speaking to young people in their language and in ways they prefer to communicate - especially through the internet. For example, our new Leo Facebook page boasts 1800 members. It's a special place where Leos can come together online, share ideas and connect with Leos in other countries. Leos now also have their own online membership database - the LeoMMR - so we can all communicate better with each other. E-mail Leommr@lionsclubs.org if your district or club has Leo clubs that are not online or for more information on Leo efforts.

"We need you"

We will need our children to become the members of the future but, in fact, we need your family members right now. ["We need you"](#) is the message that must be conveyed to current and prospective members. We need members to invite their partners and spouses to become Lions Club members and we need these new members to energize our clubs and open-up new avenues of service. The best place to look for qualified members may also be the closest -- right in our own homes.

There are many strategies that can help existing clubs grow, such as:

- Inviting more spouses and women through the We Need You campaign.
- Organizing recruiting campaigns using Lions Clubs International's "Best Practices."
- Forming club branches
- Identifying clubs below 20 members in need of special assistance.

We know there are Lions ready to respond. All we need do is ask.





RETENTION

RECOGNITION HELPS BRING MEMBER RETENTION

I recently received a copy of LCI's Membership Initiatives (7/2009). The first LCI Retention focus was on Club Retention Resources, all of which are available on the LCI web site. Among the materials listed was LCI's guidance for clubs to hold New Member Induction Ceremonies and Orientation programs, which I have stressed the retention importance of previously. In addition, the Club Retention Chairperson Manual (PRC 7) was listed. Given the fact that club elections are here for next year, this manual should be given to your new Retention Chair after s/he is elected to your club's three chair Membership Committee.

How Are Your Ratings? This section singles out one of my DG goals from last year: clubs should allow Lions to evaluate their clubs. Indeed, club evaluations also popped up in the President's Retention Campaign Resource section: "For the long-term vitality of a club, Lions must also focus on retaining members. Statistics show that 50% of new members drop out of Lions within the first three years." (Page 1 of 1, Emphasis added) The latter statistic came from an LCI survey of departing Lions. "Why do members leave clubs? Research indicates members leave for the following reasons: 1. Lengthy/boring meetings, 2. Club politics/cliques, 3. Lack of involvement, and 4. Lack of cooperation and not working together." (Page 1 of 1) How will you know what should be changed in your clubs if you don't ask your members to evaluate what you are doing? This information helps to retain Lions.

What I am going to do now is briefly expand the retention importance of two more of the club retention action items I have singled out after finding them discussed in volunteer organization research articles. With the end of our Lions' year approaching, I know that it is the time that clubs will begin recognizing some of their members. That is, Lions clubs typically give one of their members a "Lion of the Year" award, someone may receive a "Melvin Jones Fellow" award, etc. These awards are great! However, what recognition are you going to give the rest of your members? The significance of the latter recognition, especially for new members, is that members who do not get recognition for their volunteer actions are likely to quit being Lions. We should recognize everyone, regardless of how limited their actions may have been!

The second type of recognition may seem a bit strange initially, but clubs should also recognize the spouses and close friends of Lions. In my earlier discussion of club action items I pointed out the importance of strengthening the relationships between new members and other Lions. What clubs need to additionally acknowledge is that Lions hold important relationships with non-Lions and they need to recognize these individuals for their willingness to allow Lions to give up time with them to be volunteers. Negative assessments of Lion volunteerism by spouses and friends will lead to the disappearance of members.

Yours in Lionism, Richard "Dick" Smith



***"We're the New Generation of Lions...
Join Us Today!"***

What can you do as a Lion?

Lions Clubs International has what you are looking for – an opportunity to help people, broaden your horizons and fulfill your goals. Lions membership offers you an amazing spectrum of possibilities. Projects can vary from cleaning up your neighborhood park to helping end river blindness in Africa. Lions clubs provide extensive opportunities for men and women to learn and grow while serving locally and internationally. Lions continue to:

- address needs that are often unmet in their communities, such as teaching life skills to school children, building playgrounds and homes and supporting the elderly
- assist the blind and visually impaired by providing preventive screenings, offering resources and equipment
- reach out to youth through mentoring and educational programs
- raise awareness of health care issues, such as diabetes, hearing loss and vision impairment
- provide disaster relief, including food, supplies and healthcare screenings
- work collectively and individually to build stronger communities

As a Lion, you will make life better for others while enriching your own life in the process. As a Lion, you can make a difference.

Looking For Volunteer Opportunities that Fit your Lifestyle?

Do you want to pursue a leadership role? Would you rather just lend a helping hand when needed? Lions membership offers extensive opportunities for the kind of volunteer experience you desire. You have the option to work on projects that interest you and to undertake leadership roles of your choice.

How Else Do Lions Make a Difference?

Lions support the Lions Clubs International Foundation (LCIF), whose chief mission is to allocate funds and resources to solve major humanitarian challenges worldwide. Together, Lions and LCIF actively work to conquer blindness, provide youth with opportunities, respond to disasters and so much more.

Yours in Lionism,

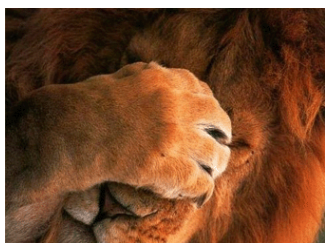
Marlene Humphry
MD 18 Membership Chair



CLUB REPORTS



This is another way of getting Lions in your club, new members and prospective members interested in doing something new and different. Getting involved is another word for **WE SERVE**.



Certain things can happen when your Lions Club gets involved. If we have to find something new – go for it – because the more we raise – the more we can give. Also, the more members who get involved also create a bundle of fun and more money raised. The information that appears may benefit another club – for here is where we get ideas and we might be able to use those ideas within your own club.

Athens Lions Club = Children's Movie Matinee - May 3, 2008. Lighthouse Sight Clinic - Athens Lions Club members help at the clinic on the first Tuesday of most months. Clarke Middle School Leos Club - The Athens Lions Club helps sponsor this active group of young Leos. The Leos have several community service projects each year and are helping restore an overgrown cemetery near the Clarke Middle School.

Auburn-Carl Lions Club = As fund raisers, the Club has had two spaghetti suppers. They participated in the Auburn Fall Festival and sold apples. The Club was able to provide dictionaries to every third grade student in the County through the apple sales at the Festival. In November the Club held a ham and egg supper which provided funds for the December Christmas Dinner, that included the dinner, singing, and gifts for everyone in attendance. Approximately 90 people were in attendance at the Christmas Program. Also, meals were provided on that day to over 50 shut-in citizens in the Community. The Club owns their Club House and provides a meeting place for the local girl scout group and helped them with their annual cookie distribution. The Club gave \$2,000.00 to a family in Winder who recently lost their nine year old son to a tragic illness.

Hartwell Lions Club = The Hartwell Club is going to host a golf tournament on Wednesday, May 12th.

