



**We Serve**

# District Bulletin 18-D



MONTHLY BULLETIN FOR LIONS OF NORTHEAST GEORGIA

June 2010



District Governor  
Grace Clower

Dear Lions of 18-D,

As this Lions year draws to a close, we need to look back over the past months and reflect on our accomplishments. It has been a great year. I set goals at the beginning of the year, and we reached at least one of those goals. We did form 2 new clubs in 18-D. That was a great accomplishment, but there is still much to be done. We still need to form some new LEO clubs and campus clubs. Our greatest challenge is to stop the loss of our members. Many good Lions are dropping out of our clubs. We need to determine why and correct the problem.

Our main goal has been and will continue to be service to our communities. You have certainly met that goal. You have lived out our motto, "We Serve" in communities all over Northeast Georgia. District 18-D has been instrumental in helping our Lighthouse move into a new home this year. We have exceeded our goal for the Lighthouse Capital Campaign. At the same time, we have supported our Camp for the Blind with monetary donations and many hours of work at the Camp work weekends.

The culmination of our year was the MD-18 Lions Convention in Tifton this past weekend. Our District was recognized with awards from the Camp for the Blind for having the largest percentage of our clubs donating to the Camp (86.51%). Our District also donated the largest amount of money in the State to RFB & D (\$8298.00). Club Excellence Awards were presented to: Small Clubs: Lawrenceville, 1<sup>st</sup> and Norcross 2<sup>nd</sup>; Medium Clubs: Clarkesville, 1<sup>st</sup> and Clermont/North Hall, 2<sup>nd</sup>; and Large Clubs: Union County, 1<sup>st</sup>, Snellville, 2<sup>nd</sup>, and Oconee 3<sup>rd</sup>. Thanks for all the hard work all the clubs have done this year!

Individual awards that were given were Lion Pete Stamsen, Lawrenceville Lions Club, Presidential Leadership Award; PDG Dick Smith, Oconee Lions Club, International Presidential Medal; PDG Beverly Shirley, Ervin-Crumbley Award (the highest award given in MD-18). Presidential Certificates of Appreciation were awarded to Cabinet Secretary-Treasurer PDG Steve Hart, Lion Lisa Little, Union County Lions Club, and District Governor Elect Ron Bennetti. Progressive Melvin Jones Fellows were awarded to PDG Ed Hashbarger (9 yrs.) and District Governor Grace Clower (1<sup>st</sup> yr.).

At our Cabinet Meeting in April, Presidential Certificates of Appreciation were awarded to Lion Judy Stamsen, Lawrenceville Lions Club and Lion Susan Hart, Snellville Lions Club. Melvin Jones Fellows were presented to Lion Herman Mooney, Martin Lions Club and Lion Dot Hunt, Jefferson Lions Club.

I wish I had an award to present to every Lion in 18-D. Without every one of you, we would not have accomplished any of this. It has been my honor and privilege to serve as the District Governor of the best district in the State of Georgia. I hope you will give your full support to incoming District Governor Ron Bennetti and his team.

I was elected Council Chair of the Council of Governors, so I will be working on a state-wide level; but I am always available to help 18-D in any way that I can. Thank you for your friendship and support!

Thanks for all you do for Lionism!

Yours in Service,  
DG Grace





"Will you not help me hasten the day when there shall be no preventable blindness; no little deaf, blind children untaught; no blind man or woman unaided? I appeal to you Lions, you who have your sight, your hearing, you who are strong and brave and kind. Will you not constitute yourselves Knights of the Blind in this crusade against darkness?"

*Helen Keller*

## UPCOMING EVENTS

*You know how time flies when you're having fun -- mark your calendars for:*

**June – Installation of Club Officers.**

**1 June – Helen Keller Day** in 1971, LCI declared 1 June as “Helen Keller Day” in honor of this amazing woman who holds a special place in the hearts of Lions everywhere. At a Lions convention in 1925, Helen Keller personally challenged Lions to become “Knights of the Blind” and since then Lions have conducted countless sight conservation efforts. We encourage Lions to take this opportunity to conduct blindness related service activities in their communities.

## Planning Ahead

**17 July MD Zone/Region Chair, MD MERL and District MERL training in Centerville, GA.**

**24 July CAMP FOR THE BLIND**

### *Lions Day at Camp for the Blind*

If you have not been in the past; you can mark your calendar now. Please let them know how many is in your group. This also can be used as a regular Club meeting event.



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93rd  
International  
Convention,  
Sydney,  
Australia

28 June-2 July 2010

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**1 August = 1st Cabinet Meeting to start at 2:00pm.  
Location at Clermont-North Hall.**



**President/Secretary/Treasurer Training  
Start at 3:30 pm.**



**Officer Training will be held after the  
Cabinet Meeting**



# INTENT TO LEVY AND COLLECT ADDITIONAL PER CAPITA TAX OF \$3.00

MD 18 CONSTITUTION—Article VI - SECTION 2—  
DISTRICT ADMINISTRATIVE FUND— (b) In  
addition to the Multiple District Annual per capita tax  
levied upon each Member of the Lions Clubs in the State  
by Article VI, Section 1, the individual Districts of this  
State are authorized and empowered to levy and to  
collect an additional per capita tax, up to, but not to  
exceed, Three Dollars (\$3.00) upon each member of the  
Lions Clubs in their respective Districts, subject to the  
following terms and conditions: (1) Notice of intention to  
levy and collect said additional per capita tax and notice  
of the maximum amount to be levied and collected must  
be forwarded to the Secretary and President of each Club  
in said District at least ten days prior to the date of the  
first Cabinet Meeting is to be held for said year. (2) Levy  
and collection of said tax, the exact amount thereof and  
the date on which the same shall be levied and collected  
shall be approved by a two-thirds affirmative vote of the  
members of the District Governor’s Cabinet present at  
the first meeting of said Cabinet for the year.

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We are pleased to announce that all **Official Licensees of  
Lions Clubs International** are posted online in the Lions  
Store. You may access this information by going to  
[www.lionsclubs.org](http://www.lionsclubs.org), clicking on "Shop" at the top of the  
screen, and then on "Official Licensees" on the left side  
of the Club Supplies Store home page. **Official Licensees**  
are authorized to sell items bearing the Lions trademarks  
directly to our Lions members. Lions may contact the  
companies listed on our website directly for further  
information about the products that they have available.  
The Licensees' online information is updated on a  
regular basis with new Licensees, changes to contact  
information and PDF flyers, so be sure to refer to this  
page any time you need to find an official supplier of  
Lions merchandise. If you ever need information about  
the status of a company that is not listed on this page,  
you may contact me directly.

Please share this information with the Lions in your  
Multiple District and feel free to contact me if you have  
any questions.

Sincerely,  
**Sarah Beatty**, Divisional Assistant, Lions Clubs  
International, Club Supplies & Distribution  
[Sarah.Beatty@lionsclubs.org](mailto:Sarah.Beatty@lionsclubs.org) or Phone: 630-468-6921

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**17 July = MD Zone/Region Chair, MD MERL  
and District MERL teams, State and District  
Chairs – there will be a training session to be  
held at the Centerville Lions Club Bldg., 612  
N. Houston Lake Blvd., Centerville, GA.**

**Any and all other Lions who wish to attend  
for this very important training session ARE  
MORE THAN WELCOME.**

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***Make note: Try not to overload you Club  
Secretary.....Also – encourage the Secretary to go  
on-line to make out MMR reports, A-1 and PU-101  
reports. Going on-line can save time and money. For  
ALL members check out [www.lionsclubs.org](http://www.lionsclubs.org)***

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## **Report of the State Awards District Chairman 2009-2010 For State Convention District 18-D**

6 Clubs from District 18-D entered from state including  
LEO’s.

Those winning:

- Union Co. – 2 First Place, 1 Second Place
- Jefferson – 3 First Place, 2 Second Place
- Dawsonville – 4 First Place, 1 Second Place
- Toccoa – 1 First Place
- Athens – 2 First Place, 1 Second Place
- Winder Noon – 1 First Place, 3 Second Place

Scrapbook – (For District)

- 1<sup>st</sup> Place – Toccoa
- 2<sup>nd</sup> Place – TIE – Winder Noon and Union Cty.
- 3<sup>rd</sup> – Jefferson

(Note – Above scrapbook places are for District D only)

Awards for scrapbook to be given at the  
first cabinet meeting.

1<sup>st</sup> Place \$15.00, 2<sup>nd</sup> Place \$10.00, 3<sup>rd</sup> Place \$5.00

Bryson Tanner  
District Awards Chairman 18-D  
State awards committee 2009-2010





## Where in the World

**Have you ever checked the Lions Web site – click on Lions Newswire or check out =**

- [Lions News Network](#)
- [LQ-Lions Quarterly](#)

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### HIGHLIGHTS

## Calendar of Events

Review upcoming Lions events your club can promote locally.

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A Beacon of Hope is the International Theme for the Lions Year 2010-2011.

More about this theme is coming in July.

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**Lions International 8 Core Messages:** 1) We are global. 2) We serve where we live. 3) We give 100 percent. 4) We do it ourselves. 5) We are rich in heritage and pride. 6) We are in good company. 7) We are open. And 8) We are dedicated to sight—and more.

## How to Coordinate an Awareness Campaign



Breast cancer is one of the most common cancers in

the world - but in the Cayman Islands, information about this treatable disease was hard to come by. The Lions Club of Tropical Gardens decided it would take a stand. Lions brought breast cancer awareness, information and resources to their community. [Learn how Lions made this project happen. And get "Tips and Tools" you can use to do a project like this in your community.](#)

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## Lions Help Flood Victims in Tennessee

Our disaster preparedness and relief programs enable Lions to help local communities when disaster strikes - like the recent flooding in Tennessee. [LCIF is providing relief for flood victims in Tennessee](#) and local Lions are also reaching out to help their neighbors. [Read our blog to get a behind the scenes look at Lions flood relief efforts in Tennessee. And see how helping others after a disaster can truly make a difference.](#)

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## New District Resource Center Now Available Online

The [District Resource Center](#) (DRC) is the best place to find the most up-to-date information available to help you manage your district. And now, a new and improved DRC is available. The new DRC includes manuals, forms and tools for the district governor team and district/multiple district

committee chairpersons. It also provides information about training, awards, grants and the Certified Guiding Lion Program.

