



We Serve

District 18-D Bulletin



MONTHLY BULLETIN FOR LIONS OF NORTHEAST GEORGIA

January 2008



District Governor Ruth Payton

Fellow Lions:

Well, 2008 is now upon us. This is the time of year when we look back with fond memories or sad experiences, and make resolutions for the New Year. I believe that I have yet to keep my resolutions, no matter how serious they were at the time they were made. But this year, I'm setting goals for the remaining of my term as your District Governor. Goals to expand in club membership, "close the back door" to the clubs current membership and to extended to new clubs I am wanting to see a net gain of one new member for the small club, 2 net gains for the medium sized club, and 3-5 net gains in the larger clubs.

We cannot control people dying or moving away which are reason enough to leave your current club. But we can be aware of those who are "leaving in good standing" or even "non payment of dues and non attendance". Please do your best to work with these members, to instill in them the vision of Lionism and to make them feel as they are a part in it. Please encourage those who are moving to another area to transfer their membership. Check out the listings of clubs the members plan to move to through LCI.

Starting January 14th, we of District D will be conducting a workshop and "hands on" training with PDG Carl Harrell, a LCI representative who will be coming to Norcross Jan 14-15th. At this time there will be training session and actual canvassing of community leaders to start a new club. There will also be training for those who wish to become a registered Guiding Lion. For the time being, we will be concentrating on Gwinnett County as it is the faster growing area in the District. We are looking for people to work with us, even after the workshop is over. Please contact PDG John Rudert at 770-446-1428 or jrudert@comcast.net The first session will begin at 8 am on Monday the 14th at the Norcross Lions Club building. You may also contact me at 706-491-4562 or paytonmd18@alltel.net

Also coming up in January is "Lions Day in the State of Georgia". Last year, our Governor, Sunny Purdue, signed a declaration stating that Jan. 13th will be Lions Day in GA. It is suggested that you wear your vests, and be visible in your community, have brochures ready to hand out and do something special where there is a need. Since the 13th is a Sunday this year, your clubs might want to plan something for Saturday the 12th: submit an article with pictures to your local newspaper, make announcements that Governor Sunny Purdue has declared this day as Lions Day. I have heard it said that Lionism is the best kept secret in the USA. And I believe that people are not Lions because they have never been told what all we do or have never been asked to join us.

Please also remember that Campaign SightFirst II is still alive and well. It is not too late to set a goal for a contribution before the end of June. Lions all over the world are working together on this huge project and the response has been outstanding! You don't want to miss out on this opportunity to help people keep their sight. The worldwide goal is US \$150 million and stretch goal is \$200 million.

I'm wishing each of you the best of New Years. May your prayers and wishes be graciously answered.

Happy New Year

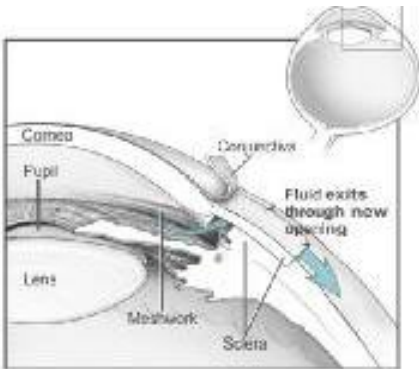
We are the greatest secret in the world
and it's up to you to spread the word.

24 January: World Peace Day - As Will Rogers said, "There's no trouble writing humor when you have the whole government working for you."

UPCOMING EVENTS

You know how time flies when you're having fun -- mark your calendars for:

January is Glaucoma Awareness Month.



To learn more check out this web site:
www.aoa.org

Millions of Americans are at risk of losing their eyesight to glaucoma, a leading cause of blindness in the United States. During Glaucoma Awareness Month in January, community leaders and health professionals are encouraged to provide sight saving information to those who are at higher risk. The National Eye Institute (NEI) offers a variety of resources and materials that Lions clubs can use to plan and conduct successful campaign activities. www.nei.nih.gov.

13 January is Melvin Jones' Birthday



Planning Ahead



2-3 February – Camp for the Blind Winter Meeting, Warner Robins, GA.

16-17 February – Georgia Lions Lighthouse Winter Meeting, Macon State College

24 February – Lions of Georgia Member Night at 4:05 pm – Gwinnett Arena to watch Hockey

March – Prepare Club Elections and PU-101 forms
YOU CAN DO THIS EARLY.....

To: All Districts and Clubs subject to United States Tax Laws.

Re: Tax Information available on LCI Website

Information regarding United States tax laws and filing instructions is available on the Lions Clubs International website at www.lionsclubs.org (click "Resources", "Forms", "Legal"). You will find: Detailed information concerning the requirements for filing Form 990, 990-N (E-Postcard), 990-EZ; a sample Form 990-EZ, with explanations; a blank Form 990-EZ; guidelines for disclosures regarding non-deductibility of contributions or gifts to Lions districts and clubs; and a summary of provisions concerning possible tax liability for Unrelated Business Income Tax (UBIT). Additional information concerning United States tax laws may be obtained from the IRS website at www.irs.gov. Please review this information at your earliest convenience.