Jefferson Lions Club = ACTIVITIES: Eyeglasses collected - 12 used eyeglasses, and 6 cell phones. PANCAKE SUPPER which was held March 20 was huge success. 29 Lions worked at the supper, totaling 178 man hours. The club served 277 adult meals and 56 children. Four of the cell phones and 1 pr. eyeglasses (reported above) were collected at the supper. Profit to date is \$1,460.36 (money still coming in). Vision screening: 13 adults and 16 children. 7 adults and 4 children failed the screening. Lions coloring books and crayons were distributed to all children attending the supper. Outback gift card presented to Lion Larry Briggs for selling the most tickets: 70 tickets, and a Publix gift card to Lion Bill Legg for selling 68 tickets. **EASTER EGG HUNT:** The Club will hide eggs for the annual Jefferson Easter egg hunt on Saturday, April 3. **WHITE CANE DAY:** Is scheduled for Saturday April 17th. **MEETINGS:** March 8 was a regular meeting with 23 members present, plus 1 guest. Dr. Michael Helms, Pastor of Jefferson First Baptist Church, told about his trips to Liberia as well as a book he authored **Hoping Liberia**. Ricks Institute is a school in Liberia, where Dr. Helms' friend Olu Menjay is the Principal. All proceeds from book sales go to "Bricks for Ricks," and will be used to purchase a brick making machine. The bricks will withstand earth quakes up to 8.0. March 9, Zone meeting at Golden Corral in Winder. Zone Chair Dot Hunt took six Lions from Jefferson to attend the meeting. March 14, Cabinet meeting in Dawsonville. Four Lions from Jefferson attended. March 22 was a regular meeting with 25 members present, plus 1 guest. Doug Thurman, Jefferson High School Head Wrestling Coach, talked about the activities of JHS wrestling. The team has won 10 consecutive traditional championships and 9 consecutive State Dual Championships. Wrestling gives the boys strength, endurance, and tenacity. **Nominations** for 2010-2011 Officers were submitted to the membership. Elections will be April 12. Lion Dwayne Ansley, Lighthouse Associate Director, gave a report from the Lighthouse.

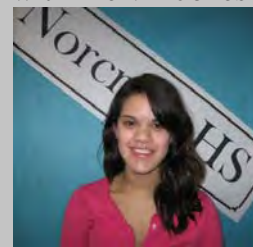


Dr. Helms, pastor of Jefferson First Baptist Church while he was talking to club March 8th.

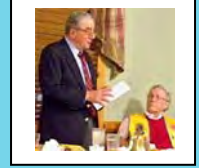
Lavonia Lions Club = LAVONIA LIONS ARE PLEASED TO WELCOME NEW MEMBER CHAD SAXON. CHAD IS BEING SPONSORED BY LION DAVID HOWELL. FOR OUR MARCH PROGRAM, FRANKLIN COUNTY MANAGER BILLY MORSE, SPOKE TO US ABOUT BUSINESS GROWTH AND FUTURE PLANS FOR THE COUNTY. THREE MEMBERS, MARGARET AYERS AND PRISCILLA AND JIM GOTHARD ATTENDED THE CABINET MEETING IN DAWNSONVILLE. WE TURNED IN 166 USED GLASSES, 62 CASES, 26 LENS AND 34 CELL PHONES. WE ARE LOOKING INTO EXPANDING OUR COMPUTER PROJECT TO INCLUDE THE SIGHT IMPAIRED. WE WILL CONTINUE TO PROVIDE COMPUTERS TO ELEMENTARY AGE CHILDREN WHO ARE UNABLE TO HAVE ONE IN THEIR HOME. WE WILL HAVE A BOOTH AT THE LAVONIA SPRING FESTIVAL TO SELL MOPS AND BROOMS AND TO COLLECT FOR WHITE CANE.



Norcross Lions Club = Student of the Month for October Erika Miranda received Student of the Month Certificate and a \$100. DG Grace Clower attended our meeting and presented Lion Warren Anderson and Lion Barry Stouffer with Melvin Jones Fellowships.



Loganville Lions Club = Mayor Ray Nunley spoke to the Loganville Lions at a recent meeting at the Journey's End Restaurant in Loganville. Mayor Nunley spoke about city accomplishments during his first year as mayor and plans for the future. Probably the most important effort currently underway is the effort to increase the Business tax base in the city, according to Mayor Nunley. He said the current tax base is 70% residential and 30% business and it should be the other way around. To work toward accomplishing this, the mayor has established the Business Advisory Committee made up of 12 business and community leaders headed up by Stacy Jones of Walton Regional Medical. Other plans include continuing the Loganville Autumn Festival and reinstating the Christmas Parade in conjunction with the lighting of the City's Christmas Tree in 2010. Pictured are Mayor Nunley and Lion President Ben Johnson.



This is a follow-up to the previous e-mail re. vision screening by Loganville Lions. Pictured are two children who are being screened by Lion Dan Curry (at the machine) and Lion Neal Byrd assisting. The children's names are Sam- 4 and Hunter - 9

On Saturday, February 27th the Loganville Lions Club held a free sight screening at the Loganville Medical Center. The Medical Center provided the space for this event. A total of 29 patients received screening. The event was overseen by Michael and Kathryn Higgins representing the Georgia Lighthouse Foundation. The Georgia Lions Lighthouse provides vision and hearing screenings for groups and events throughout Georgia. These screenings help educate individuals about their visual acuity, risk for eye disease, and to judge any hearing loss they may have suffered with age. Results are provided to the Georgia Lions Lighthouse for follow-up when required. Pictured are some of the Lions participating. From left are Loganville Lions Randy Broner, Wayne White, Dan Curry and Neal Byrd with Michael & Kathryn Higgins in the middle.



The Loganville Lions were privileged to have Sheriff Joe Chapman speak at a recent meeting. He made a very interesting talk, emphasizing some recent salient items in Walton Co. law enforcement. Among these were the opening of the new State Patrol post south of Monroe and the use of ankle bracelets to help with space limitations in the country jail. The Sheriff's office also has a program to use inmates in road maintenance and is asking citizens to call the office if they need help in picking up roadway litter. The department currently has 196 employees. Pictured are past Lion President Gene Knight and Chapman.

Lawrenceville Lions Club

= **April – June Free Vision Screenings** We had 3 people attend the Zone Orientation Program. We have dates for White Cane Day. We have our annual Vidalia Onion Sales under way. We collected 223 used eyeglasses and 780 lenses.

Snellville Lions Club = Service Projects: Club collecting food items at all meetings for Snellville and Lilburn food banks. Several members work at the American Diabetes Association Expo at the World Congress Center in Atlanta. 3 Lions went to work weekend at Camp for the Blind. 1 Lions employer donated a washing machine and 2 dryers to the Camp. Had Appreciation Night for Lion Herb Dalton with all members Signing pictures given to him.



Toccoa Lions Club = The Toccoa Lions Club host the “Chilly Open” at the Pines Golf Club



On a beautiful spring-like day, with birds singing and the temperature in the 70's, the Toccoa Lions Club hosted its annual golf outing. Two things made this “Chilly Open” different from previous outings. First, the weather defied the odds and we had sun and temperatures in the 70's. Second, “Adaptive Sports” rules were included in the tournament that allowed visually challenged people to play golf.

Pictured here are from l-r PDG M.C. Stowe, Past President & Tail Twister Dave Stancil, Director Kevin Vanderhoef and standing is 2nd V.D. Governor and president of Towns County Lions Ken Fuller. Ken's team came in second in our tournament with a twenty under par score. Bill Graham the Toccoa bulletin editor and web master was our only blind player in the tournament. Adaptive Sports rules have been developed for many sports. For golf, the rules allow the “blind” golfer to have a coach. The coach helps align the golfer and obviously has to keep track of where the ball goes. Other rules involve audible cues and ball improvement rules. Nine teams competed in the tournament. To add interest, the course was played backwards. Prizes were given to the first place team, the last place team, closest to the pin and longest drive. Toccoa Ford sponsored a hole-in-one contest for a Mustang Convertible.



The Toccoa Lions club met at noon on the campus of the Toccoa Falls College. The meeting was in the Presidents dining room. There were 28 members present. Our speaker and guest this day was Rev. Allen Coker of the college. He told us of the progress being made on the rebuilding of the Gate Cottage Dining facility. It will seat 200 diners when completed. In the reconstruction builders were able to use some of the decorative rock which was part of the original building. He told us that visits can now be made to view the progress made. It will still be several months before the facility can reopened for service. There were several offices utilized by professors which were destroyed by the fire but due to contributions construction of space for their use has been accomplished on another site on the campus. The bookstore will be larger and will be located in the cottage facility as before.