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## How to Use Lions Quarterly Video Magazine

[LQ - Lions Quarterly video magazine](#) shares inspirational stories of how Lions are making a difference in communities around the world. Here are some ways to share these inspiring stories with your club members - and others in your community.

- Watch LQ programs during club meetings.
- Show LQ to new and prospective members.
- Share LQ with local community-access TV stations.

Have an interesting story to share? Submit story ideas and photos for consideration for future LQ videos to [lq@lionsclubs.org](http://lq@lionsclubs.org).

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### LIONS QUARTERLY



Watch [LQ video magazine](#) to see how Lions are changing women's lives in Morocco.

### HIGHLIGHTS

## Lions Clubs International Blog

Read our blog for Lions Clubs International news updates throughout the month.

## New Leadership Podcasts

Listen to new podcasts from International President Eberhard J. Wirfs and LCIF Chairperson Al Brandel.

## CONTESTS

### [LION Magazine Photo Contest](#)

Enter by June 10 for a chance to win a Sony digital camera.

### [Peace Poster Contest](#)

Learn how to sponsor a 2010-2011 Peace Poster Contest in your city.

## EVENTS

### [Calendar of Events](#)

Review upcoming Lions events your club can promote locally.

### [International Convention](#)

Get all the details about our 2010 Convention in Sydney.

## CONNECT WITH US ONLINE



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**Visit Our  
Online  
Convention  
Web Site**

### **for the Latest News from International Convention in Sydney**

This month, more than 15,000 of our members will be in Sydney, Australia to attend our 93rd International Convention. Even if you can't make it "down under" for this year's event, you can get the latest updates from Sydney on our Online Convention site.

The Lions Clubs International Public Relations team will be on the scene at the Sydney Convention and Exhibition Centre. And they'll be posting daily updates, including a scrapbook of highlights, contest results and more to our [Online Convention site](#).

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## Lions Clubs International

**A way to say "Thank You" with a personal touch...**



### [Pen-in-a-Card® - G1535 - \\$15.95 Each](#)

For over 60 years, the Quill® brand has been synonymous with outstanding design and quality in decorated writing instruments. The Quill® 510 ball pen features the legendary domed slant top, which prominently displays your full-color Lions Clubs International logo. The Pen-in-a-Card® is designed to say "Thank You" in all 11 official association languages and has room to write your own personal message to the recipient inside.

[Shop online](#) for this and other fine Lions products!

Or

Shop directly through our [Official Licensees!](#)

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### **TOP REGIONAL PROJECTS 2008-2009: US Constitutional Area I**



1. Eyeglass Collection /63% of Lions Clubs
2. Vision Screening / 44%

3. Aid to the Elderly /41%
4. Scholarship /41%
5. Food Bank /Distribution / 41%

### WORLDWIDE SHARED PROJECTS:

1. Community Service /30%
2. Youth Services /23%

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### LQ – Lions Quarterly



### **"April 2010" 14:00 minutes**

In this edition of LQ, learn how Lions in Morocco are creating a brighter future for women and children through education; cheer as people with all ...

### Videos



### **"2009-10 International Theme: Move To Grow" 12:45 minutes**

"Move to Grow" is brought to life through this inspiring video program. This video is an excellent choice for club meetings and to share ...

### Videos



### **"LCIF Partnering for Service" 5:00 minutes**

This video provides an overview of some of LCIF's key partnership programs in the areas of sight and youth. This DVD is available in English-only. ...





**Greetings Dear Lion,**

As I look back on everything Lions Clubs International Foundation has accomplished during my time as chairperson, I feel honored to have been the leader of such a great organization. The Foundation truly brings humanitarian service to communities in every area of the world.



The many achievements of LCIF would not be possible without the support of each of you. By committing your time, funds and service, the Foundation is able to maintain its status as a leading humanitarian organization. Lions support is critical to our continued growth and achieving the unprecedented opportunity that lies ahead of us.

Developing partnerships to further our impact is also fundamental to advancing LCIF. By working with organizations that share like-minded missions, the Foundation is able to increase our ability to serve those in need.

I have great admiration and respect for your efforts on behalf of LCIF. You are my everyday heroes.

Best regards,  
Al Brandel  
Chairperson, LCIF

**Developing New Partnerships**

New partnerships continue to advance the work of LCIF and its programs worldwide. The Foundation is working with Essilor International to support comprehensive uncorrected refractive error (URE) services through the development, expansion and strengthening of sustainable systems that target underserved populations through high quality, low-cost and environmentally sound programs. LCIF recently received a US\$10,000 grant from Bank of America's Chicago Division to expand Lions Quest, the Foundation's positive youth development program. Additionally, LCIF recently became a member of the Clinton Global Initiative, furthering the newly established partnership supporting cataract initiatives in Peru.

**Winner Named in Lions Quest Contest**

The Pittsford Lions Club and a third grade classroom from Rutland Town School, Vermont, have been awarded first prize in the [Heroes in the Community contest](#) for their joint community service project, Food from the Heart. In



conjunction with the 25-year anniversary of Lions Quest, the Pittsford Lions Club and third grade class at Rutland Town School partnered together in service. The Lions Quest program sponsored the contest. Through Food

from the Heart, Lions collected 440 pounds of food and the third grade classroom collected more than 800 food items through a "100 Day" food drive they coordinated at their school. All collected food was donated to local food pantries for distribution to people in need.

**Image Refresh a Success**

A refreshed LCIF image recently launched in March and has since received very positive reviews. One of the central objectives of the image update is to raise awareness of the Foundation, supporting growth among both Lions and the general public. Included in the image update are refined key messages, brighter color schemes, engaging graphics and refreshed logos. Visit the [LCIF homepage](#) to view a video on the updated image.

**Complete Your MJF Before the Year's End**

*Each year, Lions around the world show their support to LCIF by making a donation toward a Melvin Jones Fellowship (MJF). As the end of Lions year 2009-2010 quickly approaches, take the opportunity to complete your MJF. Contact [LCIF Donor Assistance](#) to complete your MJF today.*

**Grants Approved at Board Meeting**

At the April Board Meeting in Hamburg, Germany, 65 projects were awarded a total of US\$2,554,948 in funding. Approved projects ranged from expanding centers for the disabled to purchasing vehicles that provide health services. [View a full list of approved grants online.](#)

**New LCIF Videos Available**

The Foundation has three new videos available, including Lions Are....LCIF, SightFirst II: Looking Forward, and Making a Difference Together. All three videos will debut at events throughout convention. The videos are now [available online](#). Please contact [LCIF Communications](#) for hard copies.



## Editor's Note



Fellow Lions:

### LIONS CLUBS SUPPLIES STORE



<https://www2.lionsclubs.org/LionsClubsSuppliesStore/default.aspx?bc=Lions%20Clubs%20Supplies%20Base%20Catalog>

### Shop our Product Categories



Apparel  
Lions Clubs Apparel

- [Aprons](#)
- [Blazer](#)
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Awards

Lions Clubs Awards

- [Achievement Level](#)
- [All Purpose Award](#)
- [Appreciation Award](#)
- [More...](#)



Last Chance Items  
Available in limited quantities  
and styles-All Sales Are Final!

- [Convention Commemorative](#)
- [Novelty](#)
- [Lapel Tacks - Attendance Pins](#)
- [More...](#)



Club Gifts  
Seeking a  
Unique Gift Idea  
for Your Club?

- [More...](#)



Club Supplies  
Club Supplies to organize  
and maintain your club.

- [Attendance Cards](#)
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Club Supplies Spotlight  
Check these items out!

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LCIF Grant Recognition  
Plaques

- [More...](#)



New & Notable  
Exciting New Lions Products

- [Just Arrived](#)
- [Just Arrived Plaques & Awards](#)
- [More...](#)



Personal Accessories  
for Lions Clubs members.

- [Auto Accessories](#)
- [Belt Buckles](#)
- [Briefcases](#)
- [More...](#)



### Lions on YouTube, MySpace, Twitter and More

Did you know Lions are all over the Web? Social networking is a great way to contact and keep in touch with Lions around the globe and to share what Lions are doing to make the world a better place. [Visit the online community](#) to connect with other Lions on MySpace, Facebook, Twitter, LinkedIn, YouTube and Flickr.



Dear Lion,

*Greetings my dear Lion friends. As we enter spring time in many parts of the world, I am most pleased to report our membership growth continues to blossom and grow to new, historic heights. Through March, we have reached +24,709 powered by great results in India and several other Asian countries, a continuing membership surge in China, and by improving trends in all parts of the world. Even today as we move towards the last week of April, the results are moving even higher, nearly crossing the +30,000 mark.*



*I am truly impressed by our collective results, and I am very proud of our District Governor Teams and Club Officers who have contributed most to our success. Let me share some success stories deserving special attention.*

Eberhard J. Wirfs  
International President

## Celebrating Earth Day

### **Improving a Community and the Environment**

Earth Day began in Wisconsin 40 years ago as an effort to raise awareness about the environment. In one Wisconsin town, the only riverfront park in town needed some help. The foliage was overgrown and the garden beds needed tending.

### **The Lions Step In**

More than 10 years ago, the Janesville Noon Lions Club saw a need in their community. A group of Lions banded together with Leos and their families to make their community a better place, both on Earth Day and throughout the season.

“The Lions motto of We Serve to me means that we need to be proactive,” said Mike Payne, the club’s president. “We need to be involved in the community. We need to engage others to make this a better place for ourselves and our families.”