Legal Division, Lions Clubs International



Where in the World

Have you ever checked the Lions Web site – click on Lions Newswire or check out =

- **Lions News Network** 📺
- **LQ-Lions Quarterly** 📄?

“Peace Begins With Me”

Each year Lions clubs in about 75 countries sponsor approximately 350,000 children 11 to 13 years of age in the contest, providing young people with an opportunity to creatively express their feelings for peace. The theme for the 2008-09 Lions International Peace Poster Contest is “Peace Begins With Me”. Lions clubs are encouraged to get involved and sponsor the contest in local schools and organized youth groups, such as Boys & Girls Clubs. Through the program Lions interact with young people and local organizations, encourage others to contemplate international understanding, and obtain positive publicity for their clubs and the

association. **Order your [Peace Poster Kit](#) from Club Supplies.**

2008 LCIF Calendars

Calendars depicting the mission of LCIF are now available. The 12-month calendar with photos of service projects from around the world is US\$5 each and makes a great gift for friends and family and to recognize Lions members. To purchase a calendar, send a check for US\$5 to: LCIF, Attn: Development Department, 300 W. 22nd St., Oak Brook, IL 60523.

2008 Lions Environmental Photo Calendar

The [2008 Lions Environmental Photo Contest Calendar](#) is a great idea for club gifts and prizes. This multi-lingual, 11" x 17" (27 x 43 cm) wall calendar features 13 multiple district environment photos. Calendars are available for US\$10 each; [order now](#).

Volunteer Activities for Families

Volunteering together allows families to share precious time with each other and to pass down values of giving back to the community from one generation to the next. To help your club get started thinking of ideas that

include families, Lions Clubs International has put together a list of project ideas that include families. Look over the [Family Activity List](#) and see what projects your club is already participating in that could include family members.

Don't Lose Your Tax Exempt Status

If you are a small tax-exempt organization that normally has annual gross receipts of \$25,000 or less and does not have to file Form 990 or 990-EZ, you must file the [e-Postcard \(also known as 990-N\)](#). It's due by the 15th day of the fifth month after the close of your tax year. Lions clubs operate on a fiscal year, July 1 – June 30, and the e-Postcard will be due by November 15, 2008. Any Lions club that fails to meet its annual reporting requirement for three consecutive years automatically loses its tax-exempt status under the new law. Go to www.irs.gov/eo for complete details and while you're there sign up for Exempt Organization's free e-mail newsletter, EO Update, to receive up-to-date information posted on the charity pages of irs.gov.

Southeaster Lions Leadership Institute

Southeastern Lions Leadership Institute: The institute will be held 27-30 March 2008 at the Tennessee Conference Center for the United Methodist Churches in Beersheba Springs, Tennessee.

Cost will be \$110 per person but includes all lodging, meals, and materials. The institute is open to Lions who have not served as VDG and will include topics such as goal setting, meeting management, group dynamics, team building, personality, leadership style, problems solving, conflict resolution, delegation, mobilization of volunteers, diversity, protocol, mentoring, and public speaking. For more information contact Past International



Director Dr. Beverly Roberts at 706-592-2982 or email at pidbroberts@bellsouth.net . Only 60 spots are available, so send in your registration now!



What is CSFII?

**Gifts of US\$1,000+ are eligible for a Melvin Jones Fellowship.
All gifts of US\$100+ are eligible for Campaign SightFirst II recognition.**

Total Gift	Annually	Monthly	Daily
US\$10,000	US\$2,000	US\$166.67	US\$5.48
US\$5,000	US\$1,000	US\$83.33	US\$2.74
US\$2,500	US\$833.33	US\$69.44	US\$2.28
US\$1,000	US\$333.33	US\$27.78	US\$.91
US\$500	US\$166.67	US\$13.89	US\$.46
US\$400	US\$133.33	US\$11.11	US\$.37

Eye Care and Education Programs

EyeCare America offers multiple eye care programs for which individuals may qualify for services. The programs include Seniors, Glaucoma, Diabetes, Age-Related Macular Degeneration, and Children’s EyeCare. Callers will automatically be screened to determine the program that provides the most appropriate eye care services to meet their needs.

*Pledges of US\$5,000+ may be fulfilled over five years.
Pledges of US\$4,999 and below may be fulfilled over three years.*

MACULAR DEGENERATION occurs with degeneration of the macula, the part of the retina responsible for sharp, central vision needed to read or operate an automobile. About 1.8 million Americans 40 years and older have advanced macular degeneration, and another 7.3 million people with macular degeneration are at risk of vision loss.

DIABETIC RETINOPATHY is caused by changes in the blood vessels of the retina that lead to changes in vision and vision loss. Individuals with diabetes are at high risk of the disease.

GLAUCOMA occurs when the pressure in the eye increases to dangerous levels and damages the optic nerve, resulting in decreased peripheral vision and, eventually, blindness. Glaucoma is the second leading cause of blindness in the world, according to the World Health Organization.