Towns County Lions Club = 70th Anniversary Night, Saturday, April 10, 2010.

Union County Lions Club = **Sight Conservation:** 3 applications for eye glasses & exams approved. **Lion Mints:** Combined February & March for total of 800 rolls of Lion mints dispensed. **Social Concerns:** 2 birthday cards; 2 get well cards; 4 anniversary cards & 4 thinking of you cards mailed. Total: 12 cards. **Lion and friends and family volunteer hours:** 277 hours. **Membership:** two applications approved. They were Sally Honeycutt & Elaine Cantrell. **Donations:** none except paid out \$330.00 for the 3 pair eye glasses & exams. **March 11, 2010. Regular Union County Lion meeting** - New Lion Sally Honeycutt inducted by PP Gene Little. Lion Sally's sponsor is Lion Mary Arnold. Guest speaker for the evening was Ms. Pat Gray who spoke on Reverse Mortgages. Ms. Gray is a Reverse Mortgage Specialist. She spoke on what is a reverse mortgage & why get one, who is qualified, how reverse mortgage is repaid, how much money is received & how it is it is received. Many people are resorting to these reverse mortgages in this present economic crisis. A question and answer time followed. White Cane Co-Chair shared with those present the White Cane Proclamation for White Cane Days of April 9th & 10th signed today by Commissioner Lamar Paris. Check out the Union County Lions Club's web site at:

<http://lionwap.org/eclub/sites/UnionCountyGA/>

Thank you President Lisa Little!



Dacula Lions Charter Night



Young Harris College Cathy Cox and Rick Davenport with President Lisa



Lion Karen with Union County White Cane Proclamation



Guest speaker Pat Gray gets Pres. Certificate



The M&M sisters homemade basket



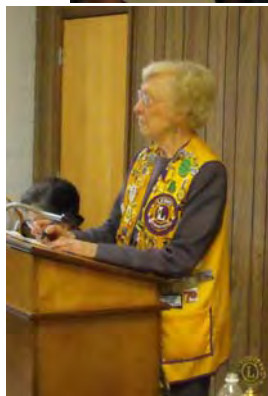
New Lion Sally Honeycutt with sponsor Lion Mary and Lion Gene

West Jackson Lions Club = No one from the West Jackson Club was in attendance. President Lion Bill Lott was not able to attend because of illness. However, Zone Chair Dot Hunt had visited their Club on February 18, 2010, and gave a report for them. At this February 18 meeting, Dr. Templeton, a local optician was guest speaker. He supports the West Jackson Club by giving eye exams and providing eye glasses at a very reasonable rate. The Club provides at least two pairs of glasses each month to the needy in the Community, particularly senior citizens and children.

Winder Lions Club = President Darrell reported on their fund raisers by their Club. They have Bingo every Friday night. They had a canned food drive in December, and over 200 cans of food was given to the local food bank. Since December, the Club has provided 13 pairs of eye glasses and eye exams for needy citizens in the local Community. Dictionaries have been provided to Statham youth by the Winder Club. The Club has inducted two new members in January and two in February of this year. They now have a total of 38 Lions Club members.

Winder Noon Lions Club = Lion President Bob gave the report for the Winder Noon Club. In December the Club co-sponsored a Christmas party for 90 needy boys and girls in the Community. The Club donated 12 bicycles for this occasion. The Club co-sponsored along with Wal-Mart at Christmas in donating 437 Christmas gifts and over 60 bicycles for needy children in the Community. Club members have helped with two blood drives at Barrow Regional Medical Center. They took part in the Winder annual Xmas parade. They have recently had a fund raiser by selling pecans to provide funds for the local boys and girls Clubs. They have pledged to the Light House Building Fund. They have inducted two new members in February. They have collected 619 pairs of glasses, 17 cell phones, and 6 hearing aids. Three Club members have participated in a local TV program. In July and in October they helped with two food pantries. They provided 170 dictionaries to the County-Line Elementary School. The Winder Noon Lions Club has asked that we share with all Lions Clubs the attached brochure reference their Annual Charity Golf Tournament scheduled for Thursday, April 22, 2010. Please let your members know about this event.

REGION 1 joint ZONE Meeting = A combined zone meeting of zones one and two was held tonight in Lavonia, GA community center building. Zone chairs Angela Helwig and Margaret Ayers ran the meeting. District governor Grace Clower was present, as was past district governor Dick Smith and 2nd vice district governor Ken Fuller. More than sixty people attended the meeting and enjoyed a dinner catered by the Ty Cobb food service. PDG Dick Smith presented Jim Gotthard from the Lavonia club an overdue award for his service under Dick's administration. Dick also presented Virginia Veers of the Royston-Franklin Springs club a plaque for greatest net growth of any club in the district in 2007-2008.



Cleveland Lions Club will be held April 17th



I'm pleased to announce that our young artist; Nabila Islam of Chamblee, GA created the poster sponsored by the Norcross Lions Club and submitted by District 18D Governor Grace, that was selected by the judges to be submitted to LCI as the MD-18 Peace Poster.



**We're Waiting =
have you ASKed?**

Did you submit yours?

E-mail = edmcionh@bellsouth.net or

Go on-line = www.edmcion.com/ or

First Annual District 18-D Sing-Off

Message from Dist Gov Grace Clower

I know that we have some talented singers in our district. I would like to hold a competition at our final Cabinet Meeting and Picnic in Helen in May, 2010. Clubs may enter the competition by forming a singing group of two or more Lions. They will perform one song at the Cabinet Meeting in May. We will have donation jars for each group. The Lions attending the Cabinet Meeting will contribute to their favorite group, and the group with the most money collected will win the First Annual District 18-D Sing-Off. Start now forming your group and practicing. I think we can really have a good time with this. Let me know if you will have a group to enter the competition.

Adaptive Sports rules for blind golfers

Next year we hope to challenge other Lions Clubs to field a team in the Chilly Open with a visually challenged player.

If any of the other Lions Clubs are interested in Adaptive Sports rules I will be happy to share what I have found. I have done some research, attended an Adaptive Sports Seminar and I have worked with the USA Blind athletes association on developing Adaptive Sports rules for blind golfers for the Chilly Open.

Let me know if you have any questions or need additional information.

Bill Graham

blueberryfarm@windstream.net



* * * * *

<http://lionwap.org/eclub/sites/UnionCountyGA/>

We have a website in the works!!! Please check it out and give me your thoughts and ideas. It is a FREE site thru LCIF so I'm limited somewhat to space and options. But I've worked on it so far for 3 days and have made good progress but still learning. I learned today that I can only post 10 pictures so I will re-do the photo's page and see if I can post more pictures on other pages. The pictures I used were simply what I had quick access to during this learning process. I did learn today how to pull logo's onto our site. They add style and advertise things that are important to our club.

OK.....please mark this page under your favorites and check it often for Club updates and information. The Calendar will be a very helpful tool for all members!

I never claimed to be great on the computer so be kind to your president.....she tries!

LION LISA

* * * * *



Lions on YouTube, MySpace, Twitter and More

Did you know Lions are all over the Web? Social networking is a great way to contact and keep in touch with Lions around the globe and to share what Lions are doing to make the world a better place. [Visit the online community](#) to connect with other Lions on MySpace, Facebook, Twitter, LinkedIn, YouTube and Flickr.