Lions ensure the landscaping in the park is neat and free of trash and weeds. The Lions also cover the ground with fresh mulch and plant new shrubs on Earth Day. The entire park takes the Lions and Leos two weekends to complete every spring so the public can enjoy the space all summer long.

## Project New Hope

### **Giving Veterans and Their Families a Chance to Heal**

For many veterans returning home from combat, reconnecting with their families is a challenge. It takes time and understanding to readjust after living apart – often for more than a year – and for many veterans’ families, there is no help.

### **The Lions Step In**

Lions in Minnesota saw a need to help veterans and their families so they worked with Minnesota’s Veteran’s Affairs Department to establish Project New Hope. Through this Lions-funded project, veterans and their families attend retreats free-of-charge and receive time and counseling to reconnect and grow together.

Lions at the camp work hands-on; organizing the retreats, cooking and cleaning, and providing daycare and counseling around the clock. Open to all combat veterans, the Lions are currently

## Dual Strategy and the Ginkgo Leadership Award

*The next ginkgo award emphasizes both aspects of the dual strategy: new growth and maintaining what we have through caring for existing clubs.*

*To qualify for the award, between February 1 and May 31, 2010, a district will have to:*

- Charter 2 new clubs or reorganize 2 cancelled clubs*
- Improve membership results from January 31, 2010*
- Increase the average size of existing clubs by one member*
- Have no clubs on status quo or suspension as of May 31, 2010*

## Other News

- Women at Lions now approaching 295,000 members*
- Lions Quest expanded to three more countries*
- Sightfirst treats 5 million people this year for river blindness and trachoma*



working to take the program nationwide.

### ***Receiving Help Leads to Helping Others***

After being hit by three roadside bombs during his tour in Iraq, SSG (ret) Mike Mills had burns on 35 percent of his body. Mike and his wife came to one of Project New Hope's first retreats and received help.

"When you're in the military, you're told to suck up and drive on. If you accept help, you're weak. And if you go for help, you're going to be passed over for promotion and that's not true. ... We need the help," said Mike.

Mike and his wife are now Lions and members of the project's advisory panel.

After donating their time at these retreats, many counselors from the Veterans Administration also became Lions. All of the counselors are veterans, including one active duty major who is on the project's board of directors. She recently became a Lion as well.

### ***Fast Facts***

To date, 150 veterans and their families have been helped by these retreats. Retreats have been attended by single veterans, couples and families as large as eight. Leisure activities at the retreats include hiking, canoeing, kayaking, swimming, archery, sledding, fishing, ice fishing, arts and crafts, and more. It takes approximately 10 to 15 Lions to plan and execute each retreat.

## ***VIP Carnival***

### ***Making Smiles Happen***

Navigating the crowds and congestion of a carnival can be a challenge, especially for people with disabilities. This, along with the expense, can limit family outings.

### ***The Lions Step In***

In Indiana, the Zionsville Lions wanted to reach out to people with special needs and their families. With that in mind, they decided to open the gates to their annual Fall Festival early and invite some very important people to attend. "Kids just want to be themselves and know that they belong. And we're going to make them feel that way," says Phil Howard of the Zionsville Lions Club. "I have a son with Down syndrome, and he is excited about going on the rides with his friends. It is a very special evening."

### ***Fun for All***

The VIP Carnival is the Friday night of the Zionsville annual Fall Festival. There are lots of smiles. In addition to the rides, VIPs, ranging in age from toddlers to adults, enjoy a free dinner, petting zoo and magic show, plus the fire department mascot and other special guests attend. "We were able to come early and it seemed as if we were celebrating our son's Down's syndrome instead of it feeling like a hardship on us. It was a blessing to come when the crowds were low. He had so much fun and was able to share that with his little sister," said Melissa Bowman.

"We left such an impression with them, but I think they left a bigger impression with us," commented Leigh Ann Akard, Zionsville Lion.

### ***Fast Facts***

The 125 Zionsville Lions Club members organize and run the three-day Fall Festival in Lions Park with crowds of approximately 20,000. More than 500 guests attend the VIP carnival, including several from other states. The club has received many heartfelt thank yous. And, the number of smiles is priceless.



• Come celebrate with the recipient of the 2009-10, LCI Humanitarian Award winner, **Wanguri Mathai**, who won the Nobel Peace Prize in 2004 for her "Greenbelt Movement."



• Come meet our 2009-10 Peace Poster winner, **Yu-Min Chen**, and see her impressive poster representing peace in our world  
• And of course don't miss the first-ever **Global Youth Music Contest** event that promises to be a new tradition and a new way to celebrate the special talents of young people.





# RETENTION

## MEMBERSHIP RETENTION: NECROLOGY SERVICE LIONS OF GEORGIA: 89<sup>th</sup> ANNUAL STATE CONVENTION

Yesterday I returned home from an extremely active weekend of participation in this year's Lions State Convention! Except for a couple of short nights of sleeping, for two and one-half days I attended numerous official Lion programs, ate breakfasts, lunches, and dinners, attended evening hospitality parties, and, without exception, I was continuously surrounded by Lions. Not only was I surrounded by Lions, I was seemingly always interacting with them. Yes, several of these Lions have been Lion friends of mine for various lengths of time, but now I also have better connections to some Lions I haven't known very well in the past and I've begun to be linked to a few Lions I met for the first time. Here is my question for you: What did you do on this weekend? That is, if you weren't attending our state Lions' convention, did you do something that helped strengthen the relationships between you and other Lions?

What about the other members of your club? Did they attend? What about your newer Lion members? Did they travel to Tifton and attend the convention? Indeed, it would have been especially retention helpful if your newer members had attended the convention with you. Not only would you have been strengthening the relationships between you and your newer Lions, but they would have been in an environment in which they would have left the weekend with a much better grasp of what Lions do throughout the state. I do understand the fact that Lions can't attend every Lions' event, but sometimes we fail to understand that attending events like state conventions will improve a club's membership retention.

A few of the programs I attended were membership retention related. However, there is one yearly program that is totally retention focused. Every year our state convention holds a Necrology Service program. Unlike your personal decision as to whether you attended our state convention or not, these Lions could not attend. That is, these Lions died this year. There is nothing on the necrology list that indicates how many years these individuals had been Lions, but it is clear that they had been club members in good standing when they left this life. Under other conditions, a club would no doubt have already have removed them as members. Significantly, only these Lions fully met the Lions Retention Vision Statement I posted on my list of club retention action items. These club members had been "Lions for Life."

What is done in the Necrology Service program is collectively recognize these former Lions for their life-time of service. Prayers are given, a memorial message, a verbal calling out of each Lion's name, and Taps is personally played. It is unfortunate that we lost these Lions this year, but the death of members is something that clubs have no avoidance actions to take. Nevertheless, if the passing of Lions was our only club member retention loss, our yearly loss of members would have been less than 2%.

*Yours in Lionism,  
Richard "Dick" Smith*



*"We're the New Generation of  
Lions- Join Us Today!"*

As Lions, our goal is to make a difference -- and we have -- over and over again with programs that succeed. Service to people to are blind and who are visually-impaired has always been one of our most significant programs. Today, the Lions Sightfirst program is dedicated to eradicating preventable and reversible blindness worldwide. . . Lions operate the vast majority of eye banks throughout the world and have donated hundreds of millions of dollars toward research, training and rehabilitation for people who are blind. . .

The Lions Youth Outreach program focuses on volunteerism and steers young people away from harmful behaviors such as gang involvement, violence and substance abuse. . . Lions award thousands of academic scholarships every year. . . Literacy and vocational training in underprivileged areas are also high on Lions club's service agenda. . . . . Through participation in Lion-guided Leo clubs, youths worldwide learn leadership skills and the importance of community service. Lions also sponsor International Youth Camps and youth exchanges, bringing together young people from around the world to share their cultures and friendships. . . The Lions International Peace Poster Contest helps educate children about the importance of world peace and international cooperation. . .

For all of us, personal time is a valuable commodity. How you choose to spend your time is an important consideration. Volunteering as a Lion can make a difference for you too. We believe that time invested with a Lions Club yields an invaluable return: an added dimension to your personal and professional life. While providing the framework for you to serve your community, a Lions club also offers opportunities for individual growth.

**Leadership Ability** - Whether you lead a meeting, spearhead a fund raising effort or organize a project; Lions clubs provide opportunities to learn skills that get the job done. Increased self-confidence and self-esteem flow naturally from making things happen when you work with your Lions club.

**Business Skills** - You can improve your public speaking and presentation skills while you communicate with others on important social issues. First-hand experience in budgeting projects, planning activities and motivating others in your Lions club can also enhance your professional abilities.

**Networking** - Interact with other professionals who have come together through Lions clubs to work toward common goals and to have a meaningful impact on your community.

## *The Five “Rs” of Lionism*

### **Refresh**

(a) **What are your plans for community service?** In the future the goal is to provide 50% of your Club services to the community! How can you accomplish this? Next year your club will be in a zone with only 3 other clubs.

(b) **Do wear your vest in the community ?** What better way to show your community that you are there to support them. People need to see you as a Lion!!

(c) **The District Governor’s goal is to reach 1,250 members before the end of his year (Jun 30);** we are short about 60 members to meet his goal. Can we help him in his quest? Have a membership drive for your next meeting. Bring a friend, ask a neighbor

### **Renew**

(a) **While in your community, wear your vest,** other people will see you and ask you "WHAT IS LIONS ALL ABOUT How would you answer that question?

(b) **Have you looked at the needs** of each of your members to see what their needs are, and are you meeting them?

(c) **What as a club can you do to meet new members needs?** Ask them!!

(d) **What can you do as a club to get new members?** Ask them!!

(e) **My goal as your next District Governor is to bring each club with less than 20 members up to more than 20 members;** is that too much to ask? Can your club meet that goal?

(f) **How would your club go about this Task?**

### **Re-ignite**

(a) **We need to remind the members of all of our clubs what Lionism is all about.** What are your thoughts about Lionism??Ask yourself!