A **US\$2 million SightFirst grant** was awarded in the U.S. for further development of a pilot program to address uncorrected refractive error by providing new, customized eyeglasses to underprivileged men, women and children.

Why Not make your own PERSONAL contribution of \$200 or why not become a Melvin Jones Fellow - \$100.00 down and \$300.00 a year for 3 years. (Don't forget - this is TAX Deductible)

It takes more than hospitals, screenings and medicines to Save -- sight it takes Lions.



Editor's Note



Fellow Lions:

HOCKEY GAME

Last year, some Lions had the opportunity to go to a hockey game in Gwinnett County. The main purpose was to collect used eyeglasses and cell phones. The 2nd purpose was to enjoy a hockey game and wear our Lions vests.

This year, we have been offered the same deal = set-up a Lighthouse display and collect used eyeglasses and cell phones and all Lions wear their Lions vests and enjoy a hockey game. You can even bring your family members to enjoy the game also and pay the same price - \$13.00.

OK fellow Lions - here is our chance again. Were looking at Sunday, 24 February this time. Below is last year's event paper - but this time it is the same place, same time, same day, but different date - 24th – and again, it is up to you on how successful we can be this time.

We all enjoyed last year's game - now we have sent info out to you to MARK on your CALENDAR and be prepared to enjoy another game of hockey. I am also looking for each of you to pass the word that we will have a display in the Gwinnett Arena so we can try to collect MORE eyeglasses, cell phones and hearing aids. We have to try and get it in every newspaper, magazine etc. as possible. There were even people that came from Cobb County and places northwest and south that came to the game.

Let's see what we can do to get the word out and get more LIONS to watch the game in their yellow vests and be spot lighted and recognized by the announcers at while in our seats. We need 20 or more LIONS in vests to show up (more is like it should be) and help pass the word that this will be Lions of Georgia Member Night to collect all we can for the Lighthouse.

I would need to know who and how many will be coming to the game. This is to make sure that your name will be added to a list in order to pick-up your tickets at the (WILL CALL window).

If you want to enjoy a great game of hockey – please let me know. This is another great opportunity in getting out and showing who we are.

GWINNETT GLADIATORS
P.O. Box 99738, Duluth, GA 30095
Phone: 770-497-5109 Fax: 770-497-5101

Lions of Georgia Member Night
Sunday, February 18th – Game Time: 4:05 pm

Are you going as a group? Use this form to sign up for our exclusive group night at the Gladiators game. Tickets are less expensive than if you were to walk up and we'll need to get together to enjoy the game as a group.

Group Benefits:

- Exclusive, Reserved Seating. Best available seats in the arena at the game.
- Sit together. We'll get together and have fun together in a specially reserved seating area for our group.
- Who's the man just for checking up. There will be a great table for all members in our group.
- Get a lion on Gladiators gear. Everyone in the group will also get a discount on Gladiators merchandise.

Game Date: February 18

Customer Name: _____
Address: _____
City: _____ State: _____ Zip Code: _____
Day Phone: _____ E-mail: _____
Payment: Check (available to Gwinnett Gladiators)
 Visa MasterCard Discover American Express

Card #: _____
Exp. Date: _____ Security Code: _____
Signature: _____

THE ARENA
GWINNETT COUNTY
1000 WOODBRIDGE BLVD
DULUTH, GA 30095

Purchaser Name (if 2) - \$ _____
SUBTOTAL = \$ _____
\$3.50 Bill (if received) = \$ _____
TOTAL AMOUNT DUE = \$ _____

Mail us for your order to:
Group Sales Department
Attn: Jim Hall
P.O. Box 99738
Duluth, GA 30095
Fax: (770) 497-5101

Group orders must be received at least 2 days prior to game time and are based on availability. Tickets will be available for pickup at the Gwinnett Arena (1000 Woodbridge Blvd) at least 2 days prior to the game date and will be held for pickup at the Arena Box Office, 1011 Woodbridge Blvd, Duluth, GA 30095. Tickets will be available for pickup at the Arena Box Office.

For more information, call: 770-497-5109 or e-mail: jhall@gwinnettgladiators.com



We are the greatest secret in the world and it's up to you to spread the word.

It is up to you.....



The **KEY WORD** to all of this is **ASK**
 Any further questions – just ask!

Dear Club Officer,

Think back to your routine this morning. You probably did what you always do: pour a bowl of your favorite cereal, read the section of the newspaper you always turn to first, or flick on your preferred morning TV or radio show. You likely had awoken at the same time you always do and even rolled out of the same side of the bed to which you're accustomed.

We like routines. We are comforted by the familiar. Face it—people are creatures of habit. And so are Lions. That's a good thing—to a point. When we automatically revert to familiar practices and procedures and don't even consider whether changing things would give us better results, then we may be not be maximizing our capabilities as Lions.