GA. Lions Lighthouse
VP Lion Mike Higgins, PDG
mhpdg@windstream.net

Check out the new **Lighthouse Video**
Click here to view the Lighthouse Video!

<http://www.eventstreams.com/lighthouse/010fst/>

Brian McCann Joins the Capital Campaign Team

With the support of the Georgia Lions, we are over one-third of the way to our \$2.75 million goal! Over a million dollars have been raised for our capital campaign. In addition, Atlanta Braves catcher Brian McCann agreed to be our honorary campaign chair.



McCann suffered from blurry vision last year after a LASIK surgery in 2007. He was only able to continue playing professional baseball because of a special pair of glasses made to fit under his mask and to give him peripheral vision.

"Losing my sight could have cost me my job," he says. "Fortunately, I had access to quality eye care that kept me in the game and doing what I love. Each year, the Georgia Lions Lighthouse helps thousands of Georgians to see and hear the sights and sounds that help them to be productive and fulfilled. Please support their efforts."

We are excited about the addition of McCann to our campaign team. Keep an eye on our new website video with McCann's reasons for supporting the Lighthouse's capital campaign. To learn more about the campaign and discover where the funds are contact Kyle at 404-325-3630 x 334 or at kgalenski@lionslighthouse.org.



Service Numbers

From July to December 2009:

2854 Georgians received **4448**

points of service through our mobile clinic program.

1454 people have better vision after receiving a pair of **glasses**. **174 recipients** were from **18-D**

295 eye surgeries were performed. **35** were from **18-D**

933 Georgians received hearing aids through the dispensation of **1700 hearing aids**. **128** were from **18-D**

Demand for all services is up **30 percent** over last year.



The Lighthouse Capital Campaign



"Each year, the Georgia Lions Lighthouse helps thousands of Georgians to see and hear the sights and sounds that help them to be productive and fulfilled. Please support their efforts."

Brian McCann
Honorary Campaign Chair
Atlanta Braves Catcher

Lighthouse Launches New Website

The Lighthouse Foundation launched a new website in January. It is still at www.lionslighthouse.org but it has been redesigned and reorganized to be easier to navigate for clients, donors, and volunteers.



White Cane Days are Upon Us!

White Cane Days are in full swing! We would like to thank the many clubs who have already hosted White Cane events to help fund your Lighthouse's eye surgery program. The goal this year is to raise \$167,500 through the program.

So far, we have received White Cane goals from eight of 18D's 43 clubs. We use The White Cane goals to help set the surgery budget for the year, so it would be Very helpful if they were submitted as soon as possible. You can submit your club's White Cane chair and goal online at www.lionslighthouse.org/lions (then click on "White Cane" on the left).

Go Green with Your Fundraiser! Support the Lighthouse and help clean up your community with recycling drives. Fundingfactory.com will buy your businesses' used ink cartridges. Pirkle, Inc buys and recycles aluminum cans and used appliances. They can be reached at 404-525-1464 or online at pirkleinc.com. You can also recycle used electronics and jewelry at www.greenrecycling-fundraiser.org

Need Help with a Grant or Press Release? If you are writing a grant request or press release, and you would like service numbers or success stories from your area, please contact Kim at kfletcher@lionslighthouse.org. Thank you for all you do for your Lighthouse!

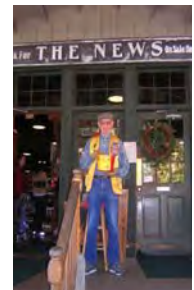
WHITE CANE EMPHASIS IS APRIL, but don't wait until then to start planning your club's participation. A few clubs report they are too small, or they are rebuilding, or not sure how to hold a White Cane Drive. NO club is too small (or too large) to participate. A White Cane Drive can be a terrific incentive for a rebuilding club. So, how about some ideas on how to begin or improve your club's efforts.

Here are some ideas:

- * Place plastic jars on check-out counters of convenience and fast food stores. This could be done 4-6 weeks in April and can be handled by 1 or 2 Lions. Special jar lids and decals are available through White Cane Days, Inc.
- * Write letters to businesses of your community soliciting donations. Then follow up with a personal visit.
- * Hold a pancake breakfast, chili supper, chicken BBQ, or other project designated for White Cane.
- * Get publicity through having a community leader (mayor, administrator, or commissioner) sign a proclamation declaring your club's White Cane Drive and publishing it in your local newspaper.
- * If you have a Wal-Mart, K-Mart, Kroger's, or some other large retail outlet, approach management about a matching grant for White Cane.
- * Utilize your White Cane efforts to educate your community about the Georgia Lions Lighthouse in general, and your club in particular. You may be able to recruit a few new members.

Help Us Use our Recycled Glasses

District D
Judy Stamsen
770-995-9274
eskiemom@bellsouth.net



White Cane Butter Mints
45.00 per 1000
Miniature Plastic White Cane
65.00 per 500
Punched Card
14.00 per 500
Order from Lions of Michigan
(517) 887-6640



Save the Date
April 22, 2010
Mason Murer Fine Art Gallery

NIGHT of SPECTACLES
an eyewear fashion event
...the uninsured

Celebrate Earth Day in Style! + Help the uninsured!

Outfits made from recycled eyewear?
This unique fashion competition is fierce!

Break out your cocktail dress and get ready to party:

- Silent Auction that is full of vacations, LASIK surgery and more...
- Heavy Hors d'oeuvres from Bold American Catering
- Wine and Spirits provided by National Distributing Company

Georgia Lighthouse Report

Contributions: MD18 Club Contributions and other contributions to the Lighthouse total \$118,256.57 for the first seven months compared to \$108,306.01 for the same period last year.

District 18-D contributions to the Lighthouse for the first seven months are \$25,186.48 compared to \$26,159.42 for the same period last year. Thirteen (13) Clubs out of 26 Clubs in 18-D or 36% of the Clubs have made regular contributions to the Lighthouse.

For your information, twenty-two counties make up District 18-D and I am pleased to report that needy citizens from all 22 counties were served by our Lighthouse by providing them with eye exams and glasses, hearing aids, and surgeries. This was accomplished by the Clubs in 18-D. I am confident with 100% support of all Clubs and the support from individual Lions, 18-D will once again play a large part in the support of our Lighthouse.

Vision Clinic Report: The Lighthouse has served 1894 individuals in the first seven month of this year at the Vision Clinics compared to 1632 individuals served for the same period last year. One hundred sixty-five (165) needy individuals from 18-D have been served by our Vision Clinics in the first seven months of this year compared to 101 individuals for the same period last year. Funding to operate the Clinics come from Grants. The total cost to operate the Clinics for the first seven months of this Lion's Year is \$64,146.69.

Hearing Aid Program: In the first seven months of this year, the Hearing Aid Program through our Lighthouse has touched the lives of 552 individuals by providing 1015 hearing aids compared to the 500 individuals for the same period last year by providing 925 hearing aids. Fifty nine (59) needy citizens from District 18-D have received 109 hearing aids in the first seven months of this year compared to 67 people receiving 123 hearing aid for the same period last year.

Surgery Report: During the first seven months of this year, the Lighthouse has completed 160 surgeries compared to 227 surgeries for the same period last year. Thirty (30) of our neighbors in 18-D have had surgeries in the first seven months of this year compared to twenty three (23) for the same period last year.

Surgery numbers are well below last year's for several reasons. We have overspent on surgeries last year and knew we could not do as many this year. Surgeries are now more expensive because we are paying for initial evaluations.

PDG David Sargent, 18-D District Chairman for the Capital Campaign

* * * * *

Thank You Committee Members!

We met our initial goal of \$100,000 in Pledges for the GLL *Bring The Future Into Focus* Capital Campaign by March 1. We currently have \$109,150 thanks to 16 clubs and 23 individuals in our District. With your help, we have contacted about 20 clubs during this time and still have a few that have not yet responded.