(b) **What can we do to get the enthusiasm back into the clubs of our District? Your club??** Ask them!!

(c) **What are your goals for the upcoming year?** Do you have goals for your Club? Make some and remember that we need goals for community service also!

(d) **How would your club go about this Task?**

### **Revitalize**

(a) **Have we made contact with the community leadership to see what is needed in the community?** "Projects" Who in your club can make that contact??

(b) **Your club will be in with 3 other clubs in your zone.** You might want to join with others on a project; it can make a difference in your community. Have you given any thought to working with the other clubs??

(c) **Does the community need more eye care?** The lighthouse can help with that task, it just takes volunteers to help with the service!! Brunswick eye clinic needs volunteers, just call Krystal Bragg at Work (912) 489-3606, (Cell) (912) 531-9752.

### **Reconnect**

(a) **When was the last time that your club went to a Zone meeting, District Cabinet meeting or the State convention?** Can you attend the State conference or someone from your club GO?? Tifton, May 28-29, we will be staying in the Comfort Inn and Suites.

(b) There is a lot of information and training that is passed on to each of the clubs that can help them grow and provide their community with the support that they need. Lions need to grow in Lionism!!

(c) We support more than collection of eyeglasses; we work for and help the Camp for the Blind in Waycross and we can't forget the Lighthouse with eye surgery and eye glasses, and we can't forget LCIF and the international support that has been provided to the countries that just had earth quakes, and of course, there is what we do in our communities! The Lions of GA does a lot that our communities are unaware of we need to get it out to our communities what we do!! And as lions we need to blow our horn!!

(d) How would your club go about this Task?



# CLUB REPORTS



This is another way of getting Lions in your club, new members and prospective members interested in doing something new and different. Getting involved is another word for **WE SERVE**.



**Certain things can happen when your Lions Club gets involved. If we have to find something new – go for it – because the more we raise – the more we can give. Also, the more members who get involved also create a bundle of fun and more money raised. The information that appears may benefit another club – for here is where we get ideas and we might be able to use those ideas within your own club.**

## **Buford Lions Club =** Buford Lions Club Activities:

May 1st. Buford Spring Festival, sponsored by the Buford Business Alliance was held at the Buford Square. There were dozens of vendors selling food and crafts from the area. There were also many bands and vocal groups performing. The Buford Lions Club was out in force, wearing our vest and caps, selling raffle tickets for two Diamond Car Wash Packages, donated by the Hamilton Mill Car Wash & Spa. Bob, Jean Ray, Sue, Earl, Kim & Marilyn attended.

May 2nd. New Officers Training, Colbert, Ga. Sue and Earl, from the Buford Lions Club attended, the training in Colbert, Ga. It was very helpful and Informative. Both are excited and looking forward to our new positions in July.

Many Thanks to the presenters.

**Clermont North Hall Lions Club =** This month members of our club teamed with members of the Gainesville American Legion Post 7 and the Veterans of Foreign Wars (VFW) Post 8452 to complete a project before this year's Memorial Day. Our members, led by President-elect John Brady and Lion Vince Vore, and members from the other organizations cleaned a Veterans Memorial in the village of New Holland, just outside of Gainesville. The years had taken their toll and the memorial, established shortly after World War II to honor those from New Holland who perished in World Wars I and II, was grimy and limbs were obscuring the National Colors on the flag pole at the memorial. Members of these organizations spent the afternoon cleaning and improving the memorial as a way to further our participation in this Memorial Day. Additionally, we worked multiple parking events at the Georgia Mountains Center. We elected our new slate of officers who are now preparing for the new Lions year. Our Board began planning for our officer's installation and the new year.

**Dacula Lions Club** = WOW these are great pix. Many thanks Jeff Wolfe for providing these wonderful shots of the Lions walkers as we enjoyed being a part of the tremendous Dacula Memorial Day parade. We had a great time sandwiched between the very pink (and loud) breast cancer team and colorful Bloodmobile. Thanks to all that walked and supported our participation in both the parade and blood drive! See you all at the next regular club meeting on the 15<sup>th</sup>.



**Jefferson Lions Club** = **ACTIVITIES:** Eyeglasses purchased: 3 pairs at \$150. Canine Companions for Independence: Sold raffle tickets and sent \$100 to LPCCI. COMMUNITY BIRTHDAY CALENDAR SALES are ongoing. **AWARDS:** At May 24 picnic: President Jimmy Mock presented a Certificate of Service to Lion Greg Broussard in appreciation of his updating the Jefferson Lions' Constitution and By-Laws. **Community Service:** on Saturday, May 29<sup>th</sup>, Margaret Lang with SE Guide Dogs asked the Lions to help with food (hot dogs, hamburgers, etc.) at the Pet Fest at Bird House on Highway 211. Several Jefferson Lions helped from 10 o'clock to 1 o'clock. West Jackson Lions provided Cole slaw and chili. **Lion Harvie Lance, Commander of American Legion Post 56 announced that the American Legion will have a special Memorial Day Program at the Jefferson Historic Courthouse beginning at 9:00 am. Many special activities are planned, involving, for example, the ROTC, the Police Department, and singing by Brook Benton. MEETINGS:** May 10 was a regular meeting. Lion of the Year was selected. The program was about Champion Trees in Georgia, and was presented by Scott Griffin, coordinator of the Champion Tree Program with the Georgia Forestry Commission. 20 members were present plus 2 guests. May 24 was the Jefferson Lions Club's annual spring family picnic. 26 Lions plus 11 guests were present and enjoyed a special picnic provided by the Food Committee.

**Lawrenceville Lions Club** = We had 4 members attend the New Officer's Training. 2. We donated \$200.00 to Special Needs School Of Gwinnett. 3. We had one member set up and attended a Hearing Program along with Sharifa Peart from the Lighthouse at Delmar Gardens of Lawrenceville. 4. We had a successful Vidalia Onion Sale as a fundraiser. 5. We had Larry Walker, Lions Opportunity for Youth as a guest speaker. 6. We had 2 members attend a meeting in Dacula Club and presented them with a USA flag as a Charter Club gift.

We collected 78 used eyeglasses  
75 lenses

We had 98 volunteer hours.



**Norcross Lions Club** = PDG Ed Hashbarger, PDG John Rudert, and Secretary Trudy Rudert attended the GA Lions state convention in Tifton. The club provided a \$75 basket for the silent auction which benefited the GA Lions Camp for the Blind. PDG Ed Hashbarger, PDG John Rudert and Lion Trudy Rudert are on the planning committee for the 2011 GA Lions state convention in Gwinnett. At the state convention in Tifton, Lion Trudy Rudert and PDG John Rudert helped register Lions for the Gwinnett convention while PDG Ed Hashbarger manned the Leaderr Dog and LCIF booths. Collected money for White Cane. \$300 was sent in. Another \$32 was turned in at the state convention. Held a meeting for prospective members. The program for the evening included a brief history of LCI and the Norcross Club, the charities we support, our fundraisers, and a video of LCIF. Made plans to have a food booth at the Norcross Art Fest. Have two requests for eyeglasses. One is in the process of being provided. Have another bag of eyeglasses to recycle.

**Oconee Lions Club = Oconee Lions Club Golf Tournament. The Tournament is set for June 14, 2010 at Lane Creek Golf Course, 1201 Club Drive , Bishop , Georgia .**

### TOURNAMENT AGENDA

DATE: JUNE 14, 2010—MONDAY

SCHEDULE:

8:00-8:45 AM REGISTER (SIGN -IN)  
(COFFEE & PASTRIES)

9:00 AM SHOTGUN START  
(4 PERSON CAPTAINS CHOICE)

1:30-2:30 PM Bar-B-Que lunch, awards ,  
door prizes and silent auction winners  
**HOLE SPONSORS \$85.00**  
**DONATIONS ACCEPTED**  
Rain date announced if needed.

### TOURNAMENT FORMAT

ENTRY FEE (\$100) INCLUDES:

18 Holes with cart	2 Mulligan
Range balls	Soft drinks
Continental breakfast	Goody bag
Post tournament meal	

Prizes:

- Winning team awards
- Closest to pin
- Longest drive
- Hole-in-One (Toyota automobile)

A Ball in Circle Challenge (cost \$ 5.00)

### SILENT AUCTION

AUCTION BEGINS AT 8:00 AM AND  
CLOSES AT 2:30 PM. WINNERS WILL  
BE ANNOUNCED IMMEDIATELY.  
Items include signed UGA paraphernalia.

**Snellville Lions Club = Service Projects:** Club collecting items at all meetings for the Lilburn and Snellville Food Banks. Following items turned into Lions Lighthouse – 6984 used eye glasses, 2090 loose lenses, 253 cell phones and 3 hearing aid. Club used the concession trailer to make funnel cakes, hamburgers and hot dogs for the employees at the New London Nursing Home for Nursing Home employees Appreciation month. **Special Project:** Relay for Life – Club used concession trailer to sell funnel cakes with all profits going to the cancer society. **Guest Speaker:** Lion Tom Williams with the RFD&B. **Awards:** Lion Norm Masters 25 year Chevron. **Fund Raisers:** Snellville Day’s Briscoe Park used concession trailer for funnel cakes, hot dogs, hamburgers and snow cones. Had Yard Sale with great turn out. Rescheduled Golf Tournament for 27 September.