My presidential theme is Challenge to Change. Note the two concepts. We Lions need to change and it is indeed a challenge. We Lions have been highly successful for more than 90 years and the tendency is to keep doing what we do—because that's how we've always done it. But the world around us has changed and we need to change, too.

It's been said if you change your thoughts you can change the world. The only real impediment to Lions evolving and increasing our stature and numbers in our communities is ourselves. We belong to a great organization that has proven its value generation after generation in country after country. We Lions have the formula for success. Service to others is a magnificent, noble endeavor with great staying power. And we have a lot of fun while we serve. But we must evolve from our past, not be chained to it.

Lions, be creative. Use your imagination. Dream up new ways of holding meetings, attracting new members and doing service. Respond to your

changing community with a fresh approach and bold ideas. Be practical and prudent but don't hesitate to improvise and experiment. No one likes change. But everyone relishes success. Push aside the invisible barriers we erect—the box that regulates our actions. Yes, it's an overused phrase but think outside that box. The world wants us and needs us. Our service is indispensable. It's up to us to remain relevant.

You have my thanks for all you do as well as my very best wishes for this holiday season and for another year of successful service in 2008.

Sincerely,
 Mahendra Amarasuriya
 International President



"I am your opportunity."

Helen Keller

"Opportunity lies within Lions."

Unknown

DEAR ABBY:

Dear Shari, Thank you for sending it. Others may find it thought-provoking. Read on:

"Once upon a time, there were four people; their names were Everybody, Somebody, Nobody and Anybody. Whenever there was an important job to be done, Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it.

When Nobody did it, Everybody got angry because it was Everybody's job. Everybody thought that Somebody would do it, but Nobody realized that Nobody would do it.

So consequently Everybody blamed Somebody when Nobody did what Anybody could have done in the first place."

Family Membership

Family Membership is an exciting opportunity for Lions to welcome and expand services to their community. With family members as the main focus, Lions Clubs International offers a reduced dues rate to its members and presents special programs, activities and opportunities for families.

View the [Frequently Asked Question page](#) for answers to billing, certification, program questions, the [printable certification form](#) and [online certification instructions](#).

Club Family Participation Materials

[Family Membership Brochure](#) - Give this brochure to potential new Lions. The brochure explains how family can be involved in a Lions Club and how their family can make a difference in your community. Available in English, French, Portuguese, and Spanish.

[Family Friendly Lions Club Concept "How to Guide"](#) - Easy guidelines to creating a family friendly club

Volunteering together allows families to share precious time with each other and to pass down values of giving back to the community from one generation to the next. View the [Family Activity List](#) for project ideas that include families.

[Planning a Family Event](#) - Steps to plan a one-day event

[Participating in one-day events](#) - Benefits to the club

[Family Membership Pioneer Award](#) - A banner patch bestowed upon clubs adding 10 or more new family members during the fiscal year.

If you have questions regarding family membership e-mail memberprog@lionsclubs.org



RETENTION!

Let's think about it.....and ask, what have I done to close the backdoor?

How is your Retention Program – are you keeping GOOD LIONS??? Let's try something different – let me go down under with some new thoughts.



“Membership Retention – Routine Maintenance, Not Rocket Science”

**“Involvement in Club Projects and Events”
Create a Good Circle of Lionism**

When the members feel Friendship and *companionship* in their club the meetings become well *attended*.

When members participate in discussions more *ideas* are brought forward. The best ideas develop into new and *better Activities*.

The result of the new activities is *satisfaction*. The satisfied members get **more involved** and **more interested**.

Satisfied members and successful activities are noticed in the surrounding community and people ask about the Lions.

“What do you do, and why. How come that you seem so happy and satisfied with your life?”.

And we recruit *new members*, who *get involved*.

And the circle turns into an ever-growing spiral of *involvement, companionship and satisfaction*.

It sounds easy – and it is easy. It is everyone's responsibility to contribute to the companionship and the involvement.

More info – www.lionsclubs.org CHECK IT OUT!

CLUB REPORTS



This is another way of getting Lions in your club, new members and prospective members interested in doing something new and different. Getting involved is another word for **WE SERVE**.

Look around:



Certain things can happen when your Lions Club gets involved. If we have to find something new – go for it – because the more we raise – the more we can give. Also, the more members who get involved also create a bundle of fun and more money raised. The information that appears may benefit another club – for here is where we get ideas and we might be able to use those ideas within your own club.

Clermont/North Hall Lions Club

December 2007 Activities

We celebrated the Christmas season at our second meeting this month, enjoying the companionship of friends and family. The meeting was well attended and resulted in good food and many laughs.