Our goal now is to have 100% club participation in our District and reach \$125,000 - \$150,000 by State Convention in May. To do this we must contact the other clubs on a personal basis. Please take a look at the list below of the clubs that have not responded or have not yet be personally contacted. Please let me know if you plan to contact one or more of these clubs or if you have already contacted the club. I will have new brochures to prepare a package for each club as needed. Just let me know if you need packages or other literature.

I have two club presentations planned at this time including the newest club Dacula. I know a few other clubs have invited some of you to make presentations. We also have some Zone Meetings left where we can make contact .. if they attend.

Thank you again for making this a successful District D Capital Campaign. I welcome your thoughts, ideas, or suggestions on how we can reach our goal by State Convention in Tifton.

Thanks,

David Sargent, PDG, PLP
Chair, District D Campaign Committee



GA. Lions Camp for the Blind
Thois Masters, PDG
tstmasters@windstream.net



To Our Fellow Lions:



"RIPE FOR CHANGE"

Recently I have been thinking a lot about this coming summer, and I am so excited! I have been thinking about the new adventures and skills we are going to teach through geocaching. I have also thought about how excited every camper will be when painting their projects to decorate the cafeteria. I have thought about the moments that will surely come this summer when sleep will elude me, and my tired body will crave a "long winter's night." I imagine what it looks like to take a visually impaired camper onto our new low ropes course and allow them to get acquainted with the wires. I envision seeing their smiles, and hearing their roaring laughter. However, what I look forward to the most, are the after camp stories that trickle in all year long. I love hearing how some brave action or life change was sparked at camp and then was acted upon when campers returned home. In those moments, you know that what you invested in another person mattered, and it changes lives. As we start the 2010 camping season this year, we are ready to face new challenges head on; we are "Ripe for Change."

Forward,
Kristen

Why are we the best camp built for the visually impaired?

The Georgia Lions Camp for the Blind is like no other camp in Georgia. Here, disabilities fade into the background. We empower those who are struggling; we encourage the pursuit of dreams. We play like there is no tomorrow while providing a physically and emotionally safe environment at all times. We do it because we are the Georgia Lions Camp for the Blind, and together, that's our mission.



THE GEORGIA LIONS CAMP for the Blind

Upcoming events are:

Work Weekend - April 16-18, 2010



Project List

1. Dining Hall Exterior siding work
2. Clean up for ropes course
3. Walking line to climbing wall & fish pond
4. Paint inside gazebo walls and take up carpet
5. Fix all torn shingles on all buildings
6. Take up and put down new staging area fence
7. Sand and paint swing sets
8. Replace 1x4 porch on staff lounge
9. Paint girls sitting area
10. Dig up clay and put down 1x4 border on back left side of office
11. Paint all benches for ropes course
12. Build four 5gallon water stands
13. Fix clothes line (tighten line)

Please let us know if you are planning to attend. We need to know the days you are actually planning on being here as well so that we can make sure we have enough food and beds

Dear Lions,

Work Weekend is right around the corner (April 16-18), and I'm looking forward to working together with everyone again. As you can see from the list above we will be quite busy. The dining hall will require most of our attention since the bottom two feet of the old siding will be removed, and that entire area will be prepped for new siding to be attached. If you have any tools (i.e. hammers, skill saws, battery-powered or corded drills, extension cords, etc.), please bring them in case extras are needed. Be sure to have all your items identified so they aren't mistakenly lost. Also encourage as many Lions as possible to come since this will be a huge undertaking.

Respectfully,
Bobby Willis

Camp for the Blind 2010 Wish List

Carolyn's Office List

Forever Stamps
Post-it notes
Copy paper
Paper clips
Full length Mirror
Tablecloth with our
emblem on it*
Cute get well cards
2 large planter containers

Kristen's List

Life jackets*
Foam Juice*
GPS Units*

Bobby's Building and Grounds List

Paint for buildings*
Ant Poison
Cases of tractor grease
Air conditioning vents
20 Dogwood trees
22 Blue Rug Junipers
Angled paint brushes
White Paint
\$500 to lay carpet in Staff Lounge
John Deere Gator

Gift Cards

Lowes
Wal-mart
Staples

Things We Always Have to Buy

Toilet paper
Paper towels
Paper plates
Bleach
55 gallon yard trash bags
Yellow legal pads
15- 3" Clear View Binders*
Hand sanitizer
Lysol
Tylenol
Advil

*Please contact the camp before buying this item as there are very specific items needed.



2010 Schedule

- Session 1: Family Camp (age 4-9) June 13-18, 2010
Session 2: Pre-Teens (ages 10-13) June 20-25, 2010
Session 3: Young Adults (ages 18-25) June 27-July 5, 2010
Session 4: Adults (ages 26-50+) July 9-16, 2010
Session 5: Teens (ages 14-17) July 19-30, 2010

Two New Camp for the Blind Fundraisers

BASKET SILENT AUCTION



A Tisket, a Tasket, a green and yellow Basket...a poem of our youth, a song by Ella Fitzgerald, or a project of the Camp Fundraising Committee? For some fun and to raise some money for our Camp, we would like to have a Gift Basket Silent Auction during the 2010 State Convention. We are requesting each Lions Club to brainstorm and pick a theme to use in filling a basket to be included in the Silent Auction. Possible ideas to start you thinking are: a bird basket with a birdhouse, book, food, a bird figurine; a beach basket with sunscreen lotion, beach towel, shells, maybe a motel room at the beach; a particular food, like Chinese with a cookbook, Wok, rice, etc; fishing; golf;

gardening; auto care; football; college; art supplies; booklover; sweet tooth; dog lover; cat lover; etc, etc, etc. Once you start brainstorming, the ideas are endless. Everyone has an interest in something and will bid on the baskets that strike their fancy. If you include a commercial service, please consider a business with locations all over the state. We would like to have baskets of all value. Please put a list of items that are in the basket on the outside so everyone will know exactly what is in it. Also, let us know your value. We are thinking a minimum of \$25 but we will not turn down any. We know of one basket being collected that will be \$200. We will have a wonderful display on Friday and Saturday at the State Convention for you to come by and place your bid. Winners will be announced Saturday afternoon so the baskets can be picked up before leaving Tifton. This project can only be successful with the help of your club and its participation. Have some fun preparing yours. We look forward to seeing the results. A REMINDER!! Has your club prepared a Themed Gift Basket yet for the Camp Silent Auction to be held at the State Convention? You still have time to brainstorm for a theme, shop for the items, prepare the basket, and bring it to the Convention in Tifton. If you need help getting your basket to Tifton, you can contact your District's Camp Vice President or Fundraising Committee member: District D – Sylvia Masters. We do request that you tape a list of the items included on the outside of the basket so Lions will know exactly what they are bidding on. All values will be accepted. Please fix a basket for us and help raise money for our Camp!

Grand Tour of Georgia Motorcycle Event



This is going to be an interesting and fun event. This event will last from April 1st until the end of September. Motorcycle riders will purchase a passport book for \$35 to 18 locations throughout Georgia. Lions have that time frame to ride to at least 15 of those locations to be successful and obtain a pin/year tab for our vests. We have budgeted \$35,000 worth of revenue from this event.. The flier for this event **is on the next page** and we will need for all the Lions of Georgia to get those out to Motorcycle Shops and Groups/Clubs throughout the State or even in other States. **YES, if you wish – cars or any moving vehicle is included.**

Please stay tuned. The Fundraising Committee consists of Lions David White, District D - Sylvia Masters, volunteer. Please participate and help us raise money for our Camp.