**Union County Lions Club = Sight Conservation:** 4 applications for eye glasses & exams approved. **Lion Mints:** 100 rolls of Lion mints dispensed. **Social Concerns:** Lion Rosa Mandon sent 2 Birthday, 1 Anniversary, 3 Get Well, 1 Sympathy, for total of 7 cards. **Lion and friends and family volunteer hours:** 451 hours. **Membership:** Lion Sam Weisberg, No applications. **Donations:** \$500.00 to Lighthouse Campaign; \$500.00 scholarship to Union County High School graduate; \$440.00 for eye glasses & exams. **Recycling:** 114 eye glass cases; 213 pairs eye glasses; 73 pairs lens; 218 individual lens; 46 pairs of shade glasses; 39 cell phones; and one hearing aid. **Also,** list of State Lions awards applied for & turned in by Lion Gene Little. **May 2:** Kiwanis Fair. 25 Lions worked our food booth for total of 174 hours during the 5 day Fair. 6 family members & friends worked our food booth during this time for total of 28 1/2 hours. Note: There was a 'Special Needs Day' for about 200 hundred Mentally Challenged children & adults on a Thursday from 10:00AM to 2:00PM when the Union County Lions were invited to supply free popcorn. 9 of the above Lions were involved in this special time! **May 13:** The Union County Lions held their Annual Auction at the picnic pavilion behind the Senior Center with 11 guests and 26 Lion members for attendance percentage of 74.2. Pizza was served prior to the auction and several Lions & family members provided the deserts. Lion Jeff Neal was again our Auctioneer and did a great job with lots of laughs. Proceeds from this annual auction goes to our Administrative Fund and is always a fun & fellowship time. **Note:** As was started last year, Union County Lions Club now requires an 'assay' from graduating seniors who desire to compete for the \$500.00 scholarship from this Lions Club. This year there were 11 'assays' submitted as opposed to last year's 3. A committee of 4 Lions read & went over each assay carefully and this year's scholarship went to Michael Reilly a Union County High School graduating Senior. Michael will be attending North Georgia College & University. The scholarship was presented by Union County Lions Club President Lisa Little on the schools 'award's night'. **May 22-23:** Arts & Crafts Festival. Another new fund raiser for our Lions Club. This is an annual festival sponsored by Blairsville Downtown Authority and our 'downtown square' was a sight to behold with all the tents & booths around the 'Old Union County Courthouse' which is now 'home' to the local Historical Society. 10 Union County Lion members worked our food booth during the 2 day festival for a total of 72 hours. There was one family member & one friend[ she is also a prospective Lion member] & these 2 worked total of 8 1/2 hours. **May 23:** 3 Union County Lions; President elect, Mildred Thompson; 1st V.P. elect, Michael Thompson; and Secretary elect, Nita Elliott; attended Officer Training School on Sunday May 23rd in Hiawasse, Georgia.



**Winder Noon Lions Club = ACTIVITIES FOR MAY:** 164 pairs of glasses were collected and donated to be recycled. Five club members assisted with the blood drive held on 5/7/2010. The club spent \$99.12 in support of the Junior of the Year Award Program. \$300.00 was donated to the Winder Boys and Girls Club. \$33.90 was donated to support the High School Band Award. \$500.00 was donated to the Lighthouse for the Blind. **PROGRAMS FOR MAY:** 5/12/2010 Our program concerned the Noon Lions Club Outstanding Junior Award Program. The Outstanding Junior of the Year from Apalachee High School was Casey White. The Outstanding Junior of the Year from Winder Barrow High School was Taylor Keinat. 5/26/2010 Two speakers presented our program at this meeting. Keith Adams, Program Coordinator, Winder Adult Day Health, discussed the importance of the quality supportive services they provide at the day care center. Mary Beth Toles, Program Specialist, Winder Home Delivered Meals, talked about the importance of the meals they deliver 5 days/week to home bound individuals. Both speakers stated that volunteers are always needed to assist in these programs.



**We're Waiting =  
have you ASKed?**

**Did you submit yours?**

E-mail = [edmclionh@bellsouth.net](mailto:edmclionh@bellsouth.net) or  
Go on-line = [www.edmclion.com/](http://www.edmclion.com/) or

**What did you miss?**











**GA. Lions Lighthouse**  
**VP Lion Mike Higgins, PDG**  
[mhpdg@windstream.net](mailto:mhpdg@windstream.net)

Check out the new **Lighthouse Video**  
 Click here to view the Lighthouse Video!  
<http://www.eventstreams.com/lighthouse/010fst/>

### Brian McCann Joins the Capital Campaign Team

*With the support of the Georgia Lions, we are over one-third of the way to our \$2.75 million goal! Over a million dollars have been raised for our capital campaign. In addition, Atlanta Braves catcher Brian McCann agreed to be our honorary campaign chair*



McCann suffered from blurry vision last year after a LASIK surgery in 2007. He was only able to continue playing professional baseball because of a special pair of glasses made to fit under his mask and to give him peripheral vision.

*“Losing my sight could have cost me my job, “ he says. “Fortunately, I had access to quality eye care that kept me in the game and doing what I love. Each year, the Georgia Lions Lighthouse helps thousands of Georgians to see and hear the sights and sounds that help them to be productive and fulfilled. Please support their efforts.”*

*We are excited about the addition of McCann to our campaign team. Keep an eye on our new website video with McCann’s reasons for supporting the Lighthouse’s capital campaign. To learn more about the campaign and discover where the funds are contact Kyle at 404-325-3630 x 334 or at [kgalenski@lionslighthouse.org](mailto:kgalenski@lionslighthouse.org) .*



### Service Numbers

From July to December 2009:

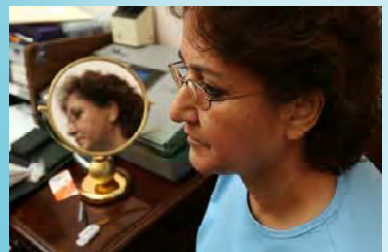
**2854** Georgians received **4448** points of service through our mobile clinic program.

**1454** people have better vision after receiving a pair of **glasses**. **174 recipients** were from **18-D**

**295** eye surgeries were performed. **35** were from **18-D**

**933** Georgians received hearing aids through the dispensation of **1700 hearing aids**. **128** were from **18-D**

**Demand** for all services is up **30 percent** over last year.



### Help Us Use our Recycled Glasses

**District D**  
 Judy Stamsen  
 770-995-9274  
[eskiemom@bellsouth.net](mailto:eskiemom@bellsouth.net)

### Lighthouse Launches New Website

The Lighthouse Foundation launched a new website in January. It is still at [www.lionslighthouse.org](http://www.lionslighthouse.org) but it has been redesigned and reorganized to be easier to navigate for clients, donors, and volunteers.



**DID YOU KNOW** = For the first nine (9) months of this Lion’s Year, District 18-D contributions to the Lighthouse are \$33,320.04 compared to \$33,229.42 for the same period last year. Sixteen (16) out of thirty eight (38) Clubs or 42.1% of the Clubs in 18-D have made regular contributions for a total of \$16,183.08.

**District D is leading the charge with over 75% of its clubs participating in White Cane! District F is in second, with 50% club participation. If your club has not yet donated to White Cane, please consider helping your district reach the 100% goal!**

The Numbers Clubs	
In Georgia: 247	
Submitted a White Cane Donation: 102	
By District:	Total Raised
18-A: 15	18-A: \$18,491
18-B: 13	18-B: \$11,229
18-C: 11	18-C: \$11,408
18-D: 29	18-D: \$43,344
18-E: 13	18-E: \$5,726
18-F: 21	18-F: \$15,301
Other: \$75	
<b>MD 18: \$105,575</b>	
<b>Goal: \$167,500</b>	

### May 27th Update:

Including pledges, Lions have raised over \$112,000 for White Cane! Thank you!

It's a good start, and over two-thirds of the way to our \$167,500 goal. If every club gives a gift that is meaningful to them, we can certainly reach the goal by July.

\* \* \* \* \*

First let me say thank you to those of you who have participated in our District D Capital Campaign Committee efforts to secure a pledge from each of the Lions Clubs in our District. We have passed the \$126,000 mark.

Second, please see the attached update. Our District has been a large part of this success. Much of the support has come from individual Lions making pledges. We still have 40% of our goal remaining and I am sure that our District will continue to do our part to complete this goal.

As I prepare for the State Lions Convention this week, I wanted to check and see if any of you have updates on the clubs that have not yet responded with a pledge/ contribution. Please send any updates including those that you would like for me to follow up on.

Thanks again for your time and efforts,  
David

\* \* \* \* \*



**Georgia Lions Lighthouse Foundation** received the following letter today:

"Lions Lighthouse Foundation:

Words can't express our appreciation for the work all of you did in providing services to the children at [our school]. Most of all I appreciate the ease and eagerness to accommodate our needs. Our kids are thankful!"

May 26 at 7:52am

As of May 27th - 29 Clubs out of 38 Clubs or 75% of the Clubs in 18-D participated in White Cane raising \$43,344.

21 clubs out of 38 clubs or 55% of the Clubs in 18-D received the Thousand Dollar Club Award.