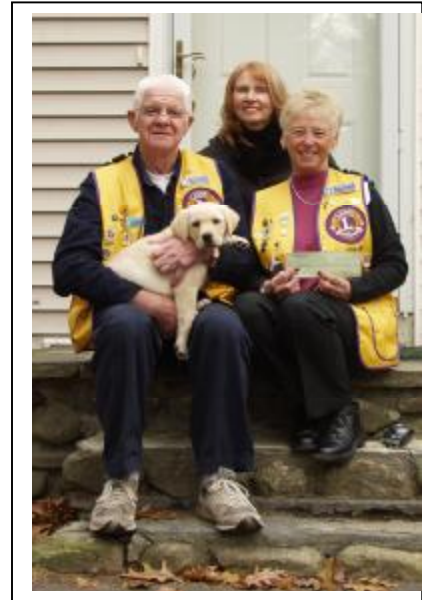
During the month we met the District Governor's monetary goals. We also made a contribution to the local Secret Santa program and a special donation to the Wauka Mountain Elementary School's Special Needs class. We continued our parking project at the Georgia Mountain Center, working almost 70 voluntary hours.

Lawrenceville Lions Club = We had a very successful Annual Pecan Sale as a fundraiser. Donated \$300.00 and several bags of canned foods to the Lawrenceville Co-op and another \$300.00 worth of food and gifts to a needy family of 3. A Christmas meal was delivered to a handicapped shut-in. Had 4 volunteer at a health fair at Gwinnett Tech and they performed 59 eye screenings and handed out several brochures. to EYEGGLASSES COLLECTED: 292 and HEARING AIDES COLLECTED: 0 and VOLUNTEER HOURS: MONTHLY: 92

Norcross Lions Club = Received a check from our Norcross Art Fest and have met District Governor's goals plus made additional donations to the Meals on Wheels, 5 elementary schools in Norcross, Coop Ministries, Camp Kudzu, Peace Poster Contestant, Georgia Lions State Band, Norcross High School Student of the Month and local Sight and Hearing Conservation projects. Began organizing for next year's Norcross Art Fest.

Snellville Lions Club = Club members walked in the annual Lilburn Christmas Parade. Members also helped with the annual Christmas party at the New London Nursing Home in Snellville handing our gifts and refreshments.

Union County Lions Club Three applications for glasses & exams were approved. Lion Mints for past two months – collected \$194.00 and dispensed 570 rolls of mints. 7th Annual Lions Christmas party – special guests were a group of developmentally disabled adults (ages 23 to 74) from the Day Retreat in Blairsville. They were presented gifts from their personal gift list requests plus a t-shirt with their individual picture on front and below picture printed ‘A Friend of Union County Lions’ – this will be their ‘bowling shirts’ as they have formed a bowling team under direction of Kym Szczepanski, founder & Director of Day Retreat, Inc. What an absolute delight to see the huge child like smiles on these adult faces! Check some of the pictures. Also at this Christmas meeting, toys were presented to SAFE House Executive Director Kathie Hollis for the 76 children who have come through SAFE House this year. A wonderful time was had by all! Accumulated 147 voluntary hours. Also pictured Lions Maureen and Ted Gustafson presenting a donation to the executive director of Needs/Dogs for Deaf and Disabled Americans.



We're Waiting = have you ASKed?

Did you submit yours?
E-mail = edmclionh@bellsouth.net or
Go on-line = www.edmclion.com/ or





GA. Lions Lighthouse
VP Bill Mundy
billmund@alltel.net

Check out the new **Lighthouse Video**
Click here to view the Lighthouse Video!

<http://www.eventstreams.com/lighthouse/010fst/>

Fellow Lions,

New Eye Clinic a Success!

Low-income Georgians facing vision loss have new hope, with the opening of the Georgia Lions Lighthouse Foundation clinic in downtown Atlanta.

Through a partnership with the Good Samaritan Health Center and the Emory Eye Center, and grants from private donors and Georgia Healthcare Foundation, the Lighthouse Foundation will provide an eye exam and glasses for more than 600 people over the next year.



Hearing Conservation

“It was like people were speaking a foreign language” - Dorothy, a spry 80 something, moved to Georgia several years ago to help take care of her daughter who had suffered a major stroke. She noticed that it was getting increasingly hard to hear things clearly. “It was like people were speaking a foreign language”, Dorothy said. Today, with her new, affordable aid purchased through the Lighthouse, Dorothy is better able to hear. She once again can fully participate in church, understand her grandchildren and hear the television. Once again the world is speaking a language Dorothy can understand.

Grateful Patients Say Thank You

“When I put on my new glasses it was almost scary. Everything was so clear. It was like I’ve been looking through a cloud. Thank you so much.” Beverly

“Thank you for all the kindness, caring and hard work it took for John’s hearing aids. He was so excited he could hear. He heard things that he forgot like the rain. He cried, I cried, Thank you. To get the great gift of hearing the day before Thanksgiving is a day we will never forget.” John and Janet

“I don’t have enough words to say thank you very much. At 88 years old, with my hearing aids I just discovered a whole new world again.” Maria



GA. Lions Camp for the Blind
 VP Ken Thurmond
eyebank@alltel.net



From the desk of Vice-President of the Camp for the Blind

I and the Staff of the Georgia Lions Camp for the Blind, Inc., would like to wish the Lions of Georgia a Happy New Year and we hope that all will prosper in this new year.