2010 Grand Tour Of Georgia hosted by the

Georgia Lions' Camp for the Blind, Inc.

Ride your Motorcycle*, see the great State of Georgia and help a blind child go to Camp! Enjoy a summer of riding experiences and help that same child gain a lifetime of confidence and experiences as well!

Purchase a Passport Book for \$25.00. This Passport Book is loaded with 19 scenic and historical locations throughout the great State of Georgia.

Ride to 15 of 18 optional locations and one mandatory location between April 1, 2010 and September 30, 2010. Record each visit with a photo, submit your record of visits and you will receive a Grand Tour Pin/w 2010 Year Tab and a Certificate of Completion. Those successful riders will also be able to purchase a 2010 Grand Tour of Georgia Tee Shirt.

*** Those wishing to partake in the Grand Tour of Georgia that do not ride motorcycles may do so. The same rules will apply.**

To obtain a Grand Tour of Georgia Application visit the Georgia Lions' Camp for the Blind's Website at GLCB.org or call (888) 297-1775 (Ga. Only) or (912) 283-4320 from 8am – 5pm Monday – Friday.

Ride Safe – Ride to Help Others!



Leader Dog Chair Lion Diane Wall
liondianewall@bellsouth.net

Fellow Lions:

- **A Young Man On The Move**
- Being Deaf-blind Isn't a Disability for Jason, By Guest Writer Peggy O'Dell



Jason Corning with Leader Dog "Spencer"

Leader Dog graduate Jason Corning has visited his favorite city, Washington D.C., many times. In 2007, he even completed his college internship there with the Department of Homeland Security. Like many visitors to D.C., Jason and his Leader Dog "Spencer" toured the White House, visited the monuments and soaked up the history. But on a special trip last summer, Jason did something that most people can only dream about: he met with President Barack Obama in the White House.

As the recipient of the Wisconsin Council for Exceptional Children "Yes I Can" award, Jason was one of six young adults invited to meet the president. The day began with a private tour of the White House, which included rooms that are not part of the public tour, and ended in the Oval Office.

The President was waiting in the doorway of the Oval Office to greet them, and Jason was the first to meet him and shake his hand. "He is taller than I thought he was, and he has a nice smile," Jason recalled.

President Obama congratulated the group on their accomplishments, and pledged the support of his administration to the Deaf-blind community. Jason thought that even Spencer sensed what a special occasion it was. "He just stared at the President like he honored him too," Jason said. Spencer was rewarded with a presidential pat on the head.

At 23, Jason is a young man on the move. As a student at the University of Wisconsin-Whitewater, he spent time studying in Ireland, and found the Irish to be very welcoming to people with disabilities and their service dogs.



Jason and Spencer were privileged to meet President Obama at the White House.

"The Irish people treated Spencer like he was a person," Jason said. "They didn't come up to him and start to pet him or make comments, and they didn't mind him sitting on a seat in the bus, sleeping in a public hostel bed, or parking in a private garden." One tour bus driver even produced a blanket for Spencer to lie on to make him more comfortable.

At home, Jason travels the country working with teens and young adults at Deaf-blind camps, schools and conferences. From rainy Seattle to sunny Georgia, Jason enjoys his role as mentor. "I want to spread the word that Deaf-blind people have value," he said. "And help them to get into the real business world like 'normal' peers and become successful."

Jason received his Bachelor's of Business Administration degree in May 2009, and shortly after began interviewing for a position with the federal government. He is not allowed to disclose any details yet, but he has received a Conditional Job Offer. "A CJO means that they offer you the job but it's not official yet until the clearance is complete," Jason explained.

If all goes well, Jason will be packing up and moving to Washington D.C. permanently. One of the many things he likes about the city is how easy it is to get around. "There are so many options of public transportation, like the metro, city bus, and train," he said. Perfect for a young man on the move.

* * * * *

- o Nine New Future Leader Dogs
- o C-Section Delivers All Safely

Just like humans, there are times when a mother and offspring are better served having a scheduled cesarean section delivery. Recently, we completed a planned c-section on one of our female breeding stock dogs, Sophie. There were more pups than anticipated, and all were slow to revive, so many team members were needed to keep all the pups, and mom, safe.

The c-section team included Danielle Dockter, Jacqueline Schniete, Sandy Frick, Barb Upmeyer, Carrie Pryce, Dr. Kelly Wilson, Ethan Wilson, Dr. David Smith, Debbie Komondy, and Ellie Carlson.

Once the procedure was complete, the pups cuddled together and promptly took a nap.



C-section team



Leader Dog team members Ellie Carlson and Barb Upmeyer successfully revive a newly born pup.



Pups cuddling

* * * * *

Helen Keller and the Lions

On June 30, 1925, Helen Keller addressed the Lions International Convention. Her compelling speech set the Lions on course to work tirelessly to aid people who are blind and visually impaired.

Helen ended her address with the following appeal. Would you have been able to resist her request?

"Will you not help me hasten the day when there shall be no preventable blindness, no little deaf blind child untaught, no blind man or woman unaided? I appeal to you, Lions—you who have your sight, your hearing, you who are strong and brave and kind—will you not constitute yourselves Knights of the Blind in my crusade against darkness?"



From the desk of State RFB&D Chair Lion Steve Helwig lion.swampthing@gmail.com

RFB&D's New Website

New Design, Easier Access



We are proud to announce our newly designed [RFB&D website](#)! Features include: intuitive navigation, updated graphics and direct access to our more popular sections.

Support Record-A-Thon!

Become a Volunteer! Become a Sponsor!

RFB&D's National Record-A-Thon will be held during the week of April 19th in recognition of National Volunteer Week's "Celebrating People in Action." (Check your local RFB&D studio location for specific dates and times.)



EASIER AND MORE FUN THAN EVER: A new fundraising website is now available for you to help support this national event. Create your own fundraising pages, set your personal goal, collect donations and track your progress. Invite friends and family to get involved. [Get started today.](#)

One in seven Americans (or 15% of the U.S. population) has some type of learning disability, while just 57% of students with learning disabilities graduate high school. Our student members need your help!



Judy Stamsen CCI Chair
eskiemom@bellsouth.net

Calm in the Storm



"Caspin helps me help myself," shares Canine Companions Graduate Wallis. Caspin is Wallis' Canine Companions service dog.

"He can retrieve my phone and other dropped items, pull my wheelchair and open doors for me," she explains. Wallis has a condition known as

dystonia, a disease that causes her muscles to spasm spontaneously in what is known as a dystonic storm. During a dystonic storm Wallis' muscles will spasm and stiffen for anywhere from fifteen minutes to 4 hours, leaving her barely able to move and physically exhausted. Wallis and Caspin were running errands at the pharmacy one day when a dystonic storm came on suddenly.

"I was at the register when the storm came, and I couldn't move. Caspin helped me pay the cashier, get the bag from the cashier and pulled my wheelchair all the way out of the store, so I could leave the store gracefully," says Wallis.

Like many Canine Companions graduates Wallis supports Canine Companions by participating in demonstrations and presentations.

"While I love promoting Canine Companions in its entirety, I particularly enjoy presenting about the Hearing Dog program."

Wallis continues, "I think my passion for the Hearing Dog program comes from my desire to make this area of Canine Companions more well known, because I have many close friends who have benefited so much from having Canine Companions Hearing Dogs."

This past summer Wallis completed an unpaid internship with Canine Companions for Independence. "I wanted to learn more about the fantastic organization that provided me with Caspin, and I wanted to give back to Canine Companions as much as possible," explains Wallis. Wallis was hard at work every day. Always ready and eager to do whatever she could. She worked on projects from legislation to caring for dogs in training.