# The Georgia Lions Lighthouse Foundation Proudly Congratulates the 2010 Lighthouse Award Winners

**Mildred Bingham Award:**  
*Lion Conny Shirley*

**Ken Massingale Award:**  
*LaVista Lions Club*

**District Director's Award:**  
*Lion Fletcher Dunn*

**Hearing Award:**  
*LaVista Lions Club*

**District Governor Award:**  
*DG Grace Clower*

**Highest Increase in Total Giving:**  
*Towns County Lions Club*

**LEO Club Award:**  
*Clarke County Middle School Leo Club*

**Lighthouse Contribution Award  
Large Club:**

*1st place — Towns County Lions Club*  
*2nd place — Jasper Lions Club*  
*3rd place — Ellijay Lions Club*

**Medium Club: Medium Club:**  
*1st place — Forsyth County Lions Club*  
*2nd place — Dawsonville Lions Club*  
*3rd place — East Cobb Lions Club*

**Small Club: Small Club:**  
*1st place — Rincon Lions Club*  
*2nd place — Albany Lions Club*  
*3rd place — Hephzibah Lions Club*

**White Cane Award  
Large Club:**  
*1st place — Union County Lions Club*  
*2nd place — Towns County Lions Club*  
*3rd place — Atlanta Metro Lions Club*

*1st place — South Cobb Lions Club*  
*2nd place — Clarksville Lions Club*  
*3rd place — Toccoa Lions Club*

*1st place — Albany Lions Club*  
*2nd place — Tifton Lions Club*  
*3rd place — Rincon Lions Club*

## **President Club Awards:**

*Albany Lions Club*  
*Atlanta Buckhead Lions Club*  
*Bainbridge Lions Club*  
*Calhoun Lions Club*  
*Chatsworth Lions Club*  
**Clayton Lions Club**  
*Covington Lions Club*  
*Donalsonville Lions Club*  
*Evans Lions Club*  
**Gainesville Lions Club**  
*Hephzibah Lions Club*  
*Jekyll Island Lions Club*  
**Lawrenceville Lions Club**  
**Martin Lions Club**  
*Moultrie Lions Club*  
**North Hall Lions Club**  
*Pike County Lions Club*  
*Rockmart Lions Club*  
**Snellville Lions Club**  
*Tifton Lions Club*  
*Villa Rica Lions Club*  
*West Cobb Lions Club*  
*Woodstock Lions Club*

## **\$1,000+ in Total Giving**

*Alpharetta Lions Club*  
*Atlanta Metro Lions Club*  
*Baxley Lions Club*  
*Calvary Lions Club*  
*Chattanooga Valley Lions Club*  
*Columbus Lions Club*  
**Dahlonega Lions Club**  
*Douglas Lions Club*  
*Fleming Lions Club*  
*Garden City Lions Club*  
*Hinesville Lions Club*  
*LaGrange Lions Club*  
*Liberty Coastal Lions Club*  
*McDonough Lions Club*  
*National Hills Lions Club*  
*Ocilla Lions Club*  
*Plains Lions Club*  
*Rome Lions Club*  
*Social Circle Lions Club*  
**Toccoa Lions Club**  
*Warner Robins Noon Lions Club*  
*West Point Lions Club*

**Athens Lions Club**  
*Augusta Lions Club*  
*Brantley County Lions Club*  
*Cartersville Lions Club*  
**Clarkesville Lions Club**  
*Conyers Lions Club*  
**Dawsonville Lions Club**  
*East Cobb Lions Club*  
**Forsyth County Lions Club**  
*Greenville Lions Club*  
*Jasper Lions Club*  
*LaVista Lions Club*  
**Loganville Lions Club**  
*Milledgeville Lions Club*  
**Norcross Lions Club**  
**Oconee Lions Club**  
*Rincon Lions Club*  
*Roswell Lions Club*  
*Sylvania Lions Club*  
**Towns County Lions Club**  
*Washington Lions Club*  
**Winder Noon Lions Club**

*Atlanta Lions Club*  
*Austell Lions Club*  
*Bulloch Lions Club*  
*Centerville Lions Club*  
**Classic City Lions Club**  
*Cordele Lions Club*  
*Decatur Lions Club*  
*Ellijay Lions Club, Inc.*  
*Forsyth Lions Club*  
*Grovetown Lions Club*  
**Jefferson Lions Club**  
**Lavonia Lions Club**  
*Marietta Lions Club*  
*Monroe Lions Club*  
*North Decatur Lions Club*  
*Oglethorpe Lions Club*  
*Rincon Noon Lions Club*  
*Sandersville Lions Club*  
*Thomson Camellia City Lions*  
**Union County Lions Club**  
*Waycross Lions Club*  
*Woodbine Lions Club*





**GA. Lions Camp for the Blind**  
**Thois Masters, PDG**  
[tstmasters@windstream.net](mailto:tstmasters@windstream.net)



**To Our Fellow Lions:**



**From everyone who has been given much, much will be required; and to whom they entrusted much, of him they will ask all the more. Luke**

*In the last few months I have thought a lot about this statement. I have thought about it in reference to living in America and the freedoms that entails. I have thought about it in my personal life with my own personal finances. The most daunting thought of all though has been in direct correlation with my job as your director. I know that I have been entrusted with an amazing opportunity to lead this camp into a new day. I have been entrusted to protect, challenge, motivate, and create amazing opportunities for the Blind of Georgia. I have been entrusted to be a good steward of an amazing organization. I feel like it's a big responsibility. I will be honest and tell you that I am grateful I don't do it alone. You see it's all of our responsibility. You as Lions in this state have been entrusted too. You have been entrusted to support the goals and operations of this camp. You have been entrusted to provide for and maintain these beautiful grounds. This is YOUR camp! You have been entrusted with it. Let that thought sit with you for a moment. What an amazing opportunity we have. No other facility in this state has been entrusted with the task. WE ARE IT! I hope as you reflect upon this amazing place affectionately called GLCB, you swell with pride. I hope that your head gets a little bigger and your steps get a little more bounce in them. May we never forget though that much is required!*

Forward,  
**Kristin**



**2010 Schedule**

- Session 1: Family Camp (age 4-9) June 13-18, 2010
- Session 2: Pre-Teens (ages 10-13) June 20-25, 2010
- Session 3: Young Adults (ages 18-25) June 27-July 5, 2010
- Session 4: Adults (ages 26-50+) July 9-16, 2010
- Session 5: Teens (ages 14-17) July 19-30, 2010



Go to the Camp web site [www.glc.org](http://www.glc.org) and see the main page video picture plus the ones listed below.

**CAMP VIDEO MADE ABOUT 1992**

Please note this video should be viewed with a high speed connection such as DSL or Cable.

**CAMP VIDEO 2003**

Made by Lion M. P. Jones. Please note this video should be viewed with a high speed connection such as DSL or Cable.

<b>Clubs:</b>	<b>Per Capita Donation</b>	<b>Patch</b>
Martin	\$95.45	Gold
Gainsville	\$85.00	Gold
Towns County	\$60.40	Silver
Oconee	\$59.86	Silver
Snellville	\$59.47	Silver
Clayton	\$55.46	Silver
Hartwell	\$46.00	Bronze
Loganville	\$43.66	Bronze
Clarksville	\$43.03	Bronze
Dawsonville	\$36.43	Bronze
Cornellia	\$33.64	Bronze
Athens Classic City	\$27.27	Bronze
Carnesville	\$20.00	Certificate
Norcross	\$20.00	Certificate
Lavonia	\$18.33	Certificate
Elberton	\$18.20	Certificate
Lawrenceville	\$16.67	Certificate
Clermont-Northhall	\$15.65	Certificate
Toccoa	\$11.63	Certificate
Athens	\$10.75	Certificate
West Jackson	\$10.75	Certificate
Winder Noon	\$10.47	Certificate
Auburn-Carl	\$10.00	Certificate
Jefferson	\$9.30	Certificate
Buford	\$7.93	Certificate
Winder	\$7.69	Certificate
Union County	\$6.50	Certificate
Royston-Franklin Springs	\$6.44	Certificate
Commerce	\$3.17	Certificate
Forsyth County	\$2.94	Certificate
Dahlonega	\$2.22	Certificate



## 2010 Grand Tour Of Georgia hosted by the

## Georgia Lions' Camp for the Blind, Inc.

**Ride your Motorcycle\*, see the great State of Georgia and help a blind child go to Camp! Enjoy a summer of riding experiences and help that same child gain a lifetime of confidence and experiences as well!**

**Purchase a Passport Book for \$25.00. This Passport Book is loaded with 19 scenic and historical locations throughout the great State of Georgia.**

**Ride to 15 of 18 optional locations and one mandatory location between April 1, 2010 and September 30, 2010. Record each visit with a photo, submit your record of visits and you will receive a Grand Tour Pin/w 2010 Year Tab and a Certificate of Completion. Those successful riders will also be able to purchase a 2010 Grand Tour of Georgia Tee Shirt.**

**\* Those wishing to partake in the Grand Tour of Georgia that do not ride motorcycles may do so. The same rules will apply.**

**To obtain a Grand Tour of Georgia Application visit the Georgia Lions' Camp for the Blind's Website at [GLCB.org](http://GLCB.org) or call (888) 297-1775 (Ga. Only) or (912) 283-4320 from 8am – 5pm Monday – Friday.**

**Ride Safe – Ride to Help Others!**





**Leader Dog Chair Lion Diane Wall**  
[liondianewall@bellsouth.net](mailto:liondianewall@bellsouth.net)

Fellow Lions:

## The Cycle of Love and How Purina Supports Leader Dogs

### Leader Dogs and the Cycle of Love

From puppyhood to retirement, Leader Dogs experience a life of love and devotion. Puppy raisers become enormously attached to the pups they raise, and enjoy the pride of seeing them become Leader Dogs. Many describe it as seeing their own children graduating high school. They get to meet the people who will own the Leader Dog, and they often form a strong attachment. The Leader Dog and owner form a loving bond far stronger than that of most pets and owners. After many years of service, when the Leader Dog is ready to retire, if the owner is unable to care for him, the dog sometimes ends up in the loving home of his puppy raiser!



egan,

How does a dog adjust to living in one home as a puppy, then in a kennel environment during training, then to a whole new owner in a distant city? "Purina Pro Plan Chicken & Rice Formula," Rachelle explains. "No matter what they do or where they go, at dinnertime, they always have Pro Plan in their bowl." Rachelle says the dogs adjust very well, but making sure they get the same Pro Plan diet keeps them from having any digestive upset during their transitions, and gives them a certain level of comfort.

How Purina Supports Leader Dogs for the Blind – and how you can too

Leader Dogs for the Blind is a remarkable organization that provides all their services to the blind for free. Everything in the 26-day training program - the flight to and from Michigan, room and board, the dog and all of his supplies are absolutely free of charge. And once the person is back home with their new Leader Dog, the organization continues to provide support and guidance.

Purina and Pet Supplies Plus are donating \$25,000 to support Leader Dogs for the Blind. By purchasing your pet food and toys at Pet Supplies Plus, you help support the organization.

If you'd like to donate, volunteer as a puppy raiser, or host a breeding dog, go to [leaderdog.org](http://leaderdog.org).