On the weekend of 14 December, 31 campers joined together at the camp and shared fellowship and holiday spirit at Xmas Camp. There were 40 campers originally registered to attend but only 31 arrived. To quote CA Jerry Kaiser, “it was a great camp.” Thank you staff and the many Lion volunteers.

Registration information will be mailed soon for the summer session. We would like to remind everyone that we changed our schedule slightly for the upcoming summer session. Each session will still begin on Sunday, but will now end on Friday. After discussing this with staff and with the Executive Committee’s approval, we made the change. This is done to allow the staff more time to relax and prepare for the next session. If you think about it, they are with our campers 24 hours a day for the entire time. They really have no time to unwind and relax. This change will enable them to have two days off.

When you are making plans for the spring, don’t forget the two weekends 28 – 30 March and 25-27 April 2008.

And of course, if you haven’t sent your contribution to the camp, please do so. We request that you make your contributions in the fall. If your club is unable to do that, then please send each quarter. Remember, we are there all year and now have two camps in the fall, not just the summer.

Century Club Funds contributed to the Century Club become part of the Georgia Lions’ Camp Facility Expansion Fund. This is a development fund, which provides Lions, Lionesses, non-Lions, businesses and others with the opportunity to give a gift that assures the continued expansion of the Camp’s facilities. You can join the Century Club simply by making a contribution of as little as \$100.00 per year.

Please download this [Century Club Application](#) for more information. It is a PDF and you will need the free [Adobe Acrobat Reader](#) to view it.

General Donation Your gift is applied to both monthly and annual needs of the camp, routine maintenance and summer programming. This donation directly helps us to provide recreation, socialization, education and rehabilitation to visually impaired individuals of Georgia.

Our website is www.glcb.org for those that want to get the latest information on our calendar and schedules. Our Winter Meeting is the weekend of 2-3 February, 2008. Committees will meet at LaQuinta Inn in Warner Robins on Saturday 2 February. The Saturday night Banquet will be at the Centerville Lions Club. Please make reservations. The information will be on the website and your Associate Director will also have that information. The Board of Directors Meeting will be Sunday, 3 February at 11am. At this meeting we will be electing officer. The Delegate form and instructions were mailed to your Associate Director. If you have any questions, please don’t hesitate to call me at 404-444-2064.

Georgia Lions' Camp for the Blind, Inc.
 5626 Laura Walker Road
 Waycross, GA 31503-6488



Leader Dog Chair
PDG M.C. Stowe
mcstowe@alltel.net



Your Continuing Support Brings Success and Independence



Kids N' Coins

Kids N' Coins is a unique and educational fundraising effort involving schools. Students are asked to collect spare change from their homes and families to donate to Leader Dog. 100% of the money raised is applied directly to the training costs of a student/dog team. Schools that participate in the program will receive a photo of the Future Leader Dog they are "sending to school," as well as a picture of a graduate team. Each student participating will receive information about Leader Dogs for the Blind and a *personalized certificate of generosity*.



Kids N' Coins is a flexible program that can be tailored to any school. Administrators can create friendly competitions between classes, grades or neighboring schools. The length of the program can be customized from as short as one day to several months.



How can my school get involved?

School administrators or program coordinators must complete and return the participation form – you can get from the web site <http://www.leaderdog.org/site/PageServer> . Leader Dogs for The Blind will then contact you and forward a Kids N' Coins coordinator packets. Leader Dog will supply participating schools with posters, coin wrappers, lesson plans, a participation plaque and certificates of generosity for students.

All you need to supply are the kids and the coins!



From the desk of State RFB&D Chair Lion Steve Helwig lion.swamphing@gmail.com

Have you gone to the web site of RFB&D

This is what you have missed.....

News and Updates for Our Members

RFB&D members can now use their **BrailleNote DAISY book reader** and **Maestro Pocket PC** to access RFB&D AudioPlus® books! [Click here to learn more.](#)



Harry Potter and the Deathly Hallows is here!

[Find out now how you can get Harry Potter on RFB&D's AudioPlus® CDs](#)

Have you purchased a playback device/software to play RFB&D's AudioPlus books? Read about [Getting Started with RFB&D's Players and Software](#) [View all of our players and accessories.](#)

Existing Victor Reader Soft Users: Free Upgrade to Victor Reader Soft 2.0 is available. [I am an existing Victor Reader Soft user and would like to download the free upgrade](#)

Victor Reader Vibe Users: Any member who purchased a Vibe between February 22, 2007 and April 2, 2007 may experience a problem playing RFB&D's AudioPlus® books. Users will need to download Patch upgrade Version 1.3.1R from the below link. [I would like more information on downloading the Patch upgrade for the Victor Reader Vibe](#)

Existing EclipseReader Users: Free upgrade to Version 3.0. Additional details will be sent in separate email. [I am an existing EclipseReader user and would like to download the free upgrade](#)

Information for Parents and Potential Members

Need help finding information on this site? Get an [overview of the site](#) or [view our site map](#).