"I helped out wherever I was needed. I left having learned more about Canine Companions than I ever imagined, and having established some wonderful relationships," says Wallis. Wallis and Caspin are one of over 3,200 graduate teams from Canine Companions for Independence. And Wallis is one of over 3,000 volunteers who help make it possible for Canine Companions to provide exceptional dogs for exceptional people.



Lion Kathryn Higgins
Diabetes Awareness Chair
Klhiggins07@windstream.net

Diabetic Ketoacidosis

How to spot and treat DKA

By Erika Gebel, PhD



It's one of the scariest complications of diabetes: diabetic ketoacidosis, often referred to as DKA. Left untreated, it can lead to coma and death. While it's more common in people with type 1 diabetes, a third of DKA cases occur in those with type 2.

Although most cases affect people over the age of 20 and the great majority of DKA cases in kids aren't fatal, this condition is still the No. 1 killer of children and adolescents with type 1 diabetes. And in some instances, people discover that they have diabetes after they land in the hospital with DKA. So it's important to know the signs of DKA—and how to avoid it.

The Chemistry Behind the Crisis

DKA starts with a lack of the hormone insulin. When things are working normally, insulin ushers glucose (a kind of sugar from food) into cells, where it can be converted into energy. But without enough insulin in the body, glucose accumulates in the blood, where it is of little use. Even though there is plenty of glucose around, it can't get into the cells to feed them. The body's response is to drive up blood glucose even more by spurring the liver to break down its glucose stores and to make additional glucose from scratch.

As the body tries to clear the surplus glucose out of its blood through urination, a person may become dangerously dehydrated. At the same time, the body starts to liquidate fat deposits for energy. Fat is indeed rich in energy, but breaking down these stockpiles produces acidic side products called ketones. In high enough concentrations, ketones become toxic by making the blood more acidic. This imbalance is the crux of DKA and gives this complication its name. This increase in blood acidity can severely disrupt the finely tuned chemical processes in your body that keep you living and healthy.

Signs and Signals

The most common triggers for DKA are illnesses or infections, which promote the production of certain hormones in the body that counteract insulin. This is why "sick-day rules" focus on taking more insulin when you're ill. The condition may also arise from other events that place stress on the body, such as

heart attack and stroke. In addition, missing insulin doses, undetected insulin pump failure, and certain medications can lead to the development of DKA.

DKA can develop rapidly, typically in less than 24 hours. It brings on a range of symptoms. Frequent urination from hyperglycemia results in dehydration and tremendous thirst. Other symptoms include nausea, vomiting, abdominal pain, loss of appetite, and confusion.

Shortness of breath is another DKA symptom. As the body's natural buffering system is overwhelmed by the acidic ketones, this imbalance causes hyperventilation as the body attempts to regulate blood acid levels by getting rid of carbon dioxide in expired air. As the severity of ketoacidosis increases, the smell of a person's breath may take on the fruity tinge of nail polish remover.

High blood glucose levels that don't respond to medication are also a sign of DKA, particularly levels greater than 300 mg/dl. But elevated blood glucose isn't always present with DKA. Some people get what is called "euglycemic DKA," meaning that although their blood glucose is not elevated, they are still producing ketones.

The key to diagnosing DKA is checking ketone levels in the urine. Over-the-counter ketone test kits are available at pharmacies, or a test for ketones can be done at the doctor's office. If you have DKA symptoms, consistently high blood glucose, or persistently high urinary ketones, you should immediately seek emergency care. This is especially true if you have or recently had an illness or infection.

Dealing With DKA

DKA is typically treated in an intensive care unit using a three-pronged approach. Intravenous fluid replacement is necessary to combat dehydration. Electrolytes—which affect the heart, muscles, and nerve cells—are reduced in DKA, so treatment also focuses on bringing them back to healthy levels. Finally, since a lack of insulin brings on DKA, insulin treatment reverses the process. Insulin will bring down blood glucose and halt the acidification of blood by ketones. With prompt treatment, DKA is usually quickly reversed and may require only a day or two in the hospital.

Between 1996 and 2006, there was a 35 percent increase in DKA-related hospitalizations in the United States. Some studies suggest that skyrocketing medical costs may be to blame; people may be putting themselves at risk for DKA by cutting back on insulin to save money. This disturbing trend underscores how essential it is to take care of yourself, especially when you're sick, by monitoring blood glucose; keeping it under control with the right combination of diet, exercise, and medication; being aware of the symptoms of diabetes complications like DKA; and seeking treatment promptly if you need it.



**"The Power of
Peace"
2009-10 Grand
Prize Winner**

New Peace Poster Theme Announced: The theme for the 2010-2011 Lions International Peace Poster Contest will be **"Vision of Peace."** Peace Poster Kits will go on sale on January 15 from the Club Supplies Sales Department. See the order form (PR 785) for more details.



Lions Family Cub Program — A frequent question is: How do we keep the children interested and involved? The answer is the Lions Family Cub Program which comes complete with a [30-page activity guide](#). The guide offers complete, step-by-step procedures that will help make Lion Cubs an integral part of your club. The [Lions Family Cub Program](#) will be an important part of making family membership a positive experience for parents as well as children. Please consider it as a part of our responsibility as Lion Leaders to serve our members and put their needs first. Remember that our Lion Cubs are the greatest potential source of Lions Club members in the future.



Leo Facebook Fan Page

The Leo Club Program announces its new Facebook Fan Page. Become a fan of the official Leo Club Program fan page at www/facebook.com/leoclubs and get updates from LCI and talk with other Leos from around the world!

Leo Club Program Debuts on Facebook

The Leo Club Program announces its new Facebook Fan Page. Become a fan of [the official Leo Club](#)

[Program Fan page](#) to get updates from LCI – and network with other Leos from around the world.

**LIONS YOUTH AMBASSADOR
AWARD CONTEST**

The MD-18 Council of Governors is sponsoring a Young Ambassadors contest for the youth of Georgia. The program is a part of the Lions Opportunities for Youth initiative which is second only to our primary mission of sight restoration and conservation.

Lions seek to provide young people with opportunities for achievement, learning, contribution and service, individually and collectively through sponsorship of activities identified as best practices in the field of youth development.

Applications and contest rules are being made available to all Lions Clubs in MD 18 through the district Young Ambassador chairperson.

A preliminary judging of eligible contestants will be made at the sub district level. A finalist from each district will compete for the \$1,000. Young Ambassador Award on Friday, May 28th at the MD-18 convention at Tifton, Georgia.



**10 WAYS TO ENCOURAGE YOUR
CHILD'S SENSE OF HUMOR (AND
OUR OWN FOR THAT MATTER):**

- _ Share funny stories. Use picture books and tall tales that make children laugh.
- _ Let children laugh at you. Giving a child permission and the upper-hand will bring joy and leadership.
- _ Make a joke out of a mistake. Being able to laugh at yourself is invaluable for social success. Model this with a little self-ridicule every once in a while.
- _ Give a child the structure to predict what to expect. This will help a child learn to manage and set boundaries with humor.

April is Leo Club Awareness Month

Leo advisors and chairpersons: Spread the word about the Leo Club Program—work with your Leo clubs, districts, or multiple districts to organize a joint Leo-Lion community service project.

*Raise funds to provide aid for Haiti
Start a tree planning project
Repair a playground
Start a recycling program*

Leo clubs prepare young people for a lifetime of leadership. Visit the Leo Zone for more information or contact the Youth Programs Department at leo@lionsclubs.org.