Dear Leader Dog,

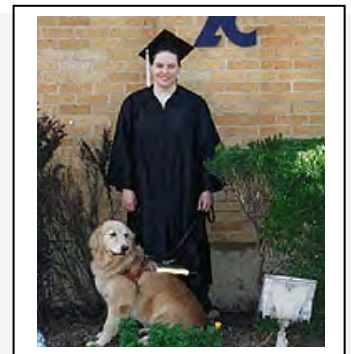
I want to thank each and everyone that had input into the training of my current Leader Dog Joy. She truly fits her name. I can't begin to count the number of times that she has protected me. I have to retire her soon due to arthritis, even though today it snowed and Joy was playing in the snow as if she was a puppy.

I am truly grateful for the gift that y'all gave to me. She is the first thing I think about in the morning and the last thing I think about at night.

Most of my family is grateful for Joy being in my life. She has given me more independence and freedom. My mom is so grateful because she always had a fear of me traveling by myself.

Now, she doesn't fear for me when I'm working with a dog. They are thankful that you guys gave me Joy.

*Windy Peyton* (currently working with her second Leader Dog, Soney)



\* \* \* \* \*

## o Coming to Leader Dog Gave Us More Than Dog Guides o Finding Family After 28 Years

### Diane Garrett and Leader Dog Ivy Green

When Diane Garrett and Randel Stuckey came to Leader Dog in January of 2010, they knew they would leave with new dogs, the 8th for Diane and the 5th for Randel. What they didn't know was that coming to Leader Dog would give them back a sibling.

During the first evening of class when the students were gathered for a lecture, they went around the room to introduce themselves to each other. When Diane Garrett introduced herself, Randel Stuckey spoke up, "that's funny, my sister's name is Eloise Garrett."

"Randy," Diane cried, "that's me. You're my brother." [Diane is Garrett's middle name] After class they shared a laugh as they headed back to their rooms and found that they had been placed next door to each other.



Diane Garrett and Leader Dog Ivy Green

### Randel Stuckey and Leader Dog Reesa Grace

Growing up together in South Carolina, both siblings experienced vision loss at a young age. They lost touch in 1982 after Diane moved to Oklahoma to get married and Randy moved to Florida. Though she attempted to find Randy several times, Diane was unsuccessful because of their out-of-state moves.

"It blew my mind when I found Diane again," exclaimed Randy. "When I was getting ready to come to Leader Dog I said to my neighbor, 'wouldn't it be a blast if I got to Leader Dog and my sister was there.'" Randy didn't know at the time if his sister even used a dog.

Besides sharing a love of their Leader Dogs, the two also shared an excitement over their Breeze GPS units. "I just love it because I like to get out and walk but I want to stay safe," says Diane. Echoing her feelings, Randy said, "The Breeze is the most wonderful thing, I'm in love with it – but I love my dog more."

The siblings plan on staying in touch and will think of each other every time they think of Leader Dog.



Randel Stuckey and Leader Dog Reesa Grace

\* \* \* \* \*

### Leader Dog "Bijou" Wins Humane Society Award

The Augusta, Georgia Humane Society awarded the Casey Ritchhart Award to Leader Dog "Bijou" for the work she does for her owner Cassandra Gentry. Cassandra is a chemistry teacher at Lakeside High School and credits Bijou with helping her regain her passion for teaching. [Watch the video to learn more about "Bijou"](#) and the special service she provides to Cassandra.

\* \* \* \* \*

### 14,000th Team Graduates

Our most recent dog guide class had the distinction of graduating our 14,000th Leader Dog team! This comes out to an average of 197 teams per year. The person to receive the distinction of being number 14,000 is Randy Cook from Aurora, Illinois. Randy received his 3rd Leader Dog, "Solomon," on March 10th.



From the desk of State RFB&D Chair Lion Steve Helwig [lion.swampthing@gmail.com](mailto:lion.swampthing@gmail.com)



Discover the pleasure of a good book this summer

Whether you prefer fiction or non-fiction we have thousands of books to choose from including our featured books in Summer Fun, Current Events, Popular Fiction, Adult Resources, or New Additions, which showcases new titles recently added to our library. [Order your books today!](#) »



### Why Your School Should Become A Member of RFB&D



RFB&D provides assistive technology solutions for schools and universities. Our programs, detailed below, ensure textbooks and printed materials are provided in

accessible formats for students who cannot effectively read standard print because of visual impairment, dyslexia or other physical disability.



View RFB&D's videos on [our YouTube channel](#).



#### Featured Videos:

- [Lisa H: Mother of a Dyslexic Second Grader Speaks Out](#)
- [Wounded Warrior Mike Jernigan and RFB&D](#)
- [RFB&D: Achieving Educational Success!](#)



**Judy Stamsen CCI Chair**  
[eskiemom@bellsouth.net](mailto:eskiemom@bellsouth.net)

### 10 Years of Caring, Sharing and Service



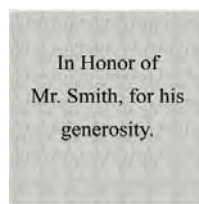
Caring, Sharing and Service...

Three little words that have a big impact. Caring, sharing and service have meant so much to the Southeast Region of Canine Companions for Independence. Since opening in 2000, hundreds of volunteer puppy raisers have spent time **caring** for a CCI puppy to prepare it for a lifetime of great work; staff and volunteers have spent time reaching out **sharing** our mission through presentations and campus tours; and more than 300 adults and children with disabilities have been a recipient of our **services**.

...Be a Part of the Celebration!

In celebration of our 10th anniversary, you have the opportunity to honor a friend or family member or pay tribute to a cherished canine. Construction is underway at our campus for a beautiful recognition area to serve as a testament to our past and to our exciting future. Located in front of our training room, where so many lives were transformed, the area will feature a wall incorporating beautiful plaques that can be purchased and engraved with a special message. The plaques are 5"x5" and are available on a first-come, first-serve basis for \$500.

#### Plaque Examples



Visitors to our campus will be able to view the names of those who have helped us provide exceptional dogs for exceptional people.

Check back often for pictures of the wall during its stages of construction. Also, plan to join us July 10th for a special unveiling ceremony to be held on the campus! The entire campus will be open to the public. Come enjoy bar-b-que lunch, self-guided tours and more.

For added convenience, you can purchase a plaque by credit card using this [online form](#). Different installment payment plans are available as well.





Lion Kathryn Higgins  
 Diabetes Awareness Chair  
[Klhiggins07@windstream.net](mailto:Klhiggins07@windstream.net)



**Red Striders**

**What is a Red Strider?**

A Red Strider is someone living with diabetes (type 1, type 2 or gestational) who walks in Step Out: Walk to Fight Diabetes as an individual or on a team! The purpose of the Red Strider Program is to support everyone who lives with diabetes and showcase the courage it takes to live every day with this difficult disease. As a Red Strider you are a VIP because YOU are the reason why we walk!

**Your Fundraising Dollars Help Stop Diabetes**

Did you know that every 20 seconds someone is diagnosed with diabetes? That's 4,320 people in a 24-hour time period! By raising money for Step Out, you are providing much-needed funds for American Diabetes Association's research, information programs, and advocacy efforts that help people just like you.

An impressive 75 percent of every dollar spent supports research, advocacy, and services for people affected by diabetes. Red Striders are encouraged to ask their loved ones to support them as they Step Out to fight diabetes.

**Join the Movement - How to Get Involved!**

Being a Red Strider means you are not alone. With hundreds of walkers who may share a similar story, and hundreds more to support you, being a Red Strider can help with your first step or your millionth—in your fight against diabetes! Get started by registering as a Red Strider today. [Register now!](#)

If you have type 1, type 2 or gestational diabetes you are eligible to become a Red Strider. All you need to do is contact your local Step Out Walk Manager and tell them you want to be recognized as a Red Strider on the day of the event. You will also receive a FREE recognition gift on the day of Step Out.\*

*\*Not all Step Out events provide free Red Strider recognition items. Check with your local coordinator to find out what they provide in your city!*

**Team Red**

Some cities have started Team Red, a team made up of Red Striders and their loved ones that support them. Contact your local Step Out coordinator to see if Team Red exists in your city. If there is not a Red Striders team in your event, you could be the one to start it and encourage others to join you!

**When you walk, you help Stop Diabetes**

Walking is one of the easiest, most relaxing forms of exercise for many people, but especially for those living with diabetes. Walking helps control blood glucose levels in people with diabetes and improves overall quality of life. It is also an activity that can help prevent or delay the onset of type 2 diabetes in people at risk.

You can walk almost anywhere at any time. And walking can give you more energy and help relieve stress. It's a simple, positive way to improve your health. You don't need expensive equipment—just a good pair of walking shoes!

And walking for the cause helps raise funds for the mission of the American Diabetes Association: *to prevent and cure diabetes and to improve the lives of all people affected by diabetes*. Each year, there are more than 160 Step Out: Walk to Fight Diabetes events held across the country, mobilizing teams and individuals to raise money and walk with one common goal—Stop Diabetes. Find a [walk near you](#) or call 1-888-DIABETES today!



**Diabetes Forecast** *The premier magazine for all the latest diabetes information*



*Monthly subscription included with ADA membership. Go to the following web site:*

<http://forecast.diabetes.org/june-2010>



**"The Power of Peace"**  
**2009-10 Grand Prize Winner**

*New Peace Poster Theme Announced: The theme for the 2010-2011 Lions International Peace Poster Contest will be "Vision of Peace." Peace Poster Kits will go on sale on January 15 from the Club Supplies Sales Department. See the order form (PR 785) for more details.*

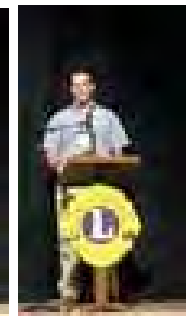


***101 Ways to Teach Youth How to Cope with Stress  
(and these will help adults as well)***

- \*\* Stretch your limits a little each day.
- \*\* Look at a work of art and think.
- \*\* Hum a jingle.
- \*\* Plant a tree.
- \*\* Feed the birds.
- \*\* Practice grace under pressure.
- \*\* Stand up and stretch.
- \*\* Always have a plan B.
- \*\* Learn a new doodle.
- \*\* Memorize a joke.
- \*\* Be responsible for your feelings.
- \*\* Learn to meet your own needs.
- \*\* Become a better listener.