[Information for Parents](#)

[Information for Students and Professionals](#)

[Learn how to become certified to become an RFB&D member](#)

[RFB&D's membership pricing structure](#)

[New! View RFB&D's latest Quick Facts and Figures for Fiscal Year 2007](#)

Information for Teachers, Administrators, Educators



Learning Through Listening®
Classroom Tools. Sound Advice.

RFB&D Announces a New Website that Offers Unique Advantages for Educators

www.learningthroughlistening.org

- Content is educator-developed and reviewed.
- Complete lesson plans.
- Engaging listening activities.
- Support for educators.

[Information for Educators](#)

[Training for Educators using the Learning Through Listening Program](#)

[Research on the effectiveness of the RFB&D program](#)

[New! View RFB&D's latest Quick Facts and Figures for Fiscal Year 2007](#)

To learn more about RFB&D go to:

www.rfb.org/Units/Georgia_Unit.htm



Lion Grace Clower
Diabetes Awareness Chair

Prevent & Control – About 54 million American adults have prediabetes (glucose levels higher than normal, but not high enough to be type 2). Another 21 million have type 1 or 2 diabetes. That means that there are 75 million of us who need to avoid the serious health risks associated with both diagnoses. Here, some important tip:

Eat more fiber and whole grains. The Nurses' Health Study showed that women who eat a diet rich in whole grains, fiber, fruits and vegetables and who minimize red meat and saturated and trans fats are 36 percent less likely to develop diabetes than those who don't do so.

Get moving. Exercise can reduce insulin resistance, helping to fend off type 2 diabetes. For everyone, exercise helps keep weight and blood pressure under control, raises good (HDL) cholesterol and lowers bad (LDL) cholesterol.

Exercise safely. If you have type 1 or type 2 diabetes, exercise is recommended, but it must be approached with a plan. Consult your doctor and/or nutritionist and take the time to get into it slowly, monitoring your body's responses and learning how to adjust food and medication to keep glucose levels stable. Exercise reduces the need for insulin-and that is always good. But it can also plunge you into hypoglycemia (low blood sugar)-and *that* can be both unsettling and potentially dangerous. To prevent this, it is important to test your glucose before, after, and sometimes even during, exercise, particularly if you have type 1. Then you can take in a fast-acting glucose snack or adjust you insulin. People with complications (retinopathy, kidney disease or neuropathy) may not be able to exercise or may need to do it very slowly and carefully.

For example, raising the blood pressure in the small blood vessels of your eyes and kidneys can make problems with these organs more severe. And if your fasting glucose levels are chronically high and you have type 1 diabetes, first you need to work with your doctor to lower your

blood sugar levels; only when they come down should you make an exercise plan. For anyone who has diabetes it's essential to discuss any exercise plan with your health care provider or diabetes educator before embarking up it.

Loss weight. Combining exercise with weight loss is an even better bet. In the National Institutes of Health's Diabetes Prevention Program, people at risk for type 2 were able to stave off the disease by cutting fat and calories and walking 30 minutes a day, five days a week. Participants in the lifestyle arm of the program reduced their risk of developing diabetes by 58 percent. By contrast, those who received a medication reduced their risk by only 31 percent.

If you would like for me to present a program to your club, please contact me at graceclower@bellsouth.net



Canine Companions for Independence® is a national nonprofit organization that enhances the lives of children and adults with disabilities by providing highly-trained **assistance dogs** and ongoing support to ensure quality partnerships.



Veterans Program: CCI provides assistance dogs to injured military personnel. Check out the web site for more information.

<http://www.caninecompanions.org/veterans/index.html>



The foundation of every Southeastern program is respect and trust. Southeastern Guide Dogs is dedicated to the loving and humane training of dogs to become eyes for visually impaired individuals. Adaptability through flexible programs ensures Southeastern's guide dogs will always meet the everchanging needs of our applicants.

Southeastern Guide Dogs' mission is to offer free of charge, a unique opportunity to achieve independent travel with safety and dignity to blind men and women, through the use of professionally and humanely trained guide dogs.

Please contact Jerry Dupree, 18D SE Guide Dog District Chairman, if you'd like him to present the SE Guide Dog program at one of your future club meetings.

Jerry Dupree
dupreek@bellsouth.net
(770)844-9121-home
(404)312-0723-cell



Happy 50th Anniversary to the Leo Club Program! Since 1957, when the first club was organized, the Leo movement has grown to more than 5,500 clubs in more than 130 countries with approximately 140,000 members.

Joining a Leo club is a great way to become involved in your community, serve as a leader to your peers and make friends. Click one of the links below for more information about Leo clubs.

- Leo Membership - to find out about joining a local Leo club visit the [Leo Directory](#) and search for a club near you.
- Lions clubs interested in sponsoring a Leo club can learn how by contacting Lion Steve Helwig.
- Leo members can view the [Leo Photo Gallery](#), read [news](#) about the Leo club program, and visit the new Web page [Leos at Convention](#).