* * * * *

Children's Services—District Chair Sam McCord: Lions International's Services to Children program falls under the Youth Opportunities area. A few years after the Youth Committees were set by LCI, the Board deemed it appropriate not to forget the youngest of our citizens—the children. The major initiative of the Children's Services program centers on health and education, which opens a wide range of projects and activities your club in 18-C can be involved in. Thus, any project which benefits children or targets that age group is a Children's Services project. As always, we welcome knowing about your local projects. So send information about your club's Youth & Children's activities to Children's Chair Jan Sinclair or Youth Chairs Chris Sumner or Karen Wynegar.

* * * * *

101 Ways to Teach Youth How to Cope with Stress (and these will help adults as well)

- ** Stop thinking tomorrow will be a better day.
- ** Have goals and plans for yourself.
- ** Dance sometimes either alone or with others.
- ** Say 'hello' to a stranger.
- ** Ask a friend for a hug.
- ** Look up at the stars.
- ** Practice breathing slowly.
- ** Learn to whistle a song you like.
- ** Read a poem.
- ** Listen to a symphony.
- ** Watch a ballet.
- ** Read a good book, maybe even in bed.
- ** Do a brand new thing.

* * * * *

ATTENTION ALL SCOUT LEADERS

Did you know that Lions who are Scout leaders—Boy Scouts or Girl Scouts—can qualify for the Lions Club Scouting Service Award?

This honor is to recognize an individual Lion who acts as a role model and renders distinguished and dedicated service to Scouting through active service, leadership or other exemplary contributions to the Boy Scouts of America or the Girl Scouts USA as an active Lion.

The requirements are simple. "Keeping with the objectives and principles of both Lions International and Scouting, the nominee must have encouraged character development, leadership, citizenship, and personal growth for scouting youth."

- *The Lion must be in good standing with his/her local club, a current registered Lion for five years, and be nominated by the current president of the Lions Club and/or the District Governor.*
- *Be registered in a Scouting position at a unit, district, or council level for a combination of five years.*
- *Be fully trained in his/her scouting positions and his/her Lions Club/district leadership positions*
- *Have strengthened the relationship between local Lions Clubs and Scouting*
- *Assisted Lions Clubs in forming new units*
- *Exemplifies the BSA/Girl Scout Law and Lions Motto*

For more information and the nomination form, go www.lionsclubscoutingserviceaward.com

* * * * *

Contact the Panel

The Leo Club Program Advisory Panel represents Leos and Lions in their respective constitutional area in matters which affect the Leo Club Program. If you have ideas about the Leo Club Program, share them with your panelists and items which impact the program will be presented to Lions Clubs International Board of Directors for consideration and final approval.

Constitutional Area I

Lion Margaret McHugh

Maine, USA

E-mail: phonldy@aol.com

Today's Children Need Lions More Than Ever

Millions of children suffer from poverty, homelessness, hunger, abuse, neglect, disease and disabilities.

Tragically, these children often must live without essential health and education services that would alleviate their distress – and give them hope for the future. That's why the **Lions Services for Children**

Program continues Lions Clubs International's long tradition of helping the world's future generations.

Grant Funding Available for Leos

The Leo Leadership Grant Program provides financial assistance to a Lions multiple district, sub-district or single district (not part of a multiple district) to help finance a Leo leadership conference. The goal of the program is to further develop Leos' leadership skills, specifically in the areas of:

- Project management
- Communication
- Teamwork
- Creativity/innovation
- Planning community service projects

Lions Clubs International will award a maximum of two US\$2,000 grants per constitutional area each fiscal year and will approve eligible grants on a first-come, first-served basis. Grant applications will be accepted on a rolling basis until May 1 of each fiscal year.

For more information about the grant program visit the Leo Zone. To find out if there is still funding available in your constitutional area e-mail leo@lionsclubs.org.

Lions Services for Children Projects

The problems children face vary in degree from country to country, but the need for health and education services is constant and universal. Lions clubs help address these needs by developing projects with specific, attainable goals, including:

- Collecting food, clothes or books
- Organizing a vision or hearing screening
- Providing immunizations through a vaccination drive
- Starting a literacy program with a local school, library, community center or [Leo club](#)
- Supporting a nutritional program for undernourished children
- Securing wheelchairs for disabled children
- Sending a child with diabetes or physical challenges to a specialized camp

Lions have also constructed hospitals, schools, orphanages and children's centers throughout the world to serve youth in need.



Joining Forces to Help Youth

To help local Lions fulfill the needs of the children and adolescents in their communities, Lions Clubs International (LCI) maintains partnerships with several outstanding organizations that provide assistance to youth.

Scouts

LCI has worked in cooperation with the [Girl Scouts of America](#) and the [Boy Scouts of America](#) for decades. Around the world, Lions clubs have sponsored thousands of Scout troops. And today, Lions clubs sponsor more Scout troops than any other non-religious organization in the USA.



America's Promise

LCI is part of [America's Promise](#) – a consortium of 250 businesses, organizations and government agencies. America's Promise strives to provide the five fundamental resources children need to succeed – caring adults, safe places, a healthy start, an effective education and opportunities to help others.



Youth Service America (YSA)

[YSA](#) increases the quality and quantity of volunteer opportunities for young people, ages five to 25, to serve locally, nationally and globally. LCI supports YSA by encouraging Lions clubs and members to participate in National Youth Service Day (USA) and Global Youth Service Day.



The Hadley School for the Blind

[Hadley](#) provides free distance education for blind or visually impaired individuals who are at least 14 years of age – and for relatives/family members of the blind or visually impaired. Lions work with Hadley to help enroll people who can benefit from these free courses.





Welcome to Liberty Day!

When I founded Liberty Day with my wife Kathy in 1996, we never anticipated the things we would accomplish.

Ben Franklin challenged us that we will have a republic only if we can keep it. But this great nation will be unable to heed his words if our citizens are not proactive in educating others—especially fifth graders learning about government for the first time.

I hope you will take a look at what our new website has to offer.

Andy McKean
President & Founder

Liberty Day is a program for our youth. It is a way to strength citizenship in our youth through a program based on the Constitution of the United States.

This is a program started by the Lions Clubs of Denver. Georgia adopted this program in the late 1990s. There are several ways a Lions Club can sponsor a Liberty Day program.

The first way is through a school program. Lions Clubs should arrange a speaker who would be interesting to the students. This speaker could be an elected official or someone who could speak on the rights and responsibilities of citizens as granted by the Constitution. Once you have your speaker, you can receive permission of the school system to sponsor a Liberty Day event to a class or a group of students. I have found that 8th grade and up is ideal. Then order the number of Liberty Day booklets you need from me. The cost is \$.60 each and includes shipping. Also work with the teacher(s) so that they reinforce what the speaker has said through an essay or other classroom work. The students could even write a letter of thanks to the speaker/Lions Club on the subject.

If you have any questions, please feel free to contact me.

If your Lions Club is interested in sponsoring a Liberty Day project with a Scout group, please contact your District Liberty Day Chair or Lil Shurtleff, MD Liberty Day Chair.



**LIBERTY DAY GEORGIA
DECLARATION OF INDEPENDENCE/U.S.
CONSTITUTION**



GLASB Mission

The Georgia Lions All State Band is a Georgia Lions supported youth activity with the goal of providing a great opportunity for middle and high school musicians from across the state of Georgia to enjoy a rewarding musical experience with some of the best directors in Georgia.



Participation allows the student the opportunity to showcase their musical talents with other gifted musicians from across the state. The band each year performs before the Lions of Georgia each year at its State Convention and travels to the Lions International Convention (US Convention).



Georgia Lions All-State Band 2010
Application for membership
Go to www.edmclion.com

District Governor

Lion Grace Clower
404-694-0413
graceclower@bellsouth.net

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Word?*

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Heard.*