***Lions Family Cub Program*** — *A frequent question is: How do we keep the children interested and involved? The answer is the Lions Family Cub Program which comes complete with a 30-page activity guide. The guide offers complete, step-by-step procedures that will help make Lion Cubs an integral part of your club. The Lions Family Cub Program will be an important part of making family membership a positive experience for parents as well as children. Please consider it as a part of our responsibility as Lion Leaders to serve our members and put their needs first. Remember that our Lion Cubs are the greatest potential source of Lions Club members in the future.*





Lions Crew at Work projects are hands-on service projects for active Lions. Projects can include:

- Improving schools.
- Remodeling non-profit community centers.
- Painting shelters for homeless persons or battered women.
- Updating food pantries.
- Repairing summer camps for disabled children.
- Painting/repairing public parks or playgrounds.
- Building new community facilities for persons in need.



Lions Crew at Work projects are high-visibility initiatives that illustrate the "We Serve" Lions motto. Lions Crew at Work projects will likely attract onlookers – all potential new Lions club members.

In addition to the Lions Crew at Work project, consider organizing a food, clothing, book or toy collection. This will involve the entire community in the Lions Crew at Work project.

\* \* \* \* \*

**The Clarke Middle School Leo club received-** Lighthouse Leo Award, Hank and Doy Barks Award (Camp), Georgia Leo Club of Service Award, and 1st Place State Award #32 (Scrapbook). They are also applying for the Leo Club of Excellence Award (LCI). If they get it will be the 4th in a row!

**Here is the list of the Leo clubs that qualified and applied for the Georgia Leo Club of Excellence Award:**

- Atlanta Chinese-American Leo club (F)
- Clarke Middle School Leo club (D)
- Colquitt County Leo club (C)
- Early County Leo club (C)
- Seminole County Leo club (C)

**Please let the Lions and Leos know that the GLCOS application is on the MD18 Leo website ([www.georgialeos.com](http://www.georgialeos.com)) and invite ALL Leo clubs to review the criteria and consider applying next year.**

The first Council meeting for the newly-formed MD18 Leo was a success! 23 Leos representing 4 clubs attended, along with Lions, and covered many topics.

**10 WAYS TO ENCOURAGE YOUR CHILD'S SENSE OF HUMOR (AND OUR OWN FOR THAT MATTER):**

- YOUR WORK IS OUT OF SIGHT!**
- YOUR PROJECT IS FIRST RATE!**
- YOU'VE OUTDONE YOURSELF!**
- WAY TO GO!**
- THUMB UP!**
- YOU'RE A GOOD FRIEND!**
- YOU CAME THROUGH!**
- TERRIFIC!**
- YOU TRIED HARD!**
- YOUR HELP COUNTS!**
- YOU MADE IT HAPPEN!**





# Lions Quest

*"Excellent workshop, good community involvement and just good people."*

Michelle A., Counselor, Proctor Jr-Sr High



## Rutland Town School and Pittsford Lions Club - Heroes in the Community

Vermont is the home of our Heroes in the Community winners! Mrs. Carol Barbagallo's third grade class at Rutland Town School collected 818 food items during the "100 Day" food drive in conjunction with the Vermont Lions Food from the Heart project. The class partnered with the Pittsford Lions Club, who collected 440 pounds of food outside grocery stores on February 13, 2010. Since Rutland has no Lions club, but does have a food shelf, Carol's class decided to donate their goods directly to the Rutland Community Cupboard. This brought the Lions project to a third community and food shelf. To congratulate their huge accomplishment, the class will receive a pizza party, t-shirts and prizes on May 17th and Mrs. Barbagallo will receive \$250 worth of LQ materials. Lions Clubs International Foundation Chairman Al Brandel will present an award plaque to the Pittsford Club at a personal visit on the same day. Moving forward, the MD 45 Lions are hoping to create a club in Rutland, starting with the appreciative teachers who are using LQ and participating in a variety of service projects. Rutland Central Supervisory Union expresses gratitude to Lions Clubs International Foundation and the Vermont Lions, who have recently made a generous commitment to provide substantial grant funding to support the further training of teachers and to assist in purchasing Lions Quest curriculum materials.



## Lions Quest Educator Award Applications Due!

The Educator Award is an opportunity for teachers to share their Lions Quest implementation strategies and success with other educators and to receive recognition for the very important work they do with our future leaders. The award [application](#) and [details](#) can be found on the Lions Quest [Web site](#). Applications are due May 30, 2010. One finalist from each represented U.S. state will receive a set of 25 student materials. One U.S. K-8 and 9-12 grand prize winner and a guest will be flown to Milwaukee, WI for a ceremony on September 23, 2010 where they will receive a \$500 grant to be used in their classroom.

## Lions Quest at USA/Canada Forum

The 2010 Lions Quest pre-forum session and training is open to all Lions and will be held on Thursday, September 23 from 9:00 a.m. - 2:00 p.m. at the headquarters hotel. When making your travel arrangements for Milwaukee, be sure to arrive in time to attend the Lions Quest pre-forum session!

## Online Presence Growing

The [Lions Quest Fan Page](#) has reached a 20 country fan base! Have you visited? The [Lions Quest Web site](#) received more than 35,000 visitors last month from more than a dozen countries. If you haven't been to the new site, you're missing out!

## Lions Quest High School Bullying Lessons Now Available!

The [Curriculum Updates section](#) of our Web site has new lessons for use with Lions Quest *Skills for Action*, focusing on four types of high school bullying - digital abuse, intent vs. effect, intimidation, and taunting. Each lesson includes slide masters and handouts, plus details for preparation and reinforcement. If you have not registered for our Curriculum Updates section, you will need to complete a very quick online registration to access the new lessons.

## Out-of-School Time (OST) Guide Coming Soon!

After completing market research of OST program needs, Lions Quest is developing a guide for implementing Skills for Adolescence (SFA) during this important time of the day. The guide will provide a solid organizational structure, a clean alignment of SFA components/features with OST quality elements, a good articulation of four approaches and implementation models, and easy to follow recommended steps for getting started with each approach. The guide is slated for completion this academic year, with a short term goal to create a supporting one-day OST workshop.

## Pepsi Refresh Project

Pepsi is awarding up to 10 grants per month in each of four award amounts from \$5,000 to \$250,000 to individuals, businesses and non-profits with ideas that have a positive impact. Anyone can submit their idea online and public voting determines the award winners. [Download the toolkit](#) to learn more.

Lions Quest // Phone: 800-446-2700  
300 W. 22nd Street // Fax: 240-646-7023  
Oak Brook, IL 60523  
[info@lions-quest.org](mailto:info@lions-quest.org) // [www.lions-quest.org](http://www.lions-quest.org)



## ADOPT-A-SCHOOL PROGRAM

When Liberty Day launched 14 years ago, our motto was simple: "A Constitution in every pocket."



This remains one of our main goals today—to make sure that every American has a copy of the Constitution readily available to them. But we know that most students who get a copy probably won't just casually read the document.



That's why Liberty Day is a sole-source provider of copies of the Declaration of Independence and the U.S. Constitution, along with educational materials on our nation's founding documents, to

schools.

However, we can only accomplish our mission of providing teachers with free, helpful, effective teaching resources with the financial help of organizations, businesses, individuals, and citizens like you! Read on to learn more about how you can help get these essential materials into the hands of 5th graders by adopting a class, a school, or a school district.

If your Lions Club is interested in sponsoring a Liberty Day project with a Scout group, please contact your District Liberty Day Chair or Lil Shurtleff, MD Liberty Day Chair.



**LIBERTY DAY GEORGIA  
DECLARATION OF INDEPENDENCE/U.S.  
CONSTITUTION**



As you are reading this information think of the **millions** of people that are "poking" their finger to test themselves morning, noon and night to check their sugar levels and the millions that then have to "poke" themselves again with insulin to maintain their levels throughout the day.

- A. 23.6 million people in the United States are diagnosed with diabetes
  - B. 72,000 people died last year due to diabetes
  - C. Diabetes is the 6th leading cause of death in the United States?
  - D. Complications of diabetes: blindness, kidney disease, nerve disease and heart disease to name a few
- These are just **four** answers when one asks why organize a **STRIDES** walk? Diabetes awareness is an important activity for Lions. There are many outstanding health benefits to walking, the world's most popular sport. By joining a **STRIDES** walk, participants can:
- E. Take steps towards better health
  - F. Build a community network of support of neighbors who have diabetes
  - G. Lead the way towards a cure
  - H. Spend quality time with family and friends
  - I. Meet new people
- The benefits of a **STRIDES** walk for community members who have, or are at risk of, diabetes include:
- J. Lower blood glucose levels
  - K. Delay or prevention of heart disease
  - L. Reduction of body weight
  - M. Maintenance of weight loss
  - N. Contribution to an overall feeling of well-being
- Lions **can** build awareness of diabetes by organizing **STRIDES**: Lions Walk for Diabetes Awareness.

Through the **STRIDES** walk, Lions can mobilize the community to join the effort to prevent, control and eventually overcome the risks of diabetes.

Lion Grace Clower  
404-694-0413  
[graceclower@bellsouth.net](mailto:graceclower@bellsouth.net)

**Cabinet Secretary**

Lion Steve Hart, PDG  
678 232-6687  
[peng77@bellsouth.net](mailto:peng77@bellsouth.net)

**Bulletin Editor**

Lion Ed Hashbarger, PDG (Yoriko)  
770-995-0405  
[Edmclionh@bellsouth.net](mailto:Edmclionh@bellsouth.net)

1441 Burycove Circle  
Lawrenceville, GA 30043  
Return Address

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*Have All Lions  
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