To contact the Youth Programs Department at International Headquarters, e-mail leo@lionsclubs.org.

Leos are both generous and creative when implementing community service projects. Listed below are a few examples of successful Leo service projects.

- Onekama Leos, Michigan, USA, planted 900 daffodil flower bulbs in an 80-acre public park.
- Members of the Albion Leo Club, Indiana, USA, scrubbed moss, mold, and tree sap from 110 headstones in a local cemetery.
- Clarke Middle LEO Club, Athens, Georgia
Along with these service projects, students have traveled to Waycross, Ga. for a weekend to do repairs at a camp for the blind. Students have also assisted in a major clean-up of the Brooklyn Cemetery, an African-American cemetery in Athens dating back to the mid 1800s. The cemetery was so overgrown by vines and bushes that headstones were covered. LEO Club members and other students removed 20 tons of debris during a cleanup project.





*When you meet non-Lions and people unfamiliar with Lions, how do you explain the association?
What is your elevator speech?*

Lions dedicate themselves to making the world a better place. Lions Clubs International is the largest service organization in the world. There are almost 1.3 million Lions club members who hold health screenings, support environmental projects, fund scholarships, mentor youth and provide humanitarian aid in times of disaster. Most importantly, Lions are the world leaders in blindness prevention.



Club Twinning

The International Club Twinning Program is a voluntary and mutual agreement between clubs in different countries. Lions and Leos can participate; however, twinning should occur between like clubs (i.e. Lions with Lions, Leos with Leos). Twinning provides an opportunity to learn about another club and its culture. Club twins actively illustrate the Third Purpose of the Association, *To create and foster a spirit of understanding among the peoples of the world.*

International friendships

Members of international organizations often develop international friendships. This is certainly true of Lions and Leos who attend international forums or conventions. After an initial meeting, Lions or Leos often continue their friendship through long-distance correspondence. After many months or years, the two clubs may decide to formalize their friendship as international club twins.



It is at this time that the two clubs may decide to sign the International Club Twinning Recognition Application ([IAD 603](#)) and become club twins. Often, the clubs organize a formal signing ceremony to celebrate the official club twinning relationship.

For club twinning guidelines, [go to the LCI web site.](#)

To view the International Club [Twinning PowerPoint, click here.](#) (*Please allow a few minutes for the PowerPoint to load.*)

After twinning has been established, apply for the [Twinning Award.](#)

To include your club in the club twinning list, [go to the LCI web site.](#)

For the list of Lions clubs interested in entering into a Lions club twinning relationship, [go to the LCI web site.](#)

International Cultural Exchanges

After the public display of artwork, essays, handicrafts, poetry, or musical compositions in its country of origin, other Lions clubs often arrange for the public display of these cultural works in other locations around the world. These are Lion-to-Lion international cultural exchanges.



Lions Clubs International Ranked Best NGO

Best NGO



LCIF
LIONS CLUBS INTERNATIONAL FOUNDATION

In July 2007, companies ranked Lions Clubs International and its foundation the best non-governmental organization (NGO) worldwide with which to work. This top ranking was according to ratings compiled by the *Financial Times* in association with Dalberg Global Development Advisers and the United Nations Global Compact.

The rankings assessed 34 global organizations ranked by 445 companies involved with NGOs and international agencies. **Lions Clubs International was rated most highly and ranked first for program execution, communication, adaptability and accountability in the fast-growing world of non-profits.**

The assessment, published in the *Financial Times'* Corporate Citizenship and Philanthropy special report, highlights companies' growing interest in long-term partnerships to tackle an expanding range of social issues.

—*Financial Times*, July 5, 2007

CORPORATE CITIZENSHIP & PHILANTHROPY

FINANCIAL TIMES SPECIAL REPORT Thursday July 5 2007

Global Organizations

Name of Organization	Country of HQ	Acci.	Adapt.	Com.	Execu.
1 Lions Clubs International	United States	5.0	4.8	4.3	4.9
	United States	4.7	4.3	4.2	4.7
	United States	4.8	4.2	4.6	4.8
		4.6	4.5	4.3	4.7
		4.6	4.4	4.5	4.7

Name of Organization	Country of HQ	Total Avg.
1 Lions Clubs International <i>(members in 200 countries)</i>	United States	4.6



Lions' signature program, SightFirst, fights preventable and reversible blindness around the world. Support Campaign SightFirst II today and give sight to those who would otherwise live in darkness.

Please contact Lions Clubs International Foundation at 630.571.5466, ext. 404 or go to www.lcif.org to donate online.

(All contributions to LCIF are tax deductible to the extent allowed under the Internal Revenue Code)

QUICKFACT

100% of all

funds donated to LCIF reach people and places in need. All foundation administrative costs are paid by interest on investments.

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TO:

“We must have the courage to do what is right and the courage to change if we are to succeed.”



**Lions of Georgia
Doing the**



*Have All Lions
Received the*

Word?

*Make A Copy of
This Bulletin*

*So We Can All Be
Heard.*